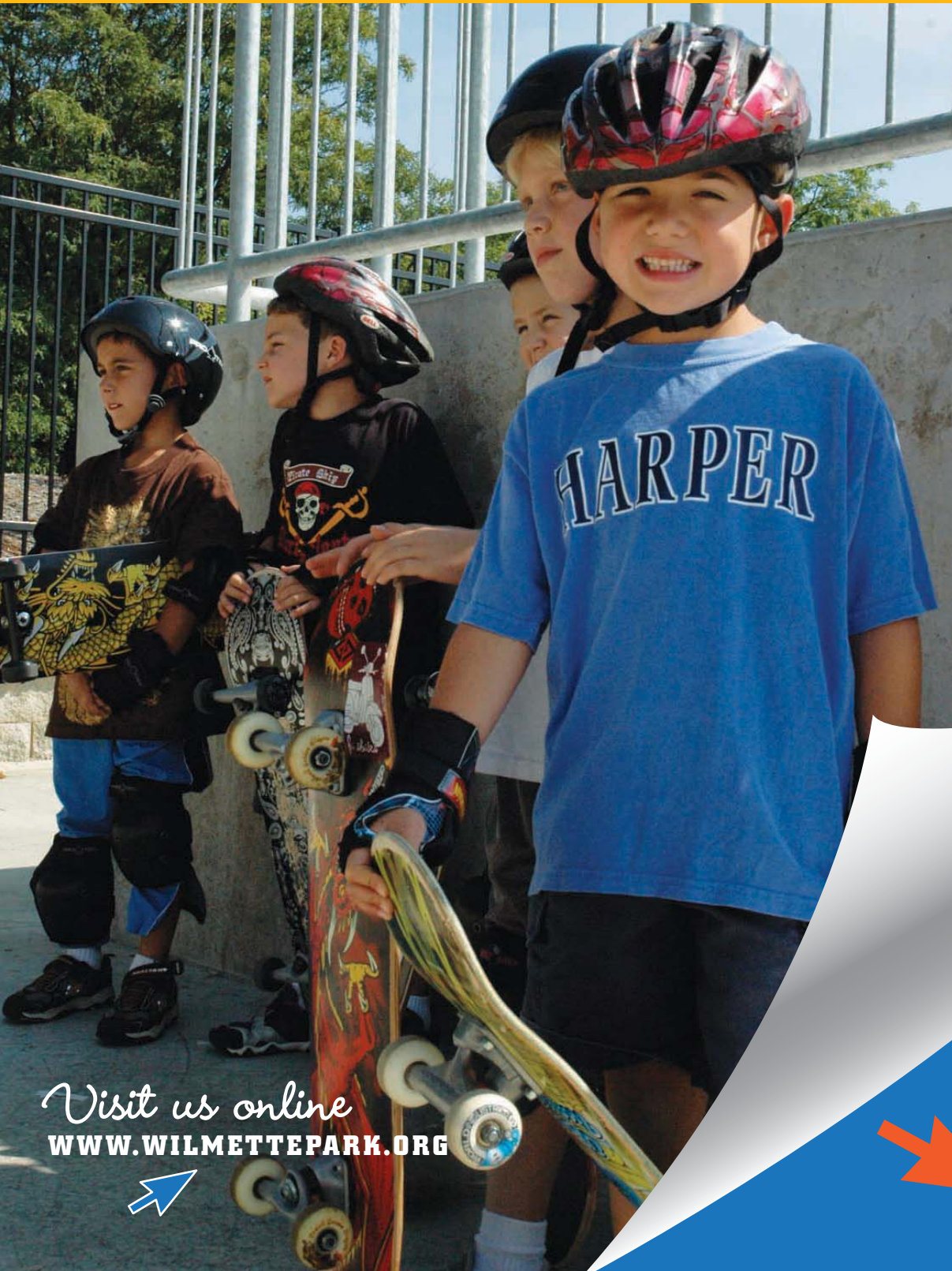


AUG./OCT. 2010

LEISURE GUIDE

WILMETTE PARK DISTRICT

500+ CLASSES & PROGRAMS FOR TODDLERS TO ACTIVE ADULTS



HALLOWEEN HAPPENING IS HERE—FUN FOR THE WHOLE FAMILY! • PAGE 6

COULD YOU BE THE BEST AMATEUR GOLFER IN WILMETTE? • PAGE 68

NORTH SHORE THEATER OF WILMETTE'S 61ST SEASON • PAGE 39

**NEW
LOOK
SAME GREAT
PARK DISTRICT!**

Visit us online
WWW.WILMETTEPARK.ORG



Registration
FOR ALL CLASSES &
PROGRAMS IN THIS GUIDE
BEGINS AT 9:00 A.M.
AUG. 10: RESIDENTS
AUG. 17: NON-RESIDENTS



PRESIDENT'S MESSAGE / FALL 2010

ADMINISTRATIVE STAFF

EXECUTIVE DIRECTOR:
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tgrisamore@wilpark.org

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SUPERINTENDENT OF FACILITIES:
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SUPERINTENDENT OF PARKS
AND PLANNING:
Bill Lambrecht
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SUPERINTENDENT OF FINANCE
AND PERSONNEL:
Steve Wilson
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COMMUNICATIONS MANAGER:
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OFFICE SERVICES MANAGER:
Amy Schmit Lambrecht
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To enrich the quality of community life and promote wholesome activities through creative programming for people of all ages and abilities, while protecting open space and natural resources for future generations.

THE BOARD OF PARK COMMISSIONERS has recently made two decisions which will directly impact how the Park District operates and looks in the future. First, the Board has named a new executive director to lead the district. Steve Wilson, currently the district's superintendent of finance and personnel, will step into the job of executive director on January 1, 2011. Wilson takes over from Tom Grisamore who is retiring after 38 years of service to our community.

Wilson joined the Park District in 2007. He recently spearheaded the Park District's technology upgrades, which allow us to better serve all our patrons. His responsibilities have included overseeing all financial aspects of the district's operations as well as human resources matters. The Board looks forward to working with Wilson in the years to come.

Second, the Board has committed itself to moving ahead with the development of a Lakefront Master Plan which will encompass user and safety issues along the entire public stretch of land from Langdon Park to the Wilmette Harbor. This fall we will be seeking public input on concepts for design, environment and programming at Gillson and Langdon Parks. The Park District plans to mail information regarding the hearings, along with dates and locations, to all resident households once a schedule has been determined. More information will be available on our website at www.wilmettepark.org and posted in our facilities.

A Lakefront Commission, consisting of elected officials, representatives from federal, state and local regulatory agencies, Wilmette residents and groups such as the Wilmette Harbor Association and Sheridan Shore Yacht Club, will act as an advisory group to the Board.

The lakefront parks and beaches are one of our community's greatest treasures. We need your thoughts on how we can keep the best and improve the rest. We're committed to keeping Wilmette one of the top park districts in Illinois. As always, we welcome your feedback on any and all of our facilities at any time.

DENNIS G. O'MALLEY
President, Board of Park Commissioners, domalley@wilpark.org

BOARD OF PARK COMMISSIONERS

★ MEETINGS

The Wilmette Park District's Board of Park Commissioners meets on the second Monday of each month at 7:30 p.m. in the Council Chambers of the Village Hall, 1200 Wilmette Ave. Board meetings are broadcast live on WCTV-6. Rebroadcasts of the meetings are televised the following day (Tues.) at 1:00 p.m. and at other times listed on the Community Calendar broadcast regularly by WCTV-6. Call 847/256-6100 for additional information or to confirm times and dates of meetings. All meetings are open to the public.



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On the cover: Young participants are totally stoked for an awesome skateboarding class!

See page 52 for more information.

PHOTO: SARAH KOKES



HOW TO USE THIS GUIDE: Your *Leisure Guide* contains classes and special events programming for the Fall 2010 session which runs from Aug. 23-Oct. 17. This guide also contains membership information for the Center Fitness Club, Mallinckrodt/Meskill Center, Wilmette Tennis Club and Centennial Ice Rinks. Contents of this guide are organized by the facility in which specific classes/programs take place. Each class is identified by a course ID number. Class fees are shown as “R” for Wilmette Residents and “NR” for Non-Residents. For a definition of residency and the “fair-share” concept please see the inside back cover of this guide.

4-WAYS TO REGISTER: Registration is first come, first serve. Fall class registration for Wilmette residents begins at 9 a.m. Tues., Aug. 10. Non-resident registration begins at 9 a.m. on Tues., Aug. 17.

➔ **ONLINE REGISTRATION:** Log onto www.wilmettepark.org and register for almost any class. You must have your user ID and password to gain access to the registration system. If you have not created a Household Account and received a user ID and password, please contact the Park District at 847/256-6100. Note: You will be asked to provide proof of Wilmette residency when your Household Account is created.

➔ **IN PERSON REGISTRATION:** In person registration is processed while you wait. Enrollment will be confirmed with a receipt. Resident In Person registrations will be processed on Tues., Aug. 10, beginning at 9 a.m. Non-Resident In Person registrations will be processed on Tues., Aug. 17, beginning at 9 a.m. Note: In person registrations cannot be accepted prior to the registration start dates. Drop off registrations cannot be accepted at any time.

➔ **MAIL IN & FAX REGISTRATION:** Mail-in and fax registrations will be processed randomly starting on August 11 for Wilmette Residents and on August 18 for Non-residents. You will receive a confirmation by mail. Complete and sign a program registration form. Include proof of residency and payment by check or credit card. Mail to Wilmette Park District, 1200 Wilmette Avenue, Wilmette, IL 60091. Fax to: 847/256-0739.

TENNIS REGISTRATIONS ARE HANDLED SEPARATELY: The Tennis Basic Lesson Lottery Deadline is Wed., Aug. 11. For more information check the Tennis section in this *Leisure Guide* or contact the Wilmette Tennis Club at 847/256-9676.

PROOF OF RESIDENCY REQUIREMENTS: When applying for annual passes, club memberships, or registering for a class you will be asked for identification and proof of residency by showing either a current drivers license or State of Illinois ID. If you do not have one of these documents you will need to show another photo ID along with one of the following items displaying a Wilmette address: > Voter’s registration card > Utility bill with owner’s name > Current automobile registration with owner’s name > Copy of a real estate contract stating a closing date

FALL

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AUG./OCT. 2010

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6	Special Events/Seasonal Workshops	
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★ Program & class deadlines SEE BACK COVER!

**IMPORTANT
REMINDER**

Registration
FOR ALL CLASSES &
PROGRAMS IN THIS GUIDE
BEGINS AT 9:00 A.M.
AUG. 10: RESIDENTS
AUG. 17: NON-RESIDENTS



Your

PARKS & FACILITIES

AT A GLANCE

Founded in 1908, the **WILMETTE PARK DISTRICT** serves the Village of Wilmette, a suburban community located 14 miles north of Chicago.

The Wilmette Park District is the guardian of over 300 acres of parks and open land including Gillson Park and the Wilmette Beaches; Key Nature Center; Community Playfield, Mallinckrodt Park and a portion of the Green Bay Bike Trail. Park District activities and recreation programs take place in five facilities including the Lakeview Center; Centennial Recreation Complex; Community Recreation Center; Wilmette Golf Club and Mallinckrodt/Meskill Center. Neighborhood parks can be found in 18 additional locations throughout the village.



COMPLETE FACILITIES LISTING ON PAGE 4

KENILWORTH



FACILITIES & PARKS

		FEATURES	ACRES	BASEBALL and SOFTBALL	BASKETBALL
1	GILLSON PARK MICHIGAN AVE. & LAKE AVE.		59.2	SOFTBALL (1)	
2	LAKEVIEW CENTER 800 GILLSON PARK DR.	→	-		
3	BATEMAN PARK MICHIGAN AVE. & SHERIDAN RD.		.5		
4	LANGDON PARK/BEACH CHESTNUT AVE. & SHERIDAN RD.		3.4		
5	MAPLE PARK 4TH ST. & MAPLE AVE.		2.1		OUTDOOR
6	ADMINISTRATION OFFICE 1200 WILMETTE AVE.	→	-		
7	SHOREWOOD PARK ELMWOOD AVE. & GREEN BAY RD.		1.7		
8	WHEELER PARK OAKWOOD AVE. & CATALPA PL.		.3		
9	EARLYWINE PARK 14TH ST. & WILMETTE AVE.		.7		
10	VATTMANN PARK 15TH ST. & LAKE AVE.		4.1		
11	GREEN BAY BIKE TRAIL SHOREWOOD PARK/KENILWORTH BORDER		1.3		
12	HOWARD PARK RIDGE RD SOUTH OF LAKE AVE.		8.7	SOFTBALL (4)	
13	FOREST PARK FOREST AVE. & 18TH ST.		.5		
14	MESKILL CNT./MALLINCKRODT PARK RIDGE RD. & ELMWOOD AVE.	→	13.9		
15	CENTENNIAL COMPLEX & PARK 2300 OLD GLENVIEW RD.	→	16.5		
16	COMMUNITY PLAYFIELD 702 LOCUST AVE.		39	BASEBALL (4)	
17	THORNWOOD PARK DARTMOUTH AVE. & THORNWOOD AVE.		8.2	BASEBALL (2)	
18	COMM. REC. CNT./HIBBARD PARK GLENVIEW RD. & SKOKIE BLVD.	→	8.3	BASEBALL (2)	INDOOR
19	KEY NATURE CENTER HIBBARD RD. & SKOKIE BLVD.		4.6		
20	AVOCA PARK IROQUOIS AVE. WEST OF ROMONA RD.		8		
21	LOCKERBIE PARK LOCKERBIE LN. & FRONTAGE RD.		.3		
22	WEST PARK SOUTH OF LAKE AVE., WEST OF LARAMIE AVE.		7	BASEBALL (1)	
23	WILMETTE GOLF CLUB 3900 FAIRWAY DR.	→	106		
24	FRANK GOVERN GOLF COURSE 1030 CENTRAL ST., EVANSTON		23.3		



COMMUNITY RECREATION CENTER

3000 GLENVIEW RD. (AT SKOKIE BLVD.)

PHONE: 847/256-9686

MANAGER OF RECREATION SERVICES: [Jeff Groves, jgroves@wilpark.org](mailto:jgroves@wilpark.org)

The hub of Park District activity, this facility has 94,000 square feet of space dedicated to recreation programming in the areas of fitness; art and ceramics; performing arts; dance; music; gymnastics and sports. The Early Childhood Center; the Center Fitness Club with running track; a gymnastics gymnasium; dance and exercise studios, art studios, a sports gym; and an Auditorium for the performing arts are located at the CRC.



CENTENNIAL RECREATION COMPLEX

2300 OLD GLENVIEW RD.

ICE RINKS: 847/256-9670 TENNIS: 847/256-9676 POOLS: 847/256-9680 (SUMMER ONLY)

CENTENNIAL ICE RINKS MANAGER: [Terry Juliar, tjuliar@wilpark.org](mailto:tjuliar@wilpark.org)

CENTENNIAL FAMILY AQUATIC CENTER MANAGER: [Brian Udany, budany@wilpark.org](mailto:brian.udany@wilpark.org)

WILMETTE TENNIS CLUB MANAGER: [Darrell Smith, dsmith@wilpark.org](mailto:darrell.smith@wilpark.org)

Ice features two indoor ice rinks, concessions, party rentals, lessons in figure skating and hockey for children and adults. Tennis features eight indoor tennis courts, locker rooms, pro shop and tennis lessons for children and adults. The outdoor (Summer only) Aquatic Center has an 8-lane, 50-meter pool, leisure pool with zero depth edge and water slides, wading pool with tot slide, diving pool with two boards and two drop slides, locker room facilities, concessions, party rentals and lessons in swimming and diving.



WILMETTE GOLF CLUB

3900 FAIRWAY DRIVE (LAKE AVE. AND HARMS RD.)

PHONE: 847/256-9777

GENERAL MANAGER /GOLF CLUB SUPERINTENDENT: [Mike Matchen, mmatchen@wilpark.org](mailto:mmatchen@wilpark.org)

GOLF CLUB MANAGER/HEAD PGA GOLF PROFESSIONAL: [Dennis R. Callaghan, dcallaghan@wilpark.org](mailto:dennis.r.callaghan@wilpark.org)

Situated on 106 acres, the 18-hole, par 70 course, stretches over 6,400 beautiful and challenging yards. The Wilmette Golf Club has four different sets of tees on each hole that offer an enjoyable experience for golfers of all skill levels. The facility also has a practice range, practice greens, pro shop and restaurant. Golf outings and special event rentals are welcome.



MALLINCKRODT/MESKILL CENTER

1041A RIDGE RD., WILMETTE

PHONE: 847/256-9623

FACILITY MANAGER: [Ruthie Brew, rbrew@wilpark.org](mailto:ruthie.brew@wilpark.org)

The Mallinckrodt Center is located in an impeccably renovated 1916 Romanesque building set amidst a stunning, mature 14-acre park. Programs focus exclusively on active adults, age 50 and better. This community center space features multi-purpose rooms and a large catering kitchen which are available to rent for meetings and other activities.



LAKEVIEW CENTER

800 GILLSON PARK DRIVE (ENTER AT LAKE & MICHIGAN)

PHONE: 847/256-9656

FACILITY MANAGER: [Holly Specht, hspecht@wilpark.org](mailto:hollyspecht@wilpark.org)

Set in scenic Gillson Park with beautiful vista views of Lake Michigan, the Lakeview Center offers a perfect setting for a special event. Two rooms are available for rental: The Lakeview Room with a balcony and fireplace overlooking the lake, and the Gillson Room, which looks out toward the park. Rentals nine months of the year: Labor Day to Memorial Day.



ADMINISTRATION OFFICE

1200 WILMETTE AVENUE

PHONE: 847/256-6100

EXECUTIVE DIRECTOR: [Thomas Grisamore, tgrisamore@wilpark.org](mailto:tgrisamore@wilpark.org)

Offices are located on the second floor of Wilmette's Village Hall. Get answers for all your park district questions, register for classes, make any park district purchase, pay bills, get your photo ID picture taken. All administrative staff offices are located here. The Board of Park Commissioners holds its monthly meetings in the Village Hall Council Chambers, directly across the hall. Board committee meetings are held in the Administrative Office conference room.



BIRTHDAY PARTIES

DISTRICT-WIDE

SKATE, HOCKEY AND BROOMBALL PARTIES CELEBRATE ON SKATES!

Skate Parties are Great Parties any time of the year at Centennial! While you chill out, we throw the party for you. We provide everything you need: the food, birthday cake, paper goods, cool ice-themed goodie bags, and a Party Animal assistant to make certain your party glides along smoothly.

Whether your group would like to skate, play hockey or play broomball, we have a party for you. Choose from one of our complete, "hands-free" party packages: Our Freezy and Easy party makes your chilly celebration a cinch! Or, go Colder and Bolder with our premium-level party option that offers everything but the kitchen...rink.

Our skate parties are available for children age six and older. Contact us at least a week ahead of your preferred date, and leave the rest to us! For prices and more information, go to www.wilmettepark.org, or call 847/256-9685.

JUMPIN' GYMNASTICS JAMBOREE!

A Gymnastics Birthday Party is the perfect way to entertain your child's friends! Enjoy one hour in the Gymnastics Gymnasium at the Community Recreation Center with an instructor, followed by one hour in a party room on your own.

Our gymnastics staff will take your child's group through activities on bars, beams, rings and the ever-popular foam-filled pit! All activities are geared toward the ages and abilities of your children, so that everyone has a fantastic, safe time.

Gymnastics parties are available for children age four and older. Parties are held on Saturdays and Sundays at 1 p.m., 2 p.m. and 3 p.m. For prices and more information, go to www.wilmettepark.org, or call 847/256-9686.

POOL PARTIES

Summertime fun: Celebrate your child's birthday in the wild waters of Wilmette!

Our Pool Party packages are designed to make your party easy and fun. Our pool parties include invitations, lunch, a birthday cake, paper goods and even goodie bags!

Guests have a blast speeding down the water slides, free-falling from the drop slide or jumping off the diving boards. We provide everything, so all you need to do is enjoy the day! While your group is partying at the pool, your personal Party Animal assistant will make certain that the guest of honor moves to the front of all slide and diving board lines! Add a special tribute on our loudspeaker and your Birthday Boy/Girl will rule the pool. Choose our Catch a Wave! package, or have a premium Splash Bash!

Our pool parties are available during the summer for children age six and older. Contact us at least a week ahead of your preferred date, and leave the rest to us! For prices and more information, go to www.wilmettepark.org, or call 847/256-9685.

SPECTACULAR SPORTS PARTIES!

What are you doing for your child's next birthday or special occasion? Consider a sports lesson for your group! Choose from a variety of sports and activities. The Wilmette Park District sports staff will take a group of children age five and up through a one-hour class. All activities are geared towards the ages and abilities of your children, so that everyone has a fantastic, safe time. In addition, a room is available for one hour following your sport event for party celebrations. For prices and more information call the Community Recreation Center at 847/256-9686.

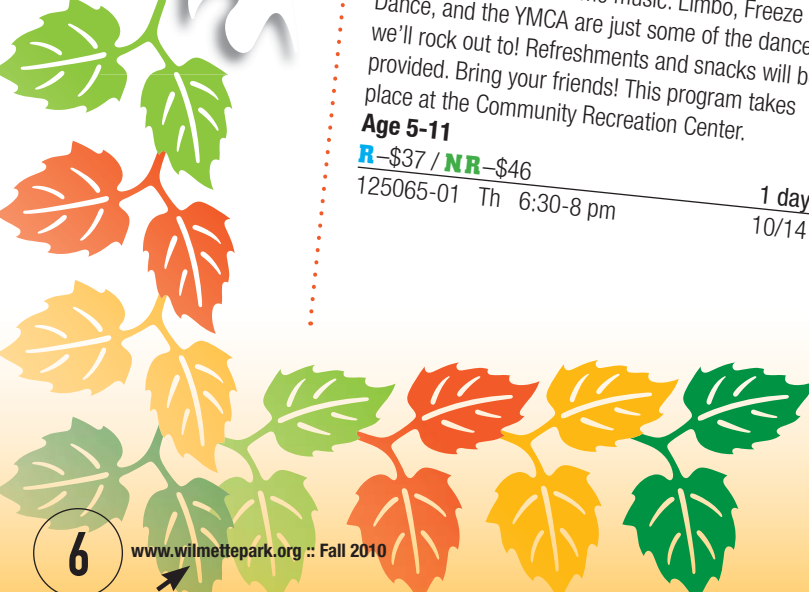
DANCE PARTIES

Consider a dance party! Let our staff lead your group (age five and up) through a one-hour program full of fun and movement. A party room is also available. For prices and more information call the Community Recreation Center at 847/256-9686.

ADDITIONAL PARTY THEMES AVAILABLE:

- > MAD SCIENCE
- > ART
- > PERFORMING ARTS

To get an up-to-date list of entertainment or instructors for "theme birthday party entertainment", call 847/256-9686 or visit us at the Community Recreation Center, 3000 Glenview Rd., Wilmette.



SPOOKY FUN!

Halloween Happening

This festive Halloween celebration has been redesigned and will take place at the Community Recreation Center. Enjoy a haunted trail, storyteller, face painting, moonwalk and more all in a fun and safe environment. A pizza dinner is included and every registered child will receive a pumpkin and goodie bag. This is a family event. All children must be accompanied by an adult. Be sure to sign up early and bring your friends. Maximum of 2 adults per family. Wristbands will be issued upon check-in at the event and will be required to participate in all activities. The Community Recreation Center is located at 3000 Glenview Road, Wilmette.

Age 4 & up

R-\$13 / **NR**-\$16
125070-01 F 6-8 pm 1 day
10/22

Halloween Rock Divas Disco

Glitzy Girlz great new class celebrates Halloween Disco Style! Girls should dress-up in their best Rock Star attire to spend the night in a modern disco. You will get a cool updo with colored hair spray and make-up application along with neon nail polish. We will be doing a craft with stamps, paints and embellishments for flair. Each girl will design a crystal bracelet with rock girl charm and cool pattern beads. Our disco begins with glow jewelry, disco lights and awesome music. Limbo, Freeze Dance, and the YMCA are just some of the dances we'll rock out to! Refreshments and snacks will be provided. Bring your friends! This program takes place at the Community Recreation Center.

Age 5-11

R-\$37 / **NR**-\$46
125065-01 Th 6:30-8 pm 1 day
10/14

ART WORKSHOPS

Just for Halloween

This special one-day workshop will delight your children as they make spooky Halloween crafts. All supplies are included. A maximum of two children may enroll with each adult in the parent and tot classes. Fee is per child. This program takes place at the Community Recreation Center.

Age 3-6 • Parent/Tot

R-\$17 / **NR**-\$21
124027-01 Tu 9:30-10:15 am 1 day
10/19
124027-02 Tu 10:30-11:15 am 10/19
124027-03 Tu 1-1:45 pm 10/19
124027-04 Tu 2-2:45 pm 10/19

Age 5-9

R-\$17 / **NR**-\$21
124027-05 Tu 3:45-4:30 pm 1 day
10/19

Mask Making Workshop

Looking for some art fun on a school day off? We will make plaster masks, paint them and then embellish them with beads, feathers and more. Whether it is funny, silly or scary, masks make great decorations for Halloween. This program takes place at the Community Recreation Center.

Age 5-7

R-\$20 / **NR**-\$25
124028-01 M 9:30-10:45 am 1 day
10/11

Age 8-11

R-\$20 / **NR**-\$25
124028-02 M 11 am-12:15 pm 1 day
10/11

Invitation & Card Workshop

Judee Sims has made an art out of creating invitations! Her innovative designs have been featured in weddings, announcements and parties! Spend an hour with Judee learning tricks of the trade! You'll be prepared to create any card or invitation for your special event. This program takes place at the Community Recreation Center.

Age 18 & up

R-\$20 / **NR**-\$25
124043-01 Sa 10:30-11:30 am 1 day
10/2

Hostess Gifts Workshop

Spend an hour learning how to make memorable, useful, and thoughtful gifts for your guests—or to bring to your host! All crafts are made from household materials and are accessible for all levels of artistic talent! This program takes place at the Community Recreation Center.

Age 18 & up

R-\$20 / **NR**-\$25
124044-01 Sa 10:30-11:30 am 1 day
10/9

SPECIAL EVENTS

SEASONAL WORKSHOPS



ACTIVE ADULTS

Fall Centerpiece Workshop Create a Dried Flower Arrangement

Try your hand at flower arranging and create a beautiful seasonal centerpiece. This is an opportunity for a unique sensory experience and creative expression. All materials included: basket, floral foam, ornamental gourds, straw flowers, wheat heads, moss and more! This program takes place at the Mallinckrodt/Meskill Center, 1041A Ridge Road.

Age 50 & up

M-\$23 / NM-\$25

231145-01 F 1-3 pm

1 day

10/22

Community Shred Event

At the Mallinckrodt Community Center
Saturday, Sept. 18, from 9 a.m. to Noon

Take advantage of this opportunity for free document shredding and recycling services. Personal documents such as cancelled checks and bank statements are ideal for the safe disposal that shredding provides. The service is kindly provided by Edens Bank, a generous supporter of the Center. This event takes place at the Mallinckrodt/Meskill Center, 1041A Ridge Road. Center tours will also be provided as well as workshops on home office and personal records management. For more information please call 827/256-9623.

M = Member NM = Non-Member

NO SCHOOL?

WHAT TO DO!

Extended Care Options

School Days Off

No school? Make your day away from the classroom a vacation. Children should bring a brown bag lunch with a beverage. **Note: Registration deadline is one week prior to individual start date. This program takes place at the Community Recreation Center.**

Age 5-14

R-\$47 / NR-\$59

Date	Day	Time	Duration
125047-01	Th	8 am-3 pm	1 day
125047-02	M	8 am-3 pm	9/9
125047-03	Th	8 am-3 pm	10/11
125047-04	F	8 am-3 pm	11/11
125047-05	M	8 am-3 pm	11/12
125047-06	Tu	8 am-3 pm	11/22
125047-07	W	8 am-3 pm	11/23
			11/24

Extended Day

R-\$60 / NR-\$75

Date	Day	Time	Duration
125047-08	Th	8 am-6 pm	1 day
125047-10	M	8 am-6 pm	9/9
125047-11	Th	8 am-6 pm	10/11
125047-12	F	8 am-6 pm	11/11
125047-13	M	8 am-6 pm	11/12
125047-14	Tu	8 am-6 pm	11/22
125047-15	W	8 am-6 pm	11/23
			11/24

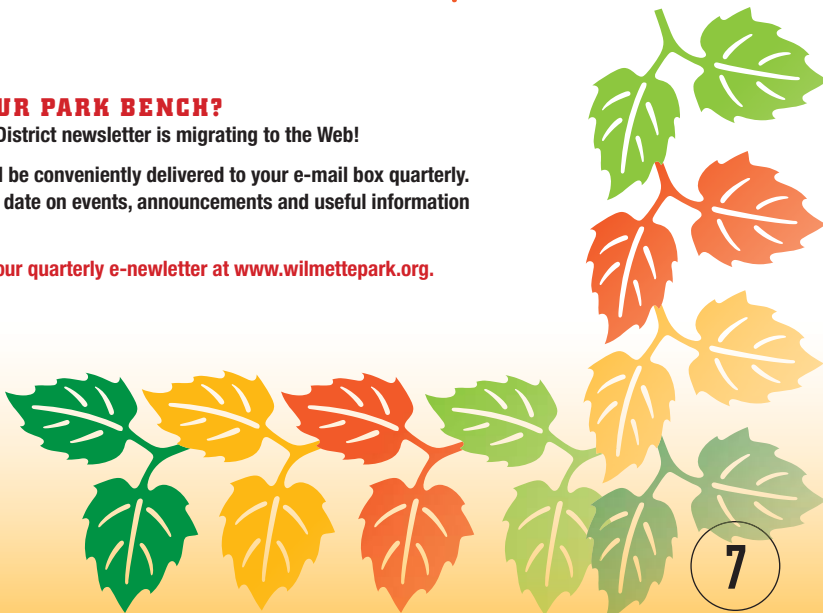


MISSING YOUR PARK BENCH?

The Wilmette Park District newsletter is migrating to the Web!

The Park Bench will be conveniently delivered to your e-mail box quarterly. Keep yourself up to date on events, announcements and useful information district-wide.

Sign up today for your quarterly e-newsletter at www.wilmettepark.org.



THE WILMETTE PARK DISTRICT OFFERS A WIDE VARIETY OF RENTAL SPACE OPTIONS FOR YOUR MEETING, PARTY OR COMMUNITY EVENT.



Mallinckrodt Center

1041A RIDGE RD., WILMETTE

RENTALS BEGIN AT: \$30/hr. (2 hr. minimum on weekends)

FOR MORE INFORMATION: Call 847/256-9623 or visit www.wilmettepark.org

The Mallinckrodt Center is located in an impeccably renovated 1916 Romanesque building set amidst a stunning, mature 14-acre park. This community center space includes the new home for Mallinckrodt/Meskill Center programs for active adults 50 plus. Multi-purpose rooms are used for Park District classes and are also available to rent for meetings and other community activities.

The Center features the Meskill Room, a large common room which can be divided into two smaller rooms. An adjacent kitchen is perfect for caterers. The Wood Room, another large room with gleaming wooden floors, is available for classes and meetings. The Wood Room also includes access to a covered patio area overlooking the serene Mallinckrodt Park. The Library and one additional smaller meeting room round out the space available for use at the Mallinckrodt Center. Convenient, accessible parking makes this an ideal meeting and entertaining location.



Lakeview Center

IN GILLSON PARK

800 GILLSON PARK DR.

(ENTER AT LAKE & MICHIGAN)

RENTALS FROM: \$50/hr. (3 hr. minimum on weekdays;

4 hr. minimum weekday evenings, Sat. and Sun. all day)

FOR MORE INFORMATION: Call 847/256-9656 or visit www.wilmettepark.org



Set in scenic Gillson Park, with beautiful vista views of Lake Michigan, the Lakeview Center offers a perfect setting for a meeting or special event.

The Lakeview Room, features gleaming hardwood floors and an inviting fireplace. An adjacent kitchen is available for caterers. The Lakeview Room can accommodate up to 80 seated guests and 100 standing. The Gillson Room, which looks out toward Gillson Park, can hold 18 people with tables and 32 people without. Both rooms are available for rental nine months of the year between Labor Day and Memorial Day.



Wilmette Golf Club

3900 FAIRWAY DR., WILMETTE (LAKE AVE. AND HARMS RD.)

CONFERENCE ROOM RENTALS FROM: \$25/hr. Call: 847/256-9650

FOR BANQUET FACILITY INFORMATION: Call 847/256-9626



Only five years old, this modern yet very refined Clubhouse anchors the stunning 106-acre Wilmette Golf Course. This stately structure is the ideal spot for your meeting or event. The Golf Club Restaurant accommodates up to 100 seated persons, and the dining room can be partitioned to fit smaller parties as well. The clubhouse also offers a large conference room which seats up to 10 people. Special golf outing/meeting packages are available.

Centennial Ice Rinks and Family Aquatic Center

2300 OLD GLENVIEW RD., WILMETTE

RENTALS FROM: \$30/hr.

FOR MORE INFORMATION: Call 847/256-9666 or visit www.wilmettepark.org



Rent a room at Centennial for meetings, parties or other special events held either in conjunction with a skate or pool event or separately. This facility is home to three multi-purpose rooms. The largest room is located on the lower level of the ice rink wing. With ample outlets, tables and chairs, this room accommodates up to 75 people. The second room is located off the main building entrance, down the hall from the Wilmette Tennis Club. This room is equipped with a sink and full-size refrigerator and is perfect for smaller groups of no more than 20 people. The third room is located adjacent to the ice rink office and features easy access to both the main and studio ice rinks. This room can accommodate up to 40 people.

Centennial offers ice rink rentals for broomball, hockey and other skating party events. Ice is available on a limited basis. If the date and time you wish is previously booked, we suggest a party during one of our public skating sessions in conjunction with renting one of the facility's multi-purpose rooms. Leave your party to us: complete party packages are available!

Community Recreation Center

3000 GLENVIEW RD., WILMETTE (AT SKOKIE BLVD.)

RENTALS FROM: \$35/hr.

FOR MORE INFORMATION: Call 847/256-9686



We've got room for you at the Community Recreation Center! Whatever the occasion—a birthday, meeting, bazaar or family get-together—you can rent a room at the CRC that meets your space requirements. The Grosse Pointe Room can accommodate 125 people standing and 75 seated. Adjacent kitchen facilities are perfect for caterers serving a larger group. We also have activity rooms, dance studios, exercise studios, an auditorium and a sports gym available for rent.

★ *Great* SPACES!

“ WE HAD MY FATHER’S 70TH BIRTHDAY PARTY AT THE LAKEVIEW CENTER. THE LOCATION WAS SIMPLY MAGICAL AND THE STAFF WAS SO HELPFUL. I WANT TO PLAN ANOTHER PARTY—JUST SO I CAN HAVE IT THERE! ”

– WILMETTE RESIDENT

GUIDE
by
AGE

HANDY!

TOT (NEWBORN-3 YEARS)

PROGRAM NAME	AGE RANGE	PAGE #
Babysitting Service	Age 6 wks & up	20
Babyz Music/ Movement	Newborn-18 mos.	41
Gymnastics	Age 1-2	23
Just Me Alone	Age 2½ - 3 ½	21
Mommy/Daddy and Me	Age 12 mo -26 mo	21
Musikgarten Babies	Newborn-18 mos.	41
Musikgarten Toddlers	Age 18-36 mo	41
Parent & Tot Artisans	Age 2-5	27
Preschool Dance/Theater	Age 2 ½ to 3 ½	37
Rock & Rolling Kidz	Age 2 mos-4 yrs	41
Terrific Times Toddlers	Age 18-36 mos.	21
Time for Amigos [NEW!]	Age 2	42
Tiny Ballet	Age 2-3	32

PRESCHOOL & KINDERGARTEN (AGE 3-6)

PROGRAM NAME	AGE RANGE	PAGE #
Adventures in Imagination	Age 3-5	37
After School Recreation	Gr K-6	20
Art Camps [NEW!]	Age 5-7	27
Art for Me NEW	Age 4-6	28
Babysitting Service	Preschool-K	20
Ballet	Age 4-6	32
Basketball	Age 4-K	47
Beat the Heat Gymnastics	Age Tot-Gr 8	23
Café Amigos	Age 3-5	42
Chess Wizards [NEW!]	Age 5-13	43
Come Clay with Me	Age 3-6	27
Cooking with Amigos [NEW!]	Age 5-6	42
Dance and Art [NEW!]	Age 4-6	28
Dance Parties	Age 4-6	32
Dramatic Play	Age 5-8	37
Early Childhood Center Preschool	Age 3-4	18
First Aid for Little People	Age 5-8	42
Football	Age 4-6	49
Fun with Amigos	Age 3-5	42
Girls' Multi Sports	Age 3-8	46
Gym 'n' Art	Age 4-6	28
Gymnastics	Age 3-K	23-24
Halloween Happening [NEW!]	Age 4 & up	6
Halloween Rock Divas [NEW!]	Age 5-11	6
Hip Hop Dance [NEW!]	Age 4-6	34
Hockey	Age 4-6	59
Home Alone	Age 5-8	42
Ice Skating	Age 3-5	56
Jazz Dance [NEW!]	Age 4-6	33
Just for Halloween [NEW!]	Age 3-6	6
Karate	Age 5-7	51
Kindergarten Enrichment	Age 5-6	19
Little Dribblers	Age 4-6	47
Lunch Bunch	Age 4	18
Mad Science Young	Age 4-6	43
Magic Class	Age 5-12	41
Mask Making [NEW!]	Age 5-11	6
Mini-Majors Baseball	Age 4-6	47
Model Building [NEW!]	Age 5-12	29
Musikgarten Seasons	Age 3-5	41
Paint and Clayworks	Age 4-6	28
Parent/Tot Artisans	Age 2-5	27
Parent/Tot Sports Time	Age 3 w/ parents	45
Parent/Youth Art [NEW!]	Age 5-7	27
Pee Wee Sportsters	Age 4-K	45
Pee Wee Start Smart Golf	Age 5-6	45
Piano Lessons	Age 5 & up	38

Pirate/Princess Art [NEW!]	Age 3-4	28
Princess Ballet	Age 3-4	32
Ready, Set, Go!	Age 3	18
School Day Off [NEW!]	Gr K-5	6
Skateboarding Lessons	Age 5-7	52
Soccer (Coach Abe)	Age 3-8	52
Solo Sports [NEW!]	Age 4-8	46
Sporting Encounters	Age 4-K	45
Storybook Theatre	Age 3-5	37
T-Ball League	Age 4-6	46-47
Tap Dance	Age 4-6	33
Tennis	Age 4-6	64
Theater and Art	Age 4-6	28
Violin Lessons	Age 4 & up	38
Wide World of Sports	Age 3-8	45-46
Yoga for Tots	Age 3-5	41
Young Rembrandts	Age 4-Gr 5	29
Young Tigers Taekwondo	Age 6-18	51

ELEMENTARY/JR. HIGH (GR 1-8)

PROGRAM NAME	AGE RANGE	PAGE #
Acting	Age 6-12	37
After School Recreation	Gr K-6	20
Archery	Age 7-13	46
Art Camps [NEW!]	Age 6-12	27
Art Excellence	Gr 1-6	28
Babysitting Training	Age 11-15	42
Ballet	Gr K-8	32-33
Baseball	Gr 1-3	47
Basketball	Age 5-Teen	47-48
Basketball Leagues	Age 8-14	48-49
Canzonetta Orchestra	Age 7-18	37
Cartooning	Gr 1-5	29
Center Fitness Club	Age 11-Adult	12-16
Ceramics	Age 5-12	29
Chess Wizards	Age 5-11	43
Dodgeball Leagues [NEW!]	Age 7-10	46
Field Hockey	Gr 2-8	49
Figure Drawing [NEW!]	Gr 5-8	28
First Aid for Little People	Age 5-8	42
Football (Flag)	Gr 2-3	49-50
Football (Tackle)	Gr 4-8	49-50
Football (Non-Contact)	Gr 1-6	49
Golf Lessons	Age 11 & up	69
Guitar Lessons	Age 8-Adult	38
Gymnastics	Gr 1-8	24-25
Gymnastics Team	Age 8-18	25
Hip Hop Dance	Gr 3-12	34
Hockey	Age 6-Teen	59
Home Alone	Age 5-8	42
Ice Skating	Age 6-16	56-57
Jazz Dance	Gr 1-12	33
Jr/Sr High Drop-In Gym	Gr 6-12	45
Karate	Age 8-Adult	51
Lacrosse (Boys)	Gr 2-8	50
Literature & Art [NEW!]	Gr 2-5	28
Magic Class	Age 5-12	41
Mad Science	Age 6-11	43
Medieval Lines [NEW!]	Age 11-18	29
Modern Dance	Gr 5-12	34
Musical Theatre [NEW!]	Gr 7-12	34
On the Wheel	Gr 4-8	29
Piano Lessons	Age 5 & Up	38
School Day Off [NEW!]	Gr K-8	6
Skateboarding Lessons	Age 8-13	52
Soccer (Coach Abe)	Age 7-8	52

Soccer Leagues (Fall)	Gr K-8	52	No Place Like Home [NEW!]	Adult	41
Softball (Girls) [NEW!]	Age 6-12	51	North Shore Theater of Wilmette	Adult	39
Spotlight on Broadway	Age 8-13	37	Painting	Adult	30
Strum N Sports	Age 6-8	46	Parent Artisan [NEW!]	Adult	30
Tap Dance	Age 4-14	33-34	Piano Lessons	Age 5 & up	38
Tennis	Age 7-14	64	Pilates	Adult	16
Violin Lessons	Age 4 & up	38	Salsa & Latin Dance	Adult	35
Volleyball	Gr 4-8	52	Soccer Leagues (Men)	Adult	53
Wilmette Children's Theatre	Age 6-Adult	39	Taekwondo	Adult	51
World of Art [NEW!]	Age 6-12	29	Tai Chi	Adult	16
Yoga for Kids	Age 6-11	42	Tap Dance	Adult	35
Young Rembrandts	Gr 1-5	29	Tennis	Adult	65-66
Young Sportsters	Age 6-9	46	Voice Lessons	Age 13-Adult	37
Young Tigers Taekwondo	Age 6-18	51	Volleyball Leagues (Women/CoEd)	Adult	53
			Yoga I & II	Adult	16
			Watercolor Painting	Adult	30

HIGH SCHOOL

PROGRAM NAME	AGE RANGE	PAGE #
Ballet/Pointe [NEW!]	Age 13-18	33
Center Fitness Club	Age 11-Adult	12-16
Golf Lessons	Age 11 & up	69
Guitar Lessons	Age 8 & up	38
Gymnastics Team	Age 10-18	25
Hip Hop Dance	Gr 7-12	34
Hockey (Men & Women)	Teen/Adult	59
Ice Skating	Age 6-16	57-58
Jazz Dance	Gr 5-12	33
Jr/Sr High Drop-In Gym	Gr 6-12	45
Karate	Age 15 & up	51
Medieval Lines [NEW!]	Age 11-18	29
Modern Dance	Gr 5-12	34
Musical Theatre [NEW!]	Gr 7-12	34
Piano Lessons	Age 5 & up	38
Tap Dance	Gr 8-12	34
Tennis	Age 10-18	64-65
Voice Lessons	Age 13-Adult	37
Wilmette Children's Theatre	Age 6-Adult	39
Yoga for Teens	Age 12-17	43

ADULT (18 & UP)

PROGRAM NAME	AGE RANGE	PAGE #
Adult Dance [NEW!]	Adult	35
Ballet	Adult	35
Ballroom Dance	Adult	35
Basketball Drop-In	Adult	45
Basketball Leagues (Men)	Adult	53
Belly Dancing	Adult	35
Center Fitness Club	Age 11-Adult	12-16
Ceramics	Adult	29
Dancer-cise	Adult	35
Designing Rich [NEW!]	Adult	41
Drawing	Adult	30
Golf Lessons	Age 11 & up	69
Gone in a Flash [NEW!]	Adult	41
Guitar Lessons	Age 8 & up	38
Hockey (Men & Women)	Teen/Adult	59
Hostess Gift Workshop [NEW!]	Adult	6
Ice Skating	Adult	58
Invitation/Card Workshop [NEW!]	Adult	6
Itchin' for a Kitchen [NEW!]	Adult	41
Jazz Dance	Adult	35
Joints in Motion	Adult	16
Just Back	Adult	16
Karate	Adult	51
Knitting & Crochet	Adult	30
Mommycize [NEW!]	Adult	35

ADULTS 50+

PROGRAM NAME	AGE RANGE	PAGE #
AARP Driver Safety	Adults 50 Plus	72
Bridge	Adults 50 Plus	72
Bunco	Adults 50 Plus	72
Center Fitness Club	Age 11-Adult	12-16
Computer Workshops	Adults 50 Plus	72
Day Trips [NEW!]	Adults 50 Plus	73-74
Dial-a-Ride Program	Adults 50 Plus	72
Fall Centerpiece Workshop [NEW!]	Adults 50 Plus	6
Humanities	Adults 50 Plus	72
Joints in Motion	Adult	16
Just Back	Adult	16
Mah Jongg	Adults 50 Plus	72
Meskill Center	Adults 50 Plus	71
Mobile Driver Services [NEW!]	Adults 50 Plus	72
Mondays at the Movies	Adults 50 Plus	72
North Shore Theater of Wilmette	Adult	39
Overnight Trips [NEW!]	Adults 50 Plus	74
Pilates	Adults 50 Plus	73
Pinochle	Adults 50 Plus	72
Pins & Needles Group [NEW!]	Adults 50 Plus	72
Podiatry Services	Adults 50 Plus	73
Rules of the Road Review	Adults 50 Plus	73
Tai Chi	Adults 50 Plus	73
Tennis	Adult	65-66
Theater Outings [NEW!]	Adults 50 Plus	73
Thumbnail Book Reviews	Adults 50 Plus	72
Walk Your Way to Fitness	Adults 50 Plus	73
Watercolor Painting [NEW!]	Age 65 & up	30
Yoga	Adults 50 Plus	73
Yolates [NEW!]	Adults 50 Plus	73

FAMILY

PROGRAM NAME	AGE RANGE	PAGE #
Centennial Ice Skating	Age 3-Adult	54-60
Center Fitness Club	Age 11-Adult	12-16
Halloween Happening [NEW!]	Age 4 & up	6
North Shore Theater of Wilmette	All Ages	39
NSSRA	All Ages	77
Parent/Child Karate	Age 7-Adult	51
Wilmette Children's Theatre	Age 6-Adult	39
Wilmette Golf Club	Age 11 & up	67-69
Wilmette Tennis Club	Age 4 & Up	61-66

CENTER FITNESS CLUB

COMMUNITY
RECREATION
CENTER

at the

3000 GLENVIEW ROAD
847/256-9117

FITNESS CLASSES / CARDIO & STRENGTH TRAINING EQUIPMENT / INDOOR TRACK / PERSONAL TRAINING

CENTER FITNESS CLUB

STAFF

MANAGER:

Nicholas Baird

E-mail: nbaird@wilpark.org

Tel: 847/920-3904

ASSISTANT MANAGER:

Rick Miller

E-mail: rmiller@wilpark.org

Tel: 847/256-9785

PERSONAL TRAINERS:

Peter Delach, IFPA, **Karen Delmonico**, ACE,
Audrey Fields, ACE, **Cynthia Spina**, ACE,
Ivy Kwieford, B.S. Exercise Science & Wellness,
Kim Zamudio, ACE

GROUP EXERCISE INSTRUCTORS:

Charlotte Carter, **Cindy Clohesy**, **Leslie Cohen**
Audrey Fields, **Nancy Kwo**, **Rachelle Leech**
Pam Leventis, **Kira Maar**, **Julie Mantice**
Christina Persico, **Cassie Rodgers**, **Cynthia**
Spina, **Evelyn Thompson**, **Jody Warner**
Kate Wettergren, **Ruben Zapata**

Hours

Mon.-Thurs.: 5:30 am-10:00 pm

Fri.: 5:30 am-8:00 pm

Sat.: 7:00 am-6:00 pm

Sun.: 8:00 am-5:00 pm

Special holiday hours will be posted



ARE YOU READY TO FIND YOUR CENTER?

Since we've opened our doors, the Center Fitness Club has helped countless neighbors and friends take steps toward a healthier lifestyle. Located in the Community Recreation Center, we offer dedicated service and state-of-the-art equipment. Our professional, certified staff create safe, effective, individualized programs and a positive experience for all fitness levels. We strive to be the best part of your day—everyday!

Youth ages 11-13 must be accompanied by an adult member when using the center fitness club facilities.

Gym shoes are required in the fitness area.

NEXT PAGE

MEMBERSHIP
INFORMATION

MEMBERSHIP FEES

	INDIVIDUAL	COUPLE	FAMILY	STUDENT (14-23)	SENIOR (65+)	SENIOR COUPLE	SENIOR SPLIT	CORPORATE (MIN. 5)
RESIDENT								
Initiation Fee	\$67	\$98	\$131	\$67	\$67	\$98	\$98	\$67
Annual Fee (Paid in full)	\$366	\$552	\$759	\$284	\$280	\$408	\$480	\$321
Annual Fee (Paid monthly; 12 mo min)	\$425 \$36/mo	\$659 \$55/mo	\$906 \$76/mo	\$344 \$29/mo	\$330 \$28/mo	\$494 \$42/mo	\$576 \$48/mo	\$385 \$33/mo
Preferred-2 year (Paid in full)	\$677	\$1,058	\$1,472	\$510	\$491	\$758	\$908	\$593
Daily	\$16	-	-	-	-	-	-	-
Summer	\$164	N/A	N/A	\$164	\$174	N/A	N/A	-
Summer Plus	\$208	N/A	N/A	\$208	\$208	N/A	N/A	-
Monthly Membership	\$63	-	-	-	-	-	-	-

NON-RESIDENT

Initiation Fee	\$67	\$98	\$131	\$67	\$67	\$98	\$98	\$67
Annual Fee (Paid in full)	\$474	\$717	\$981	\$284	\$355	\$491	\$604	\$423
Annual Fee (Paid monthly; 12 mo min)	\$562 \$47/mo	\$850 \$71/mo	\$1,165 \$98/mo	\$344 \$29/mo	\$398 \$34/mo	\$577 \$49/mo	\$725 \$60/mo	\$494 \$42/mo
Preferred-2 year (Paid in full)	\$878	\$1,266	\$1,914	\$510	\$604	\$844	\$1,075	\$772
Daily	\$16	-	-	-	-	-	-	-
Summer	\$244	N/A	N/A	\$164	\$174	N/A	N/A	N/A
Summer Plus	\$314	N/A	N/A	\$208	\$208	N/A	N/A	N/A
Monthly Membership	\$79	-	-	-	-	-	-	-

EQUIPMENT

Cardiovascular

- > 10 Treadmills > 4 Climber/Steppers > 2 Stepmills > 4 Upright Bikes
- > 4 Recumbent Bikes > 9 Ellipticals > 2 Airdyne Bikes > 1 Rowing Machine

Strength

- > Complete line of Cybex® and Paramount® Selective Resistance strength equipment for full-body circuit workout
- > Complete free weight strength training area—equipment by Paramount® and Ivanko®

AMENITIES & SERVICES

- > 4500 Square Foot Fitness Facility
- > Full-service locker rooms
- > 3 lane running track (1 lap = 1/12 mile)
- > 2 group exercise studios with spring-suspension wood flooring
- > 10 individual 15" Cardio Theater TV screens
- > Complimentary towel service
- > Computerized fitness assessment/consultation program* and follow up
- > Individual orientation to equipment
- > Certified, professional staff

*Fitness assessment consists of: medical history and evaluation of personal goals; body composition analysis; blood pressure reading; strength and

flexibility measurements; cardiovascular endurance testing, posture analysis, and one free personal training session. With any history of medical conditions/problems, a signed release from a physician may be required.

ALL ADDITIONAL SERVICES BY APPOINTMENT

Note: All Fitness Services for Personal Training expire six months from purchase date.

Personal Trainers

- > **Members:** \$55/hr; \$150 for 3 sessions
- > **Members:** \$275 for 6 sessions
- > **Non-Members:** \$64/hour; \$180 for 3 sessions
- > **Non-Members:** \$330 for 6 sessions

Partner Training [NEW!]

- > **Members:** \$83/hr
- > **Non-Members:** \$96/hr

Fitness Assessments

- > \$45/assessment

PARTNER TRAINING

BRING A FRIEND, NEIGHBOR, PARENT OR SIGNIFICANT OTHER AND TRY OUT OUR PARTNER TRAINING. BOTH OF YOU CAN WORK WITH ONE OF OUR PERSONAL TRAINERS AT THE SAME TIME AND SAVE MONEY BECAUSE THE COST IS LESS PER PERSON PER HOUR WITH PARTNER TRAINING.

Babysitting* PASSPORT

For your convenience, Babysitting Passports are now available. Babysitting discount packages/passports may be purchased either at the Center Fitness Club or the front desk of the Community Recreation Center. Babysitting Passports are nontransferable, non-refundable, cannot be shared and expire 60 days from date of purchase. See Babysitting hours on page 21.

fees	Resident	Non-resident
Daily per hour		
5 hours	\$6	\$7
10 hours	\$27	\$32
20 hours	\$52 \$100	\$62 \$120



WE'RE DEDICATED TO YOU

The Wilmette Park District is proud to offer a variety of fitness classes to benefit your body and mind. Our classes are designed to provide workouts based on the latest fitness trends and research. All of our staff are professional, nationally certified, experienced instructors. We suggest you cross-train within our program by regularly attending a mixture of classes taught by different instructors. The benefits received from a consistent routine (3-4 times per week) are as follows:

- > Improved cardio-respiratory health
- > Reduced body fat
- > Increased muscular endurance
- > Increased metabolic rate
- > Increased bone density
- > Reduced blood pressure
- > Increased flexibility
- > Reduced stress
- > Improved self-esteem
- > Improved mind/body connection

CLASS GUIDELINES

To help prevent injury and achieve a safe and effective workout:

- > Arrive for class on time and remain until the end to ensure proper warm-up, cool-down and stretch. If you must leave early, please inform the instructor.
- > Please inform the instructor of any special considerations (pregnancy, medical conditions, history of injuries, etc.). We recommend a physical exam and medical clearance before starting any exercise program. Inform the instructor immediately if you are feeling light-headed, dizzy, short of breath or pain of any kind.
- > Modify the workout for your own particular needs. Learning to modify movements is essential in today's multi-level, multi-faceted fitness classes. Our instructors will demonstrate options for certain movements. If necessary, feel free to ask the instructor for an option if one is not offered.
- > We strongly advise against the use of wrist weights, hand-held weights or ankle weights during the cardiovascular portion of class. Research shows the risk of injury far outweighs the minimal benefits. Only classes designed with slow and controlled movement are appropriate for use of weights.
- > Our instructors are trained and certified to provide safe and effective routines. **Please follow their routine.** As previously noted, modifications are encouraged. However, if you feel the need to significantly alter the routine, we ask you remain in the back of the class.
- > Proper footwear must be worn in every class. Street shoes or bare feet are not allowed for any class that involves impacting movement. Aerobics or cross-training shoes are appropriate for our classes. Ask your instructor for footwear suggestions and length of wear guidelines.
- > Please refrain from chewing gum, eating candy or lengthy conversations during class.
- > Please wear comfortable, breathable, non-restrictive clothing. It is important to drink water before, during and after class - by the time you feel thirsty, you are already dehydrated. We recommend you bring covered plastic water bottles into the classroom.
- > Please note that increased body temperature due to exercise may intensify fragrances from scented lotions and perfumes. This may be offensive to others, so please be considerate.
- > Negative energy must be left outside the classroom! Everyone is required to de-stress, let loose, enjoy, and have fun!

Attention Please: Our insurance coverage does not permit the presence of children under the age of 14 in fitness classes. Thank you for your cooperation.

THE GROUP FITNESS PASSPORT IS FOR YOU!

Purchase the 5 punch card or the unlimited punch card—it is all based on your schedule and your class attendance. Your exercise passport will be punched each time you attend a class.

Passports expire six months from date of issue.

Group Exercise Passport

	Resident	Non-Resident
Daily Class	\$13	\$17
5 Class	\$53	\$67
10 Class	\$103	\$130
20 Class	\$177	\$222
30 Class	\$240	\$253
*Unlimited	\$459	\$575
CFC Member		
Daily Class	\$13	
5 Class	\$44	
10 Class	\$76	
20 Class	\$136	
30 Class	\$169	
*Unlimited	\$427	

**Good for one year from purchase*

PASSPORT GUIDELINES

- > Passports may be purchased **ONLY** at the Center Fitness Club in the Community Recreation Center, 3000 Glenview Road, Wilmette, IL. Passports are non-transferable.
- > Senior discounts are not given on the purchase of passports, but discounts will be honored on specialty classes.
- > Prior to the start of each class, participants will be required to sign in on the class attendance sheet. We take care of everything from there. We will electronically record your visit and notify you when you need to purchase a new passport.
- > The Wilmette Park District reserves the right to cancel classes with continued low attendance and class schedule may be subject to change. The Center Fitness Club front desk has the latest information on any class cancellations.

Please Note: Entry to Group Exercise Passport Classes will be on a first-come, first-served basis. Maximum capacity is 30 for Studio A; and 25 for Studio B. Please arrive for class on time. Instructors are subject to change and will substitute from time to time.

REAP THE BENEFITS OF MEMBERSHIP!

Center Fitness Club members receive a discount on 5-class; 10-class; 20-class; 30-class and Unlimited Passports. Center Fitness Club members must show proof of membership to qualify for this discount.

	Time	Class	Studio	Class Description
Monday	5:45-6:45 am	Bosu	A	Balance
	8:00-9:00 am	Strength Training	B	Weights/Tubes
	9:15-10:30 am	STEP	B	High Intensity/Low Impact
	9:15-10:30 am	Interval Training	C	Strength/Cardio/Bosu
	10:30-11:30 am	Zumba Gold	A	Light and Low; Latin Dance Style
	4:30-5:30 pm	Fit Ball	A	Core Strength and Flexibility
Tuesday	7:00-8:00 pm	Cardio/Streng	B	Cardio/Strength/Weights
	5:45-6:45 am	Spin	B	Cycle
	9:15-10:15 am	Cardio Pump	A	Cardio Free Style
	9:15-10:15 am	Strength Training	B	Strength/Bosu
Wednesday	*12:00-1:00 pm*	Ab Lab Plus	A	Abdominal Workout
	5:45-6:45 pm	Spin	B	Cycle
	8:15-9:15 am	Cardio Pump	A	Cardio
	9:15-10:15 am	Strength Training	A	Weights/Tubes
	9:15-10:30 am	Spin Plus	B	Cycle/Weights
	6:30-7:30 pm	Ab Lab Plus	A	Abdominal Workout; Strength
Thursday	7:00-8:00 pm	Zumba	B	Salsa; Latin Dance Style
	5:45-6:45 am	Spin	B	Cycle
	9:15-10:15 am	Interval Training	A	Strength/Cardio/Bosu
	4:30-5:30 pm	Fit Ball	A	Core Strength and Flexibility
Friday	9:15-10:30 am	Step	A	High Intensity/Low Impact
	9:15-10:15 am	Interval Training	B	Step-Strength/Bosu
	10:30-11:30 am	Zumba Gold	A	Light and Low; Latin Dance
	Saturday	7:00-8:00 am	Spin	B
8:15-9:15 am		Kickboxing	A	Cardio Boxing
8:15-9:15 am		Strength Training	B	Weights/Body Bar
9:30-10:45 am		Cardio Pump	A	Cardio/Muscle Conditioning
Sunday		9:15-10:30 am	Strength Training	A
	10-11:15 am	Spin Plus	B	Cycle/Weights

*FREE to CFC members or passport holders.

AB LAB PLUS > Tone and strengthen your core muscles with this class designed to tackle abdominal and low back muscles. Free to members. Wednesday evening classes one hour.

BOSU > What does it mean? Both Sides Up! Try the most current pieces of equipment in a class designed for a total body workout with an emphasis on core strength and balance coordination.

CARDIO PUMP > Sweat, burn fat and condition your muscles. This great cardiovascular workout will burn those extra calories. Format may include kick boxing moves.

FIT BALL > A muscle conditioning class consisting of balance and strength exercises performed in a variety of positions on the exercise balls. Exercises may include weights and resistant tubing, sitting, balancing and lying on balls as well as mats.

INTERVAL TRAINING > Alternate cardio and strength training.

KICKBOXING > Punch and kick in a non-contact cardio and toning workout.

SPIN > Stationary cycling including warm up and cool down.

SPIN PLUS > Like to cycle but need more? Add weights to your workout with a ride and weight training.

STEP > An intense step workout that includes power moves, creative combinations and body shaping segments. This class will send you on your way to feeling strong and focused for the day.

STRENGTH TRAINING > Develop a strong body with this most popular and favored conditioning class designed to increase lean muscles and improve muscular endurance. Equipment includes weights, resistant tubing and floor work exercise.

ZUMBA > This cardio workout is taking the world by storm. Inspired by Latin rhythms, it burns calories, shapes the body and makes you feel like you are at a party! Best of all—it's easy to follow.



SPECIALITY GROUP CLASS DESCRIPTIONS

YOGA I > Perfect for those new to Yoga and those looking to deepen their understanding of basic postures. This class includes warm ups to mobilize joints and increase range of motion along with basic yoga postures and fundamental breathing techniques. Wear loose and comfortable clothing.

YOGA II > This class is excellent for the student with some Yoga experience or those who are currently active in Yoga. Increase your strength, balance and flexibility while relieving tension in your body and mind by practicing Vinyasa flow. Breathing and deep relaxation are included in this format. Wear loose, comfortable clothing.

PILATES > The ultimate goal of this class is to integrate core strength with flexible limbs and joints for a balanced full body workout. Pilates is a series of controlled movements performed in a sequence without endless repetitions. Breathing form and technique are strongly emphasized and are the foundation of all movements.

TAI CHI I > Maintain and improve your health and balance with a class designated to utilize different aspects of Tai Chi. Features include standing and quiet sitting practices to encourage calmness; stretching and bending exercises for flexibility of the joints; Qi Gong for nourishing and promoting energy and Tai Chi floor movements for balance and coordination.

TAI CHI II > This class is for those who have practiced Tai Chi before and are ready to work more independently. You will be working on the same basic moves as Tai Chi I.

JUST BACK > Oh, my aching back! Let's strengthen your core muscles which are responsible for general back health. A variety of equipment will be included for gains in flexibility and strength.

JOINTS IN MOTION > Reduce the effects of arthritis and osteoporosis. Basic moves are practiced using chairs, hand weights, resistant tubing and stability balls. All levels are welcome.

Speciality GROUP FITNESS CLASSES

	Time	Class	Studio	Class	Description
Monday	10:30-NOON	Yoga	B		Yoga
	6:00-7:00 pm	Yoga	B		Yoga
Tuesday	10:30-11:30 pm	Just Back	A		Core Strength/Flexibility
Wednesday	9:00-10:00 am	Tai Chi I	Lakeview Center		Mind/Body/Spirit
	10:15-11:30 am	Tai Chi II A	Lakeview Center		Mind/Body/Spirit
	10:15-11:45 am	Yoga Basics	A		Yoga
Thursday	10:30-11:30 am	Joints in Motion	A		Flexibility/Stability/Balance
Friday	10:30-NOON	Yoga	A		Yoga
Saturday	9:30-10:30 am	Yoga	B		Yoga
	11:00-NOON	Pilates	B		Strength/Flexibility

CFC = Center Fitness Club Member

SPECIALITY GROUP FITNESS CLASSES

Yoga I

Perfect for those new to Yoga and those looking to deepen their understanding of basic postures.

Age 14 & up

R-\$87 / **NR**-\$109 / **CFC**-\$82 8 weeks
130001-01 W 10-11:30 am 8/25-10/13

Yoga II

This class is excellent for the student with some Yoga experience or those who are currently active in Yoga.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 14 & up

R-\$76 / **NR**-\$95 / **CFC**-\$57 7 weeks
130002-01 M 10:30 am-12 pm 8/23-10/11

R-\$87 / **NR**-\$109 / **CFC**-\$82 8 weeks
130002-02 F 10:30 am-12 pm 8/27-10/15

One-Hour Classes

R-\$63 / **NR**-\$79 / **CFC**-\$49 8 weeks
130002-03 W 6-7 pm 8/25-10/13

R-\$55 / **NR**-\$69 / **CFC**-\$43 7 weeks
130002-04 Sa 9:30-10:30 am 8/28-10/16

Pilates

The ultimate goal of this class is to integrate core strength with flexible limbs and joints for a balanced full body workout.

No class: Sept. 18

Age 14 & up

R-\$55 / **NR**-\$69 / **CFC**-\$43 7 weeks
130003-01 Sa 11 am-12 pm 8/28-10/16

Tai Chi I

Maintain and improve your health and balance with a class designated to utilize different aspects of Tai Chi. This class meets at the Lakeview Center.

Age 14 & up

R-\$106 / **NR**-\$132 / **CFC**-\$80 8 weeks
130007-01 W 9-10 am 8/25-10/13

Tai Chi II

This class is for those who have practiced Tai Chi before and are ready to work more independently. This class meets at the Lakeview Center.

Age 14 & up

R-\$106 / **NR**-\$132 / **CFC**-\$80 8 weeks
130008-01 W 10:15-11:30 am 8/25-10/13

Just Back

Let's strengthen your core muscles which are responsible for general back health.

Age 14 & up

R-\$84 / **NR**-\$105 / **CFC**-\$75 8 weeks
130005-01 Tu 10:30-11:30 am 8/24-10/12

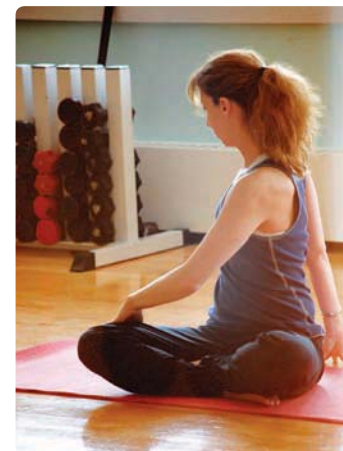
Joints in Motion

Reduce the effects of arthritis and osteoporosis. All levels are welcome.

No class: Sept. 9

Age 14 & up

R-\$74 / **NR**-\$92 / **CFC**-\$66 7 weeks
130006-01 Th 10:30-11:30 am 8/26-10/14



EARLY CHILDHOOD CENTER

at the

COMMUNITY
RECREATION
CENTER

3000 GLENVIEW ROAD
847/256-9686

PRESCHOOL / FULL-DAY PRESCHOOL / KINDERGARTEN ENRICHMENT / LUNCH BUNCH / AFTER SCHOOL RECREATION
BABYSITTING SERVICES / PROGRAMS FOR AGES 6 MONTHS TO PRESCHOOL



IT IS THE GOAL OF THE WILMETTE PARK DISTRICT EARLY CHILDHOOD CENTER TO PROVIDE A PROGRAM FOR THREE AND FOUR-YEAR-OLDS THAT IS NURTURING, ALLOWS THE CHILD TO GROW THROUGH THEIR NATURAL INSTINCT TO EXPLORE, LAYS A SOLID FOUNDATION OF SELF-CONFIDENCE AND PREPARES A CHILD FOR ELEMENTARY SCHOOL.

EARLY CHILDHOOD CENTER STAFF

EARLY CHILDHOOD SUPERVISOR:

Wendy Caspersen

E-mail: wcaspersen@wilpark.org

Tel: 847/920-3910

PRESCHOOL TEACHERS AND STAFF:

Nancy Benton, A.A., ECE; Jan Cain, B.A., Ed.; Carol Heredia, A.S., ECD; Sharon Kaplan, B.A., Ed.; Barb Maloney, B.A., Ed.; Barb Rushmeyer, A.A., Ed.; Christen Reimer, ECE certified teacher, and assistant teachers Jennifer Bolich and Karen Funari

KINDERGARTEN ENRICHMENT TEACHERS AND STAFF:

Nancy Benton, A.A., ECE; Karen Bronski, B.A., Ed.; Dale Crystal, B.A., Ed.; Sharon Kaplan, B.A., Ed.; Catherine Knobel, B.A., Ed.; Barb Maloney, B.A., Ed.; Barb Rushmeyer, A.A., Ed., and assistant teachers Jennifer Bolich and Karen Funari

WED.
DEC. 1

**IMPORTANT
REMINDER**

PRESCHOOL REGISTRATION INFORMATION FOR THE 2011-12 SCHOOL YEAR WILL BE IN THE WINTER 2010 LEISURE GUIDE. -----
REGISTRATION WILL BEGIN ON WED. DEC. 1, 2010

ABOUT THE EARLY CHILDHOOD CENTER PRESCHOOL

Our program, licensed by the Department of Children and Family Services, is based on the philosophy that children learn through play and experience. When given the opportunity, children will naturally explore, discover, learn to cooperate with others, and develop a strong self-esteem. Through a wide variety of experiences, children develop their social, emotional and physical skills as well.

At the Early Childhood Center children are offered a chance to learn in a place where each child meets with approval and success. Our teachers offer children a variety of individual, small and large group activities. We do this because we believe it is important that every child have a positive learning experience. Utilizing the NAEYC endorsed "Creative Curriculum" approach; each classroom offers an area for blocks, small and large motor activities, quiet time and dramatic play, as well as experiences with music, art, literacy and science/discovery.

While our Early Childhood staff offers each class an environment that gives children the opportunity to grow to their fullest potential, we also serve as a support system, helping to meet each individual family's needs. Our teachers are Nancy Benton, A.A., ECE; Jan Cain, B.A., Ed.; Carol Heredia, A.S., ECD; Sharon Kaplan, B.A., Ed.; Barb Maloney, B.A., Ed.; Barb Rushmeyer, A.A., Ed.; Christen Reimer, ECE certified teacher, and assistant teachers Jennifer Bolich and Karen Funari.

The Early Childhood Center follows the Wilmette Public Schools District 39 calendar of full days off, as well as two Park District staff in-service days. Children must be 3-years-old by September 1, 2010 and toilet trained. *Pull-Ups and diapers are NOT permitted.*

The Early Childhood Center offers a special program for older 3-year-olds to accommodate the rapid development of fine motor and cognitive skills within this age group. This is a multi age class that combines the older 3-year-olds with 4-year-olds for a unique classroom experience with many learning opportunities. Children must have been 3-years-old by March 1, 2010 to enroll in this program. A non-refundable deposit of \$200 is required at registration. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010. Please contact Wendy Caspersen at 847/920-3910 for availability and program information.

PRESCHOOL 2010/11 SCHOOL YEAR

3-year old Mornings

TWO-day • Age 3 by 9/1/10

R-\$1,154 / NR-\$1,442

929001-10 Tu, Th 9-11:30 am 9/7-5/26/11

THREE-day • Age 3 by 9/1/10

R-\$1,613 / NR-\$2,018

929002-10 M, W, F 9-11:30 am 9/8-5/27/11

FIVE-day • Age 3 by 9/1/10

R-\$2,729 / NR-\$3,413

929003-10 M-F 9-11:30 am 9/7-5/27/11

4-year old Mornings

THREE-day • Age 3 by 9/1/10

R-\$1,613 / NR-\$2,018

929004-10 M, W, F 9-11:30 am 9/8-5/27/11

FIVE-day • Age 3 by 9/1/10

R-\$2,729 / NR-\$3,413

929005-10 M-F 9-11:30 am 9/7-5/27/11

FULL-DAY PRESCHOOL

2010/11 SCHOOL YEAR

The Wilmette Park District Early Childhood Center offers high quality preschool education with extended coverage to provide a full-day program option. Children may join us for 2, 3 or 5 days at 11:30 a.m., after their preschool day ends, for a hot catered lunch and extended playtime. Activities will include art, music, science, literature, outdoor playtime and free exploration. The afternoon will also include a rest/naptime. *Note: Children must be enrolled in the Wilmette Park District Preschool program, and must be toilet trained.*

In addition to closures on Thanksgiving, the Friday after Thanksgiving and Memorial Day, the Full-Day Preschool program will be closed for two weeks over Winter break, one week for Spring break, two staff in-service days and during summer vacation. A non-refundable deposit of \$200 is required at registration. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010. Full monthly tuition is due for all months, including months with days off and holiday breaks. This program is licensed by the Department of Children and Family Services. Please contact Wendy Caspersen at 847/920-3910 for availability and program information.

Please note: Schedules other than days offered must be pre-approved by the Early Childhood Supervisor in advance of registration.

3- & 4-year old • Full-Day

TWO-day • Age 3 by 9/1/10

R-\$2,270 / NR-\$2,837

929007-10 Tu, Th 11:30 am-6 pm 9/7-5/26/11

THREE-day • Age 3 by 9/1/10

R-\$3,512 / NR-\$4,394

929008-10 M, W, F 11:30 am-6 pm 9/8-5/27/11

FIVE-day • Age 3 by 9/1/10

R-\$5,663 / NR-\$7,085

929010-10 M-F 11:30 am-6 pm 9/7-5/27/11

LUNCH BUNCH 2010/11 SCHOOL YEAR

A nice opportunity to extend a child's time at school through the lunch hour, this program is a great option for children who are ready for a fuller and more enriching Preschool experience. Lunch Bunch is open to children participating in our four-year-old morning Preschool program. Children will be served a hot, catered lunch (as required by DCFS) and then enjoy a variety of activities such as movement, gymnastics, art, drama, and science.

Lunch Bunch will follow the Wilmette Public Schools District 39 calendar of full days off, as well as two Park District staff in-service days. A non-refundable deposit of \$200 is required at registration. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010.

Lunch Bunch

Age 4 by 9/1/10

R-\$1,235 / NR-\$1,550

929011-10 M, W, F 11:30 am-1 pm 9/13-5/20/11

READY, SET GO!

[NEW INFORMATION] 2010/11 SCHOOL YEAR

If your child is ready for Preschool, but misses the birth date deadline, this class is for you. Class time is filled with a wide variety of activities: circle time, free play, music, movement, story time, snack, cooking projects and more. Our Early Childhood teachers will provide a rich environment in which the children will be encouraged to explore and begin learning the skills they will need for Preschool. *This 28-week class follows the Wilmette School District 39 days off schedule.* The program starts with the children participating 1½ hours per day, and expands to a 2 hour program in January. Children must be 3 by January 1, 2011, and toilet trained. *Pull-Ups and diapers are NOT permitted.* A non-refundable \$200 deposit is required at registration. Fees are paid in seven equal payments, due on the 10th of each month, with the first payment due by October 10, 2010. Please contact Wendy Caspersen at 847/920-3910 for tuition and additional program information.

Ready, Set Go!

Age 3 by 1/1/11

R-\$963 / NR-\$1,208

28 weeks

929012-01 Tu, Th 9:30-11 am 10/19-5/26/11

KINDERGARTEN Enrichment

2010/11 SCHOOL YEAR

The Wilmette Park District offers a quality enrichment experience for kindergarten-age children attending half-day kindergarten programs. Our purpose is to provide a unique and multifaceted program designed to spark children's interest in a variety of activities such as art, music, movement, science, and more.

Our program offers a variety of new experiences, both in the classroom and through numerous field trips to places such as the library, theaters, animal hospital, museums, local businesses, and nature centers to name a few. Classes offer a balance of both structured and unstructured activities. Activity areas to choose from include blocks, quiet time, dramatic play, small and large motor activities as well as areas for music, art, literacy and science/discovery.

TWO-DAY PROGRAMS > The two-day program spends a large portion of its time on a variety of field trips that give the children hands-on experience both in Wilmette and surrounding communities.

THREE/FIVE DAY PROGRAMS > The three-day and five-day programs also take part in special art activities, drama, music and cooking in addition to a variety of field trips.

All Kindergarten Enrichment classes include a hot catered lunch, as required by the Department of Children and Family Services (DCFS). Busing to or from Central, Harper and McKenzie schools is provided by the Wilmette Park District for a separate fee (see Kindergarten Enrichment Busing). Busing to or from Romona school is provided by Wilmette Public Schools District 39. Please contact their Transportation Department to arrange for your child's transportation.

This program follows the Wilmette Public Schools District 39 calendar of full days off, as well as two Park District staff in-service days. Working parents

who desire extended hours for their child can enroll in an "Early Bird Babysitting" program beginning at 7:30 a.m. (see Babysitting Service on page 21) and/or the After School Recreation program that is offered from 3-6 p.m. There is an additional fee for each program.

Our Kindergarten Enrichment teachers are Nancy Benton, A.A., ECE; Karen Bronski, B.A., Ed.; Dale Crystal, B.A., Ed.; Sharon Kaplan, B.A., Ed.; Catherine Knobel, B.A., Ed.; Barb Maloney, B.A., Ed.; Barb Rushmeyer, A.A., Ed., and assistant teachers Jennifer Bolich and Karen Funari.

A \$200 non-refundable deposit is required at registration. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010. Contact Dale Crystal, Kindergarten Enrichment Coordinator, at 847/920-3909 or Wendy Caspersen, Early Childhood Supervisor, at 847/920-3910 for additional program information. *Kindergarten Enrichment follows the District #39 School Calendar.*



Kindergarten Enrichment

TWO-day program • Age 5 by 9/1/10 and participating in kindergarten

R-\$2,000 / **NR**-\$2,504

929121-01 Tu,Th 9 am-12:30 pm 8/31-6/2/11

R-\$2,000 / **NR**-\$2,504

929121-02 Tu,Th 11:30 am-3 pm 8/31-6/2/11

THREE-day program • Age 5 by 9/1/10 and participating in kindergarten

R-\$2,999 / **NR**-\$3,755

929121-03 M,W,F 11:30 am-3 pm 8/30-6/3/11

FIVE-day program • Age 5 by 9/1/10 and participating in kindergarten

R-\$4,169 / **NR**-\$5,204

929121-04 M-F 9 am-12:30 pm 8/30-6/3/11

R-\$4,169 / **NR**-\$5,204

929121-05 M-F 11:30 am-3 pm 8/31-6/3/11

The Wilmette Park District provides busing to and from the Community Recreation Center for morning and afternoon kindergarten children who attend Central, Harper or McKenzie Schools and participate in the Kindergarten Enrichment program. Fees will be \$120 for two days of bus service, \$180 for 3 days and \$300 for five days. Please contact Dale Crystal at 847/920-3909 for registration information. **PLEASE NOTE: Children attending ROMONA SCHOOL sign-up for busing through Wilmette Public School District 39. Please call their Transportation Department at 847/256-2450 for more information.**

Having a jumpin' good time at the Early Childhood Center of Wilmette.



AFTER SCHOOL Recreation

2010/11 SCHOOL YEAR

The Wilmette Park District offers the After School Recreation program for students in grades K-6. Our qualified, caring staff not only provides group attention, but also gives time to children on an individualized basis. Families are offered the option of registering children for three or five days a week. The three-day participants may choose which three days they prefer, based on space availability according to DCFS licensing standards, *but the three days must remain constant throughout the year.* Children will meet from 3 p.m. to 6 p.m. weekdays and from 8 a.m. to 6 p.m. on Wilmette Public Schools District 39 days off. There is no program on Labor Day, Thanksgiving Day, Friday after Thanksgiving, the two weeks of Winter Break, the week of Spring Break or Memorial Day. *School days off, Winter Break Camp and Spring Break Camp require separate sign-ups.*

The Park District provides bus service for students from Wilmette public and parochial schools. District 39 provides bus service for children attending Highcrest and Romona Schools. Please contact their Transportation Department to arrange for bus service. Parents of Romona students are eligible for reduced tuition, but must provide verification of paid bus service from Romona School to the Community Recreation Center.

A non-refundable \$200 deposit is required at registration. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010. Contact Anna Nguyen at 847/251-6599 for availability and more information regarding the program. *After-School Recreation follows the District #39 School Calendar.*



After School Recreation

THREE-day program

929140-01	Grade K	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378
929140-02	Grade 1	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378
929140-03	Grade 2	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378
929140-04	Grade 3	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378
929140-05	Grade 4	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378
929140-06	Grade 5-6	3-6 pm	8/26-6/8/11	R -\$1,901 / NR -\$2,378

FIVE-day program

929141-01	Grade K	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962
929141-02	Grade 1	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962
929141-03	Grade 2	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962
929141-04	Grade 3	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962
929141-05	Grade 4	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962
929141-06	Grade 5-6	3-6 pm	8/26-6/8/11	R -\$3,170 / NR -\$3,962

BABYSITTING SERVICE

TOTS PLAYTIME!

Fall Registration Deadlines

R—Tues., Aug. 10 at 9 a.m.

NR—Tues., Aug. 17 at 9 a.m.

Let our caring, highly qualified and well-trained babysitters care for your children ages six weeks and up in our fully equipped and comfortable babysitting room while you participate in our programs. A variety of recreation activities, along with loads of toys and books, are available for playtime fun—ensuring your children have a safe and happy stay.

Reservations can be made *at least* 24 hours in advance, between 8 a.m.-11:30 a.m., Mon. through Fri., subject to space availability. *Reservations are required for infants six weeks to 12 months of age and for Saturday babysitting.* You can also register for a standing time slot for

an entire session. When signing up for a standing time slot, participants must register the child (or youngest child if more than one child needs babysitting service) with a \$10 registration fee, which will be applied toward the total fee. Participants will be billed for the session based on their needs and availability, and must pay for the entire session on the first scheduled day.

Participants are limited to two hours of babysitting per day up to a maximum of eight hours per week. Note: We cannot accept children under the age of six weeks. The Park District reserves the right to cancel your space for the session after three no-shows, or for non-payment of fees. *For more information contact Babysitting at 847/256-9633 during babysitting hours.*

Fall Babysitting

Closed: Mon., Sept. 6

R—\$6/hr. / **NR**—\$7/hr. • \$10 Registration Deposit
129001-01 M-F 9 am-11:30 am 8/23-10/15
Sa 8 am-11 am 8/28-10/16

Note: hours are subject to change

BABYSITTING PASSPORTS

For your convenience, Babysitting Passports are now available. Babysitting discount packages/passports may be purchased either at the Center Fitness Club or the front desk of the Community Recreation Center. *Babysitting Passports are non-transferable, non-refundable, cannot be shared and expire 60 days from date of purchase.*

Babysitting Passports

	R	NR
Daily per hour	\$6	\$7
5 hours	\$27	\$32
10 hours	\$52	\$62
20 hours	\$100	\$120

EARLY BIRD BABYSITTING

2010/11 SCHOOL YEAR

Early Bird Babysitting is available during the school year from 7:30-9 am for Preschoolers and Kindergarten Enrichment students registered in morning classes. There is a non-refundable \$50 registration deposit for Early Bird Babysitting. Fees are paid in nine equal payments, due on the 10th of each month, with the first payment due by August 10, 2010. For more information call 847/256-9633 or 847/920-3910. *Note: In order to provide the best transition for your child into their new program,*

Early Bird Babysitting will begin on the second day of the program. Please plan on bringing your child directly to their first day of Preschool or Kindergarten Enrichment.

Early Bird Babysitting

Age 3-5 • Preschool

R-\$1,607 / NR-\$2,012
929014-02 M-F 7:30-9 am 9/8-5/27/11

R-\$1,067 / NR-\$1,337
929014-01 M-F 8-9 am 9/8-5/27/11

Age 5-6 • Kindergarten Enrichment

R-\$1,697 / NR-\$2,129
929015-02 M-F 7:30-9 am 8/31-6/3/11

R-\$1,130 / NR-\$1,418
929015-01 M-F 8-9 am 8/31-6/3/11

TOT CLASSES

Mommy/Daddy & Me

Children and parents grow together using songs, games, and play areas to develop their child's fine and gross motor skills, imagination and socialization. This is a great opportunity to meet other Moms and Dads with children the same age as yours. Circle time, free play and a small snack are included at every class. Gain valuable skills while having fun with your child and making new friends. Chris Kostuchowski is the instructor.

Age 12-18 mos.

R-\$80 / NR-\$100 8 weeks
125023-01 W 9:15-10 am 8/25-10/13

Age 18-26 mos.

R-\$80 / NR-\$100 8 weeks
125023-02 W 10:15-11 am 8/25-10/13

Terrific Times for Toddlers

This fast-paced class combines free exploration of a variety of educational toys with structured art and musical activities organized around learning concepts. Lots of movement, music, art, and fun make this toddler/adult interaction an exciting, magical experience. The instructors are Chris Kostuchowski and Sofia Angelov. *Please note: Every child must be accompanied by a responsible adult with whom the child is familiar. No siblings please.*

No class: Thurs., Sept. 9

Age 18-36 mos.

R-\$70 / NR-\$88 7 weeks
129003-03 Th 9:30-10:30 am 8/26-10/14•K

Age 3-4

R-\$80 / NR-\$100 8 weeks
129003-01 Tu 10:15-11:15 am 8/24-10/12•K
129003-02 W 10:15-11:15 am 8/25-10/13•A
129003-04 F 10:15-11:15 am 8/27-10/15•K

Just Me Alone

This program is full of fun music, games, storytelling and art projects. It is designed for the child who is ready to say good-bye to Mommy and Daddy, but not quite ready for a full morning class. Children must be 2½ years-old by the first day of class. The instructor is Judee Sims. A parent is required to attend the first class with their child, or longer, if instructor requests. No siblings please.

No class: Sept. 6

Age 2½ - 3½

R-\$98 / NR-\$123 7 weeks
129004-01 M 9:15-10:15 am 8/23-10/11
129004-02 M 10:30-11:30 am 8/23-10/11

Looking for more?

TAP INTO YOUR CHILD'S CREATIVE TALENTS! TRY OUT A WILMETTE PARK DISTRICT YOUNG CHILDREN'S PROGRAM IN FINE ARTS, PERFORMING ARTS, DANCE OR GYMNASTICS.



GYMNASTICS

at the

**COMMUNITY
RECREATION
CENTER**

3000 GLENVIEW ROAD
847/256-9686

SPECIAL EVENTS / BIRTHDAY PARTIES / PARENT & TOTS CLASSES / PRESCHOOL CLASSES /
RECREATIONAL CLASSES FOR GRADES K-8 / TEAM GYMNASTICS



GYMNASTICS STAFF

**SUPERVISOR AND HEAD
GYMNASTICS COACH:**

Jim Scully

E-mail: jscully@wilpark.org

Tel: 847/256-9695

HEAD BOYS' TEAM COACH:
Rick Nixon

GIRLS' TEAM COACHES:
**Mike Kharpak, Kathy Nitch and
Chris Garces**


GYMNASTICS INSTRUCTORS:

**Judith Tedeschi, Laura Krohm, Larene
O'Connell, Karen Ott, Robin Pierson,
Kelly Purdy, Alison Kool, Jennifer Pistorius,
Jessica Scully, Tom Malewicke,
Margaret Kohler, Katrina Barnett,
Kelly Sloan, and Jess Wray.**

 **The Wilmette Park District has one of the finest
gymnastics facilities in Illinois.**

A 10,000+ square foot, state-of-the-art gymnasium is located at the Community Recreation Center. In addition to the standard Olympic events for men and women, the gymnastics program features an enlarged pit area and two in-ground trampolines that allow beginning through advanced students to train in the safest possible manner. The gym also features a padded and carpeted area for preschool children ages 1 to 5 years. Located near the pit and trampolines, this area is filled with colorful octagons and pie-shaped mats for play. The gym has a glass-enclosed viewing and changing area so parents and friends can easily see the children during class.

**MORE THAN
ONE ASPIRING
GYMNAST?**


Our schedules make it easy
to enroll children in Moms &
Tots, Preschool Rambling Tots
and 4-6 year-old Recreational
Gymnastics programs at the
same class time. Check it out!

BEAT THE HEAT



GYMNASTICS

Nothing to do at the end of the summer? How about some summer gymnastics in the air-conditioned gymnasium at the Community Recreation Center? Moms and Tots, and children age 3-6 can sign up for single classes or as many as you want! Boys and girls in Grades 1-8 can enjoy a gymnastics "mini camp" experience. Call Jim Scully at 847-256-9695 for details.

Moms & Tots Age 1-2

R-\$10 / NR-\$12		1 day
526025-01	M 9-9:45 am	8/9
526025-02	Tu 9-9:45 am	8/10
526025-03	W 9-9:45 am	8/11
526025-04	Th 9-9:45 am	8/12
526025-05	F 9-9:45 am	8/13
526025-06	M 9-9:45 am	8/16
526025-07	Tu 9-9:45 am	8/17
526025-08	W 9-9:45 am	8/18
526025-09	Th 9-9:45 am	8/19
526025-10	F 9-9:45 am	8/20

Age 3

R-\$10 / NR-\$12		1 day
526026-01	M 9-9:45 am	8/9
526026-02	Tu 9-9:45 am	8/10
526026-03	W 9-9:45 am	8/11
526026-04	Th 9-9:45 am	8/12
526026-05	F 9-9:45 am	8/13
526026-06	M 9-9:45 am	8/16
526026-07	Tu 9-9:45 am	8/17
526026-08	W 9-9:45 am	8/18
526026-09	Th 9-9:45 am	8/19
526026-10	F 9-9:45 am	8/20

MAKE-UP CLASSES FOR "MOMS AND TOTS" ONLY

Moms/Dads/Tots Gymnastics

Moms and/or Dads, with the help of instructors, assist children in the development of physical skills including flexibility, body awareness and strength. Tots must have reached the walking stage before enrollment.

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

Age 1-2

R-\$64 / NR-\$80		7 weeks
126001-01	M 9:15-10 am	8/23-10/11
126001-02	M 10:15-11 am	8/23-10/11

Age 4-6 & Kindergarten

R-\$10 / NR-\$12		1 day
526027-01	M 9-10 am	8/9
526027-02	M 10-11 am	8/9
526027-03	Tu 9-10 am	8/10
526027-04	Tu 10-11 am	8/10
526027-05	W 9-10 am	8/11
526027-06	W 10-11 am	8/11
526027-07	Th 9-10 am	8/12
526027-08	Th 10-11 am	8/12
526027-09	F 9-10 am	8/13
526027-10	F 10-11 am	8/13
526027-11	M 9-10 am	8/16
526027-12	M 10-11 am	8/16
526027-13	Tu 9-10 am	8/17
526027-14	Tu 10-11 am	8/17
526027-15	W 9-10 am	8/18
526027-16	W 10-11 am	8/18
526027-17	Th 9-10 am	8/19
526027-18	Th 10-11 am	8/19
526027-19	F 9-10 am	8/20
526027-20	F 10-11 am	8/20

Grade 1-8

R-\$20 / NR-\$24		1 day
526028-01	M 10 am-12 pm	8/9
526028-02	Tu 10 am-12 pm	8/10
526028-03	W 10 am-12 pm	8/11
526028-04	Th 10 am-12 pm	8/12
526028-05	F 10 am-12 pm	8/13
526028-06	M 10 am-12 pm	8/16
526028-07	Tu 10 am-12 pm	8/17
526028-08	W 10 am-12 pm	8/18
526028-09	Th 10 am-12 pm	8/19
526028-10	F 10 am-12 pm	8/20

126001-03	M 11-11:45 am	8/23-10/11
126001-04	M 1-1:45 pm	8/23-10/11
126001-13	Th 9:15-10 am	8/26-10/14
126001-14	Th 10:15-11 am	8/26-10/14
126001-15	Th 11-11:45 am	8/26-10/14
126001-16	Th 1-1:45 pm	8/26-10/14
126001-21	Sa 8-8:45 am	8/28-10/16
126001-22	Sa 9-9:45 am	8/28-10/16

Age 1-2

R-\$73 / NR-\$92		8 weeks
126001-05	Tu 9:15-10 am	8/24-10/12
126001-06	Tu 10:15-11 am	8/24-10/12
126001-07	Tu 11-11:45 am	8/24-10/12
126001-08	Tu 1-1:45 pm	8/24-10/12

126001-09	W 9:15-10 am	8/25-10/13
126001-10	W 10:15-11 am	8/25-10/13
126001-11	W 11-11:45 am	8/25-10/13
126001-12	W 1-1:45 pm	8/25-10/13
126001-17	F 9:15-10 am	8/27-10/15
126001-18	F 10:15-11 am	8/27-10/15
126001-19	F 11-11:45 am	8/27-10/15
126001-20	F 1-1:45 pm	8/27-10/15
126001-23	Su 9-9:45 am	8/29-10/17
126001-24	Su 10-10:45 am	8/29-10/17

Preschool Rambling Tots Gymnastics

The Wilmette Park District's gymnastics staff emphasizes self-confidence rather than competition. Tots are encouraged to develop new physical skills while gaining strength, flexibility and muscular coordination. Students should wear shorts or warm-ups to class.

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

Age 3 at start of program

R-\$64 / NR-\$80		7 weeks
126002-01	M 9:15-10 am	8/23-10/11
126002-02	M 10:15-11 am	8/23-10/11
126002-03	M 11-11:45 am	8/23-10/11
126002-04	M 1-1:45 pm	8/23-10/11
126002-05	M 2-2:45 pm	8/23-10/11
126002-16	Th 9:15-10 am	8/26-10/14
126002-17	Th 10:15-11 am	8/26-10/14
126002-18	Th 11-11:45 am	8/26-10/14
126002-19	Th 1-1:45 pm	8/26-10/14
126002-20	Th 2-2:45 pm	8/26-10/14
126002-26	Sa 8-8:45 am	8/28-10/16
126002-27	Sa 9-9:45 am	8/28-10/16

Age 3

R-\$73 / NR-\$92		8 weeks
126002-06	Tu 9:15-10 am	8/24-10/12
126002-07	Tu 10:15-11 am	8/24-10/12
126002-08	Tu 11-11:45 am	8/24-10/12
126002-09	Tu 1-1:45 pm	8/24-10/12
126002-10	Tu 2-2:45 pm	8/24-10/12
126002-11	W 9:15-10 am	8/25-10/13
126002-12	W 10:15-11 am	8/25-10/13
126002-13	W 11-11:45 am	8/25-10/13
126002-14	W 1-1:45 pm	8/25-10/13
126002-15	W 2-2:45 pm	8/25-10/13
126002-21	F 9:15-10 am	8/27-10/15
126002-22	F 10:15-11 am	8/27-10/15
126002-23	F 11-11:45 am	8/27-10/15
126002-24	F 1-1:45 pm	8/27-10/15
126002-25	F 2-2:45 pm	8/27-10/15
126002-28	Su 9-9:45 am	8/29-10/17
126002-29	Su 10-10:45 am	8/29-10/17



A MESSAGE TO PARENTS:

about age requirements and siblings

For all programs, age requirements will be as of the date of the first class, unless otherwise specified. Please do not request to have your child put in a class he/she does not belong in. All age requirements are set to benefit the children and make instruction more consistent for the program leaders. In some instances, the requirements have been set for the child's safety.

Also, due to insurance regulations, siblings may not be on the floor during class. We invite the children to sit at our "Table of Champions" where we have magazines, crayons and coloring books for them to enjoy. Thank you for your cooperation. . . .

MORE GOOD STUFF NEXT PAGE ...



A MESSAGE TO PARENTS: *of three year olds*

One of our main goals is to help children develop a feeling of self-confidence. "I can do it all by myself!" is the best thing a child can say to a parent or teacher. This program may be the first time your child is in a class independently from you. Since not all three-year-olds are emotionally prepared to separate from Mom or Dad, this can be a difficult transition for both child and parent. If a child cannot separate on the first day of class, we ask that the parent and child sit against the brick wall and watch the class. When the child is ready to join the class they may do so, however, the parent must remain at the brick wall. Parents may not be part of these classes. Parents with children in this program may wait in viewing area during class. •••

Recreational Gymnastics

These classes include Kindergartners. Children must be 4 years old at the start of the program. All children will be grouped according to age and ability.

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

Age 4-6 & Kindergarten

R-\$64 / NR-\$80 7 weeks

126003-01	M	9:15-10:15 am	8/23-10/11
126003-02	M	10:15-11:15 am	8/23-10/11
126003-03	M	11 am-12 pm	8/23-10/11
126003-04	M	1-2 pm	8/23-10/11
126003-05	M	2-3 pm	8/23-10/11
126003-06	M	3-4 pm	8/23-10/11
126003-19	Th	9:15-10:15 am	8/26-10/14
126003-20	Th	10:15-11:15 am	8/26-10/14
126003-21	Th	11 am-12 pm	8/26-10/14
126003-22	Th	1-2 pm	8/26-10/14
126003-23	Th	2-3 pm	8/26-10/14
126003-24	Th	3-4 pm	8/26-10/14
126003-31	Sa	8-9 am	8/28-10/16
126003-32	Sa	9-10 am	8/28-10/16
126003-33	Sa	10-11 am	8/28-10/16

Age 4-6

R-\$73 / NR-\$92 8 weeks

126003-07	Tu	9:15-10:15 am	8/24-10/12
126003-08	Tu	10:15-11:15 am	8/24-10/12
126003-09	Tu	11 am-12 pm	8/24-10/12
126003-10	Tu	1-2 pm	8/24-10/12
126003-11	Tu	2-3 pm	8/24-10/12
126003-12	Tu	3-4 pm	8/24-10/12
126003-13	W	9:15-10:15 am	8/25-10/13

126003-14	W	10:15-11:15 am	8/25-10/13
126003-15	W	11 am-12 pm	8/25-10/13
126003-16	W	1-2 pm	8/25-10/13
126003-17	W	2-3 pm	8/25-10/13
126003-18	W	3-4 pm	8/25-10/13
126003-25	F	9:15-10:15 am	8/27-10/15
126003-26	F	10:15-11:15 am	8/27-10/15
126003-27	F	11 am-12 pm	8/27-10/15
126003-28	F	1-2 pm	8/27-10/15
126003-29	F	2-3 pm	8/27-10/15
126003-30	F	3-4 pm	8/27-10/15
126003-34	Su	9-10 am	8/29-10/17
126003-35	Su	10-11 am	8/29-10/17
126003-36	Su	11 am-12 pm	8/29-10/17
126003-37	Su	12 am-1 pm	8/29-10/17

Recreational Gymnastics for Girls

The Gymnastics staff teaches fundamental gymnastics for all Olympic events. Students progress at their own pace and are grouped according to age and ability.

No class: Mon., Sept. 6 & Sat., Sept. 18

Grade 1-2

R-\$64 / NR-\$80 7 weeks

126004-01	M	4-5 pm	8/23-10/11
126004-02	M	5-6 pm	8/23-10/11
126004-06	Sa	10-11 am	8/28-10/16
126004-07	Sa	11 am-12 pm	8/28-10/16

R-\$73 / NR-\$92 8 weeks

126004-03	W	4-5 pm	8/25-10/13
126004-04	W	5-6 pm	8/25-10/13
126004-05	F	4-5 pm	8/27-10/15
126004-08	Su	11 am-12 pm	8/29-10/17
126004-09	Su	12 am-1 pm	8/29-10/17

Grade 3-4

No class: Thurs., Sept. 9 & Sat., Sept. 18

R-\$64 / NR-\$80 7 weeks

126005-02	Th	4-5 pm	8/26-10/14
126005-04	Sa	11 am-12 pm	8/28-10/16
126005-05	Sa	12-1 pm	8/28-10/16

R-\$73 / NR-\$92 8 weeks

126005-01	Tu	4-5 pm	8/24-10/12
126005-03	F	5-6 pm	8/27-10/15
126005-06	Su	11 am-12 pm	8/29-10/17
126005-07	Su	12 am-1 pm	8/29-10/17

Grade 5-8

No class: Mon., Sept. 6 & Sat., Sept. 18

R-\$64 / NR-\$80 7 weeks

126006-01	M	5-6 pm	8/23-10/11
126006-03	Sa	12-1 pm	8/28-10/16

R-\$73 / NR-\$92 8 weeks

126006-02	W	5-6 pm	8/25-10/13
126006-04	Su	11 am-12 pm	8/29-10/17
126006-05	Su	12 am-1 pm	8/29-10/17

try out a
GYMNASTICS CLASS
today!

WHAT IS A GYMNASTICS CLASS?

IN ADDITION TO TRAINING ON VARIOUS PIECES OF EQUIPMENT, ALL CLASSES WILL INCLUDE:

- FLEXIBILITY AND STRETCHING EXERCISES
- A TUMBLING SEGMENT
- A TRAMPOLINE SEGMENT
- PIT TRAINING
- CONDITIONING EXERCISES

ALL CHILDREN ARE ENCOURAGED TO TRY EACH ACTIVITY AND TO PROGRESS AT THEIR OWN PACE.

Proper ATTIRE

For safety and comfort, participants are requested to dress in the following attire:

GIRLS: GYMNASTICS LEOTARD OR SHORTS, T-SHIRT, AND BARE FEET. NO TIGHTS WITH FEET.

BOYS: SHORTS OR SWEATPANTS, T-SHIRT, AND BARE FEET. NO BLUE JEANS.



JUMPIN' GYMNASTICS JAMBOREE!



FOR BIRTHDAYS OR
OTHER SPECIAL EVENTS, HOW ABOUT A
GYMNASTICS LESSON FOR YOUR GROUP?

The Wilmette Park District gymnastics staff will take a group of children ages 4 and up through a one-hour class which includes activities on bars, beams, rings and the ever-popular foam-filled pit. All activities are geared toward the ages and abilities of your children, so that everyone has a fantastic, safe time. In addition, a room is available for one hour following gymnastics for the party celebration. Call Jim Scully at 847/256-9695 for Gymnastic Birthday Party information. •••

G Y M N A S T I C S C L A S S E S

Advanced Gymnastics for Girls

These classes are for serious students who want to compete on a gymnastics squad. Workouts are run in the same manner as practice sessions for the Wilmette Park District's gymnastics team. Staff permission required.

No class: Thurs., Sept. 9

Age 8-14

R-\$64 / **NR**-\$80 7 weeks
126007-02 Th 5-6 pm 8/26-10/14

R-\$73 / **NR**-\$92 8 weeks
126007-01 Tu 5-6 pm 8/24-10/12
126007-03 F 5-6 pm 8/27-10/15

Recreational Gymnastics for Boys

The Gymnastics staff teaches fundamental gymnastics for all Olympic events. Students progress at their own pace and are grouped according to age and ability.

No class: Mon., Sept. 6

Grade 1-2

R-\$64 / **NR**-\$80 7 weeks
126008-01 M 4-5 pm 8/23-10/11

R-\$73 / **NR**-\$92 8 weeks
126008-02 W 4-5 pm 8/25-10/13
126008-04 F 4-5 pm 8/27-10/15

Grade 3-8

No class: Mon., Sept. 6

R-\$64 / **NR**-\$80 7 weeks
126009-01 M 5-6 pm 8/23-10/11

R-\$73 / **NR**-\$92 8 weeks
126009-03 W 5-6 pm 8/25-10/13
126009-04 F 5-6 pm 8/27-10/15

Team Gymnastics

The Wilmette Park District boasts one of the finest gymnastic team programs in the state, having produced many state- and national-level gymnasts over the years. The Wilmette Gymnastics Team competes in USA Gymnastics competitions across Illinois. Many top local high school gymnasts also train at Wilmette. *Call Coach Jim Scully at 847/256-9695 for more information.*

Age 8-18

Sept.-Oct.

426018-01	1 day	\$158
426018-02	2 days	\$237
426018-03	3 days	\$320
426018-04	Advanced	\$383

Special EVENTS

OUT OF TOWN GUESTS? GIRL SCOUT
OR CUB SCOUT ACTIVITIES? FAMILY
GATHERING? SCHOOL FIELD TRIP?

Call Jim Scully at 847/256-9695 to set up a gymnastics lesson or lessons for your group. Lessons are also available for ice skaters and cheerleaders. Ask about our party rooms.



ART :: YOUTH + ADULT

COMMUNITY
RECREATION
CENTER

at the

3000 GLENVIEW ROAD
847/256-9686

WORKSHOPS / SEASONAL PROGRAMS / PARENT & TOT CLASSES / YOUTH ART INSTRUCTION / ADULT ART INSTRUCTION



ART DEPARTMENT STAFF



CULTURAL ARTS SUPERVISOR:

Sarah Heston

E-mail: sheston@wilpark.org

Tel: 847/920-3927

Jan Borre, ART INSTRUCTOR, has her degree from the Art Institute of Chicago and has been teaching art classes at the Wilmette Park District for 15 years.

Kathleen Brej, ART INSTRUCTOR, has a degree from the American Academy of Art with an emphasis on drawing and design. She has worked as a graphic illustrator and has done extensive freelance work.

Michelle Brookfield, ART INSTRUCTOR, holds a degree in art and design from DePaul University. She worked for several years as a logo, packaging and design artist for several major corporations. Currently, Michelle teaches pre-school and youth art.

Laurie Panucci, CERAMICS INSTRUCTOR, has a M.A. in elementary education from DePaul University and has been teaching art locally for many years.

Katy Russell, KNITTING INSTRUCTOR, learned to knit and crochet as an elementary school student and has become a well-known expert in yarns and technical skills.

Judee Sims, ART INSTRUCTOR, has been teaching art and ceramics classes for the Wilmette Park District for many years.

Instructor Identification:

B-Borre; **B1**-Brej; **B2**-Brookfield; **P**-Panucci;
R-Russell; **S**-Sims

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SEASONAL
- art -
WORKSHOPS



LATE SUMMER cool! YOUTH DRAWING CLASSES

Junior Zoo Camp

Kids love to draw animals! Join us as we learn to draw a variety of animals found at our local zoo. We will draw giraffes, lions, tigers, birds and more. Our final day will result in one large scene of the zoo, divided into several habitats and incorporating the many animal friends we have learned to draw. Pencils, markers, Sharpies™ and color pencils will be used. Materials are provided. Instruction by Young Rembrandts.

Age 5-7

R-\$45 / **NR**-\$56 3 days
624005-08 M-W 9:15-10:45 am 8/9-8/11

Summer Art Camp

Children will learn three different media all in one camp. Day One will emphasize drawing skills while completing one large drawing. Day Two cartooning techniques will be tackled and Day Three pastel techniques will be taught as children complete a 12 x 18 inch masterpiece. No experience necessary. This step by step method ensures success for every child. New and experienced students welcome. Materials are provided. Instruction by Young Rembrandts.

Age 6-12

R-\$50 / **NR**-\$63 3 days
624005-02 M-W 11 am-12:30 pm 8/9-8/11

Cartooning Under The Sea Camp

What a great opportunity to draw original Young Rembrandts' fish characters! Our fish characters will consist of sharks, jelly fish, octopus and others. We will give our fish characters expressions and will pace them in fun, action scenes. On our final day, we will draw a large scene of the coral reef environment, inviting a great opportunity to use a variety of colors and textures. Our creative juices will flow as we develop new and fun characters! Pencils, markers and Sharpies™ will be used. Materials are provided. Instruction by Young Rembrandts.

Age 6-12

R-\$45 / **NR**-\$56 3 days
624005-07 M-W 1-2:15 pm 8/9-8/11

Junior Down On The Farm Camp

We will explore a farm and all the elements that are seen on a farm, including a barn and a tractor, among others. In addition, we will learn to draw a variety of animals that live and play on our farm. On the last day we will combine all the pieces we learned previously into one large farm scene—full of fun! We will use pencils, markers and color pencils to complete our drawings. Materials are provided. Instruction by Young Rembrandts.

Age 6-12

R-\$45 / **NR**-\$56 3 days
624005-09 M-W 9:15-10:45 am 8/16-8/18

Pastel Drawing Camp-Passport to Pastels

Join us for adventurous fun as we take our passport along to explore many "locations" this summer while experiencing a new medium—pastels. In our imaginations, we will travel to three different locales to inspire each day's art. Included are: a cityscape, the Swiss alps and a tropical scene full of color. Each day we will create one large drawing in pastel chalks. The results will be truly frame able. No experience necessary. Wear an old T-shirt or art smock on the last day. New and experienced students welcome. Materials are provided. Instruction by Young Rembrandts.

Age 6-12

R-\$55 / **NR**-\$69 3 days
624005-05 M-W 11 am-12:30 pm 8/16-8/18

African Safari Camp

The exciting land and many animals that inhabit Africa are our starting point. In three days we will draw a variety of animals in various scenes with different media. To keep things exciting, we will explore the African Safari through the fun technique of cartoon as well. We will even challenge our artistic talents by creating two large scenes—one in a graphic style filled with a variety of animals and another focusing on the twists and turns of a African snake completed with pastel chalks. Our exploration through Africa allows for a bounty of adventure and creativity. Materials are provided. Instruction by Young Rembrandts.

Age 6-12

R-\$50 / **NR**-\$63 3 days
624005-10 M-W 1-2:15 pm 8/16-8/18

YOUTH ART CLASSES

Parent & Tot Artisans

Introduce your child to the wonderful world of art. Instructors work with tots on a variety of projects as caregivers lend a helping hand. Children will use clay, paint, glue, tissue paper and a variety of other media. A maximum of two children may enroll with one adult. Children must be two years old by start of program. Fee is per child.

No class: Mon., Sept. 6, Thurs. Sept. 9 & Sat., Sept. 18

Age 2-5

R-\$63 / **NR**-\$79 7 weeks

124010-01 M 9:15-10 am 8/23-10/11•B
124010-02 M 10:15-11 am 8/23-10/11•B
124010-08 Th 10:30-11:15 am 8/26-10/14•B
124010-10 Sa 9:15-10 am 8/28-10/16•B1

R-\$72 / **NR**-\$90 8 weeks

124010-03 Tu 9:15-10 am 8/24-10/12•S
124010-04 Tu 10:15-11 am 8/24-10/12•S
124010-05 Tu 1-1:45 pm 8/24-10/12•S
124010-06 W 9:15-10 am 8/25-10/13•B
124010-07 W 10:15-11 am 8/25-10/13•S
124010-09 F 10:30-11:15 am 8/27-10/15•B

Parent/Youth Art

Remember how much fun parent and tot art was? Here's your chance to continue sharing the art experience with your child. Projects will involve clay, paint, wood, tissue paper and a variety of other media. A maximum of two children may enroll with one adult. Children must be in Kindergarten by the start of program.

Fee is per child.

Age 5-7

R-\$72 / **NR**-\$90 8 weeks

124031-01 Tu 3:45-4:30 pm 8/24-10/12•B1

Come Clay With Me

Basic ceramic hand building and glazing techniques will be taught to youngsters with their parent. Work side-by-side with your child as you both learn to work in this versatile medium. Fee is per child. A maximum of two children may enroll with each adult.

No class: Thurs, Sept. 9

Age 3-6

R-\$70 / **NR**-\$88 7 weeks

124011-01 Th 9:30-10:15 am 8/26-10/14•B

R-\$80 / **NR**-\$100 8 weeks

124011-02 F 9:30-10:15 am 8/27-10/15•B

Reminder:

PARENT-CHILD CLASSES ARE DESIGNED FOR YOU TO BE AN ACTIVE PARTICIPANT WITH YOUR CHILD. WE WOULD APPRECIATE THAT NO YOUNGER OR OLDER SIBLINGS ATTEND CLASS WITH YOU.

MORE GOOD STUFF NEXT PAGE ...



A MESSAGE TO PARENTS:

Age Requirements

For all programs, age requirements will be as of the date of the first class, unless otherwise specified. Please do not request to have your child put in a class he/she does not belong in. All age requirements are set to benefit the children and make instruction more consistent for the program leaders. In some instances, the requirements have been set for the child's safety.

Pirates & Princess Art

Dream of sailing the seven seas? Do you pretend to be a princess on high adventure? Do you love dinosaurs, cars, animals? Any subject you can imagine can be created in this class! Young artists learn to express themselves while exploring the foundations of art technique.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 3-4

R-\$63 / NR-\$79 7 weeks

124033-01 M 10:15-11 am 8/23-10/11•B2
124033-03 Sa 10:15-11 am 8/28-10/16•B1

R-\$72 / NR-\$90 8 weeks

124033-02 Tu 9:15-10 am 8/24-10/12•B1

Art for Me

Explore the creative world of art while learning the fundamentals of different artistic techniques. Classes will cover drawing, painting, pastels as well as creative innovations each artist brings to class. Come prepared to create and have fun!

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 4-6

R-\$63 / NR-\$79 7 weeks

124034-01 M 1-1:45 pm 8/23-10/11•B
124034-02 Th 3:45-4:30 pm 8/26-10/14•S

R-\$72 / NR-\$90 8 weeks

124034-03 F 9:15-10 am 8/27-10/15•S

Paint and Clayworks

Does your child love to play with paint and clay? Then give this class a try. Some weeks will be spent working on a variety of clay projects, while other classes will concentrate on painting techniques such as sponge and brush.

Age 4-6

R-\$72 / NR-\$90 8 weeks

124013-01 Tu 3:45-4:30 pm 8/24-10/12•S
124013-02 W 9:15-10 am 8/25-10/13•S

Gym 'N' Art

Youngsters spend 45 minutes in gymnastics and 45 minutes in art class making projects from clay, paint, paper and more. Children must be 4 years old by start of program.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 4-6

- ART FIRST -

R-\$116 / NR-\$145 7 weeks

124014-01 M 1-2:30 pm 8/23-10/11•S
124014-06 Th 10:15-11:45 am 8/26-10/14•S
124014-07 Th 1-2:30 pm 8/26-10/14•S

R-\$132 / NR-\$165 8 weeks

124014-02 Tu 10:15-11:45 am 8/24-10/12•B1
124014-03 Tu 2:15-3:45 pm 8/24-10/12•S
124014-04 W 10:15-11:45 am 8/25-10/13•B
124014-05 W 1-2:30 pm 8/25-10/13•S
124014-08 F 10:15-11:45 am 8/27-10/15•S
124014-09 F 1-2:30 pm 8/27-10/15•S

- GYM FIRST -

R-\$116 / NR-\$145 7 weeks

124014-10 M 10:15-11:45 am 8/23-10/11•B
124014-11 M 1-2:30 pm 8/23-10/11•S
124014-13 Th 10:15 am-11:45 pm 8/26-10/14•S
124014-14 Th 1-2:30 pm 8/26-10/14•S

R-\$132 / NR-\$165 8 weeks

124014-12 W 1-2:30 pm 8/25-10/13•S
124014-15 F 10:15-11:45 am 8/27-10/15•S
124014-16 F 1-2:30 pm 8/27-10/15•S

Dance & Art

Students spend 45 minutes in dance learning the fundamentals of class including positions, steps, levels, shapes and spacing, along with creative fun such as pretend and dress up. From there students will take a 45 minutes art class making projects from clay, paint, paper and more! Children must be 4 years old by start of program.

Age 4-6

R-\$132 / NR-\$165 8 weeks

124037-01 W 11 am-12:30 pm 8/25-10/13•M/S

Theater and Art

This class offers your child 45 minutes of creative theater and 45 minutes of art. During the first half of each class, a classic children's book will be read and acted by the children using props and costumes. During the second half of the class, children will create an art project related to the story of the day. Kathleen Brey is the instructor.

No class: Sept. 9

Age 4-6

R-\$116 / NR-\$145 7 weeks

124015-01 Th 10-11:30 am 8/26-10/14
124015-02 Th 12:30-2 pm 8/26-10/14

Literature & Art

Don't judge a book by its cover, create your own! Each session will be devoted to writing, illustrating and binding a book of your making!

Grade 2-5

R-\$80 / NR-\$100 8 weeks

124035-01 Tu 4:45-5:45 pm 8/24-10/12•B1

Art Excellence

For those with a love of art, this class is for you. Time will be spent on unique projects including paintings, paper crafts, ceramics and more. Art terms will also be taught.

No class: Thurs., Sept. 9 & Sat., Sept. 18

Grade 1-3

R-\$70 / NR-\$88 7 weeks

124017-03 Th 4:45-5:45 pm 8/26-10/14•S

R-\$80 / NR-\$100 8 weeks

124017-01 Tu 4:45-5:45 pm 8/24-10/12•S

Grade 2-5

R-\$70 / NR-\$88 7 weeks

124017-04 Sa 11:15 am-12:15pm 8/28-10/16•B1

Grade 4-6

R-\$80 / NR-\$100 8 weeks

124017-02 Tu 6:30- 7:30 pm 8/24-10/12•S

Figure Drawing

In this class, students will develop a foundation for good drawing by sketching the human form and using measurement. Techniques in black and white greyscale include, pencil, pen line, oil crayon and soft brush.

No class: Sept. 9

Grade 5-8

R-\$70 / NR-\$88 7 weeks

124036-01 Th 4:45-5:45 pm 8/26-10/14•B1

try out an
ART CLASS
today!



Medieval Lines

Express yourself by making medieval lines into treasures. Create a decorative alphabet letter in a geometric design and a medieval manuscript with an embellishing design. Make a small medieval castle, and draw garments worn by people in Medieval France in the late 8th-15th centuries. Kathleen Brej is the instructor.

No class: Sept. 9
R-\$74 / **NR**-\$93 7 weeks

Age 11-15
 124032-01 Th 3:45-4:45 pm 8/26-10/14

Age 16-18
 124032-02 Th 6-7 pm 8/26-10/14

Young Rembrandts

Let's get ready to draw amazing things together. Young Rembrandts' innovative, step-by-step drawing method can teach any child how to draw—regardless of artistic ability—giving them skills to express creativity that will last a lifetime. Children work in a positive, nurturing environment as they learn fundamental drawing techniques. All materials and brand new subject matter are provided each week, ranging from animals, landscapes, still lives, even art history. Instructed by staff from Young Rembrandts.

R-\$100 / **NR**-\$125 8 weeks

Age 4-6
 124019-01 W 3:45-4:30 pm 8/25-10/13

Age 6-11
 124019-02 W 4:45-5:30 pm 8/25-10/13

Cartooning

Learning to draw can be lots of fun especially when you are creating silly characters, funny expressions and sequences that tell jokes. This delightful program combines Young Rembrandts' innovative step-by-step drawing methods with light-hearted subject matters that engage children, their sense of humor and their vivid imaginations. Giggles guaranteed. All materials are provided. Instructed by Young Rembrandts. All new lessons in each session.

Age 6-11
R-\$100 / **NR**-\$125 8 weeks

124018-01 W 5:45-6:30 pm 8/25-10/13

World of Art

Let's be creative! This class is sure to bring beautiful and priceless works of art into your home, all created by your own personal artist! Each week we will work on a different masterpiece that gives us inspiration by the masters like Van Gogh, Cezanne & Matisse. Artists will work with different mediums so please wear an old T-shirt or smock to class each week. The results will be truly frameable!

No experience necessary.
Age 6-12
R-\$90 / **NR**-\$113 6 weeks

124041-01 Th 5-6:30 pm 9/23-10/28

WORKSHOP

Model Building Workshop

Parents and children will work together to build and decorate a model airplane. The first class will focus on construction and gluing the airplane. Enjoy decorating your creation in class two!

Fee is per child
Age 5-12
R-\$25 / **NR**-\$ 31 2 weeks

224042-01 Sa 10-10:45 am 10/23-10/30•B2

CERAMICS

Instructor stresses creative claywork using coils, slabs, clay sculpting and glazing techniques. Before enrolling in a continuing class, participants must have two sessions of beginning ceramics. These classes are taught by Judee Sims.

Age 6-9
R-\$80 / **NR**-\$100 8 weeks

Beginning
 124020-01 W 3:45-4:45 pm 8/25-10/13•S

Continuing
 124020-02 W 4:45-5:45 pm 8/25-10/13•S

On The Wheel

Here's an opportunity for beginning and continuing students to learn throwing on the potters' wheel. Students concentrate on centering and throwing various shapes including bowls, cups and vases.

Some hand building techniques will also be covered. Continuing students also learn techniques of pulling handles and trimming.

No class: Mon., Sept. 6 & Thurs., Sept. 9
Grade 4-8
R-\$112 / **NR**-\$140 7 weeks

124021-01 M 4:30-6 pm 8/23-10/11•F

124021-04 Th 4:30-6 pm 8/26-10/14•T

R-\$128 / **NR**-\$160 8 weeks

124021-02 Tu 5-6:30 pm 8/24-10/12•P

Grade 9-12
R-\$182 / **NR**-\$160 8 weeks

124021-03 W 6:15-7:45 pm 8/25-10/13•P

Adult Ceramics

This class is designed to introduce participants to techniques involved in hand building, throwing on the wheel and glazing a variety of clay forms. Clay, glaze and basic tools are provided. The instructor is Laura Panucci. Students must be 18 years or older.

Age 18 & up
R-\$192 / **NR**-\$240 8 weeks

124022-01 Tu 7-9:30 pm 8/24-10/12

124022-02 W 10 am-12:30 pm 8/25-10/13

Adult Ceramics: Open Studio

Feel like you need extra time in the studio? Do you have an urge to work on your pieces, but class isn't for another week? Here's your answer: sign up for open studio time! Registration for this program allows access to all of our open studio times; so come when you can, as often as you can! This is not an instructor-based class, although one will be on hand. This program is for adults who have been studying ceramics for at least a year. For more information, contact Sarah Heston at 847/920-3927.

No studio: Mon., Sept. 6 & Thurs., Sept. 9
Age 18 & up
R-\$192 / **NR**-\$240 8 weeks

124040-01 M 6:15-7:15 pm 8/23-10/11•F

W 12:30-1:30 pm 8/25-10/13•P

W 7:45-8:45 pm 8/25-10/13•P

Th 6:15-7:15 pm 8/26-10/14•T



BABYSITTING BY APPOINTMENT
at the
COMMUNITY RECREATION CENTER

\$6/hr. for Wilmette Residents
 \$7/hr. for Non-Residents
 Reservations: 847/256-9633

ADULT

ART CLASSES

Parent Artisan

Did you love parent and tot art? Do you miss the class, the projects and the fun? Here's your chance to participate again, all on your own! Spend 45 minutes with Michelle (a mom and art instructor) expressing yourself through art in a fun and welcoming atmosphere.

No class: Mon., Sept. 6

Age 18 & up

R-\$63 / **NR**-\$79 7 weeks
124039-01 M 11-11:45 am 8/23-10/11

Knitting and Crochet

In this Wilmette Park District class, students learn the basics of knitting or crocheting (stitches, following patterns) while completing at least one project. Beginning knitters can expect to knit a vest or sweater and should bring 5 mm needles and light color medium weight (4) yarn to class. Crocheters should bring a 4 mm or G crochet hook and light color medium weight (4) yarn to class or a project in progress. Intermediate-level knitters will finish a current project or choose a new challenge. Advanced-level knitters will design their own sweater or create one with interesting and difficult patterns. The instructor is Katy Russell.

No class: Thurs., Sept. 9 & 1 week TBD

Age 18 & up

R-\$66 / **NR**-\$83 6 weeks
124023-05 Th 9-11 am 8/26-10/14

R-\$77 / **NR**-\$96 7 weeks

124023-01 Tu 1-3 pm 8/24-10/12
124023-02 Tu 7:30-9:30 pm 8/24-10/12
124023-03 W 1-3 pm 8/25-10/13
124023-04 W 7:30-9:30 pm 8/25-10/13

Senior Watercolor

Each person has artistic ability: find yours in this class! Learn the techniques and creativity involved in watercolor under the skilled direction of Louise Schwartz. This class was formerly offered at the Mallinckrodt/Meskill Center.

Age 65 & up

R-\$80 / **NR**-\$100 8 weeks
124038-01 Tu 11 am-12:30 pm 8/24-10/12

NEW TRIER EXTENSION ART COURSES

The following Art Classes are offered by New Trier Extension (NTX) and are taught by NTX instructors. All classes are held at the Community Recreation Center. There is a 20% Senior Citizens discount for those 65 years of age and older. For more information call 847/446-6600.

NOTE: CLASSES ARE APPROPRIATE FOR ANYONE HIGH SCHOOL AGE OR OLDER. MATERIAL LISTS WILL BE SENT PRIOR TO THE START OF ALL CLASSES. PLEASE CONSULT WITH THE INSTRUCTOR REGARDING MISSED/MAKE UP CLASSES.

Beginning/Intermediate Drawing

This course is for anyone interested in learning how to draw as well as those who would like to improve their drawing abilities. The fall term for the new or continuing student will include learning to draw the face. We will use photos as our sources and study the face in its variety using pencil and colored pencils. This class is taught by Tom James. Class limit is 15.

No class: Nov. 25

Adult

R/NR-\$260 • **SENIORS**-\$208 13 weeks
103-130 Th 10 am-noon 9/16-12/16

Drawing Studio

For the new or continuing student. The fall term will begin with drawing the face from photo sources. The second part of the term will focus on drawing the figure/face using clothed models as our source. We will use a variety of mediums including colored pencil, pastels, oil pastels and ink washes. There will be an additional modeling fee for each class, payable to the instructor in class (about \$5 per class). This class is taught by Tom James. Class limit is 15.

Adult

R/NR-\$280 • **SENIORS**-\$224 14 weeks
103-132 M 7-9 pm 9/13-12/13

Creative Drawing

These drawing classes are hands-on creativity sessions, focusing on using the imagination more than learning techniques. The fall sessions will involve using the narrative in illustrations, in a variety of assignments, using a variety of mediums including collage, watercolor washes and mixed media. This class is taught by Tom James.

Class limit is 15.

Adult

R/NR-\$280 • **SENIORS**-\$224 14 weeks
103-134 M 10 am-noon 9/13-12/13

Beginning Painting

Come learn the basic techniques of oil or acrylic painting in a structured manner. In the first class you will learn about the nature of the materials: paints, brushes and canvas. You will learn to grid the photo source, use different brush techniques, and more. The class will include painting demonstrations by the instructor and discussion of painting techniques. The class will be structured around everyone working from the same source material chosen by the instructor. The Wednesday

class is also appropriate as a continuing studio course for the intermediate/advanced student who wants to work independently. This class is taught by Tom James. Class limit is 12.

No class: Nov. 24-25

Adult

R/NR-\$260 • **SENIORS**-\$208 13 weeks
103-140 W 7-9 pm 9/15-12/15
103-142 Th 12:30-2:30 pm 9/16-12/16

Painting: Intermediate/Advanced Studios

These studio class sections are for students who have experience in painting. Emphasis will be on personal expression and style, be it representational, expressionistic, impressionistic, mixed media or anything else. In these studio classes the teacher will provide individual attention to further each student's abilities. These classes will also include discussions of art history, contemporary art and class demonstrations of painting techniques. This class is taught by Tom James.

Class limit is 12.

No class: Thurs., Nov. 25 & Fri., Nov. 26

Adult

R/NR-\$280 • **SENIORS**-\$224 14 weeks
103-146 M 12:30-2:30 pm 9/13-12/13
103-148 Tu 10 am-noon 9/14-12/14
103-150 Tu 7-9 pm 9/14-12/14
103-152 W 10 am-noon 9/15-12/15
103-154 W 12:30-2:30 pm 9/15-12/15

R/NR-\$260 • **SENIORS**-\$208 13 weeks

103-156 Th 7-9 pm 9/16-12/16
103-158 F 10 am-noon 9/17-12/17
(Instructor permission required for new students.)

Experimental Painting

This is an acrylic painting class. We will use a variety of acrylic-based paints, additives, gels and interference colors on canvas. The work will be experimental in nature, using brushes, palette knives, scrapers, collage, etc. The class will be given a basic assignment and then interpret it individually. There will be a small fee for materials payable to the instructor in class. This class is taught by Tom James. Class limit is 12.

Adult

R/NR-\$280 • **SENIORS**-\$224 14 weeks
103-160 Tu 12:30-2:30 pm 9/14-12/14

Intermediate/Advanced Watercolor

For those with some level of experience with watercolor, this class is designed to strengthen each student's ability to pursue his/her own artistic direction. Class time will be devoted to individual painting and coaching. Emphasis will be on designing a painting (structure, value and color), along with painting expressively and saying what you want in your work. This class is taught by Bill Dougherty. Class limit is 15.

Adult

R/NR-\$250 • **SENIORS**-\$200 10 weeks
103-176 W 9:30 am-noon 9/15-11/17

WILMETTE

CENTER FOR DANCE

at the

COMMUNITY RECREATION CENTER

3000 GLENVIEW ROAD
847/256-9686

WORKSHOPS / SEASONAL PROGRAMS / DANCE ENSEMBLES / SPRING DANCE RECITAL
INSTRUCTION FOR AGES 3 THROUGH ADULT



WILMETTE CENTER FOR DANCE STAFF



CULTURAL ARTS SUPERVISOR:

Sarah Heston

E-mail: sheston@wilpark.org

Tel: 847/920-3927

Katie Byrd, HIP HOP, JAZZ, DANCERISE, BALLET, received her training from Joel Hall Dance Center and Le Ballet Petit School of Dance and was captain of her school's dance team, Orchesis. She has performed with numerous dance companies throughout the Chicago area.

Sarah Heston, JAZZ, MODERN, received her B.A. in modern dance and choreography from Simon's Rock College and is a certified yoga instructor through the Temple of Kriya Yoga. Sarah is also the artistic director for the Luna Troop.

Pamela Sue Fox, BALLET AND TAP, has been working in the Chicago area as a choreographer, actress and cabaret artist for several years. She also teaches voice lessons at the Wilmette Park District. Fox received her formal training at the University of Kentucky and the Cincinnati Conservatory of Music. She continues her study at Joel Hall.

Wendy Meyer-Gonzalez, PRE-BALLET, BALLET, PRINCESS BALLET, received her B.F.A. from Wright State University and a Master's from Columbia College in Dance/Movement Therapy. She has also worked with numerous professional dance companies.

Sarah Kellar, PRE-BALLET, BALLET, PRINCESS BALLET, received her training from Le Ballet Petit School of Dance, Ruth Page Center for the Arts, and Betsy Herskind School of Ballet. Sarah is a graduate from North Park University.

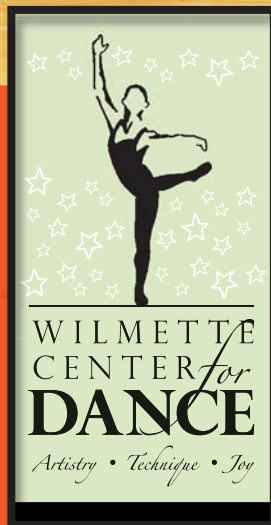
Kirsten Markham, PRE-BALLET, PRINCESS BALLET, BALLET/TAP, CONTEMPORARY DANCE, received her training at Gus Giordano and also has a degree in Early Childhood Education. She is a choreographer and has performed in many local theaters.

Maria Politis, PRINCESS BALLET, PRE-BALLET, has been dancing her whole life. She has studied at Columbia College Chicago, Joel Hall Dance Center and Le Ballet Petit School of Dance.

★ OUR PHILOSOPHY is to TEACH the ARTISTRY and PROPER TECHNIQUE of DANCE to ALL STUDENTS.

REQUIRED DANCE ATTIRE

STUDENTS MUST WEAR the following appropriate dance wear so instructors may properly observe and teach muscular movement. **PLEASE NOTE:** a lack of proper class attire may result in the inability for a student to participate in class. **GIRLS' PRINCESS BALLET AND PRE-BALLET:** Any color leotard, ballet pink tights, pink ballet shoes. Hair must be up and off the neck. **BALLET:** Black leotard, ballet pink or white tights, pink ballet shoes, and hair in bun. No skirts or tutus will be allowed. **YOUTH, TEEN & ADULT TAP:** Solid colored dancewear and tights and/or shorts or jazz pants; black tap shoes. Patent leather tap shoes are acceptable for Pre-Tap through Beginner Levels I-III. Oxford/ Jazz tap shoes with hard steel toe and full sole (no split sole) are required for intermediate levels and above. No jeans, hair off neck. **GIRLS JAZZ & HIP HOP:** Solid colored leotard and tights or stretch jazz pants (instructor must be able to see ankles), black jazz shoes or dance sneakers. Hair must be up and off the neck, no jeans. **BOYS' ALL DANCE CLASSES:** Comfortable pants or tights, white shirt and dance shoes (black ballet shoes for Pre-Ballet and Ballet; black jazz or black ballet shoes for Jazz; black tap shoes for Tap). No jeans. **PLEASE NOTE:** Sweat pants and street clothes should not be worn in class. There are cubbies in each dance room for students to store their change of clothes. • • •



Instructors are noted by the first initial of their last name:

B-Byrd; **F**-Fox; **G**-Gonzalez; **H**-Heston; **K**-Kellar; **M**-Markham; **P**-Politis and **X**-Staff, following class day and time.



A MESSAGE TO PARENTS:

Age, Attire and Attendance

For all programs, age requirements will be as of the date of the first class. Please do not request to have your child put in a class he/she does not belong in. Girls must wear their hair off neck for ALL CLASSES. If dancers are not properly dressed for class or come 15 minutes late, they will be asked to observe class and not participate. Warm-up exercises are a very important part of class. All requirements are set to benefit the children and make instruction more consistent for the program leaders. In some instances, the requirements have been set for the child's safety. . . .



Angelina Ballerina Dance Party

Dress in your dance attire and join Miss Wendy for a ballerina adventure. We will read the story of Angelina Ballerina and then act it out through dance. Props and costumes will be provided.

A light snack will also be served.

Age 4-6

R-\$21 / **NR**-\$28 1 day
123025-01 Sa 2-3:30 pm 10/2•G

Tiny Ballet

This class is a starting point for young children who are eager to begin Ballet. Young dancers will learn basic steps and expression through creative movement. Ballet shoes and comfortable clothes are required.

No class: Sept. 6

Age 2-3

R-\$63 / **NR**-\$79 7 weeks
123032-01 M 9:45-10:30 am 8/23-10/11•B

Princess Ballet

The stories of our favorite princesses will be the starting point as young dancers learn to express themselves while learning the basic principles of dance. We'll dress up to play our parts and use props to make the experience complete. Princes are needed too! Not a recital class.

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

Age 3-4

R-\$63 / **NR**-\$79 7 weeks
123001-01 M 9:45-10:30 am 8/23-10/11•M
123001-05 Th 9:30-10:15 am 8/26-10/14•G
123001-08 Sa 10-10:45 am 8/28-10/16•M

R-\$72 / **NR**-\$90 8 weeks

123001-02 Tu 9:15-10 am 8/24-10/12•B
123001-03 Tu 1-1:45 pm 8/24-10/12•G
123001-04 W 3-3:45 pm 8/25-10/13•B
123001-06 F 9:30-10:15 am 8/27-10/15•G
123001-07 F 1-1:45 pm 8/27-10/15•G

Pre-Ballet

This program begins the fundamentals of dance. Large motor skills, coordination, rhythm, spatial awareness, introductory positions, steps and dance vocabulary will be taught to young dancers.

Teachers stress fun in learning this graceful art form. Ballet attire and shoes are required.

No class: Mon., Sept. 6, Thurs., Sept. 9 &

Sat., Sept. 18

Age 4-6

R-\$63 / **NR**-\$79 7 weeks
123002-01 M 10:30-11:15 am 8/23-10/11•M
123002-04 Th 11:15 am-12 pm 8/26-10/14•G
123002-05 Th 2-2:45 pm 8/26-10/14•G
123002-08 Sa 8:30-9:15 am 8/28-10/16•K

R-\$72 / **NR**-\$90 8 weeks

123002-02 Tu 2-2:45 pm 8/24-10/12•G
123002-03 W 9:15-10 am 8/25-10/13•B
123002-06 F 9:15-10 am 8/27-10/15•B
123002-07 F 1:45-2:30 pm 8/27-10/15•G

BALLET

The most graceful of art forms, ballet provides a basis for all other dance. As a beginning dancer, students will learn proper ballet technique, etiquette and vocabulary. As students advance through our program, they will build on this foundation. Through barre exercises, students will increase body control and strength. Using across the floor combinations, students will develop fluidity of movement and mastery of more advanced choreography. Ballet attire and shoes are required. Intermediate classes require instructor's permission.

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

KinderBallet I: For dancers with little or no Ballet experience.

Age 5-6

R-\$72 / **NR**-\$90 8 weeks
123101-01 Tu 3:45-4:30 pm 8/24-10/12•G

R-\$63 / **NR**-\$79 7 weeks

123101-02 Th 9:15-10 am 8/26-10/14•B

KinderBallet II: For dancers with one full year of Pre-Ballet.

Age 5-6

R-\$63 / **NR**-\$79 7 weeks
123102-01 Th 1-2 pm 8/26-10/14•G
123102-03 Sa 9:15-10 am 8/28-10/16•K

R-\$72 / **NR**-\$90 8 weeks

123102-02 F 10:30-11:30 am 8/27-10/15•G

Ballet I: For dancers with little or no dance or 1 year Kindergarten Ballet I.

Grade 1-3

R-\$72 / **NR**-\$90 8 weeks
123105-01 F 4-5 pm 8/27-10/15•B

Grade 4-8: For older beginning Ballet students.

R-\$63 / **NR**-\$79 7 weeks
123105-02 Th 6-7 pm 8/26-10/14•B

Ballet II: For dancers with one full year of Ballet I or Kindergarten Ballet II.

Grade 1-3

R-\$63 / **NR**-\$79 7 weeks
123106-02 Sa 11am-noon 8/28-10/16•K

R-\$72 / **NR**-\$90 8 weeks

123106-01 Tu 4:30-5:30 pm 8/24-10/12•G

Ballet II A: Continuing Ballet for older students, instructor recommended.

Grade 5-10

R-\$63 / **NR**-\$79 7 weeks
123106-03 Sa 2-3 pm 8/28-10/16•B

Ballet III A: For dancers with two full years of Ballet. This is a two-year syllabus.

Grade 2-4

R-\$72 / **NR**-\$90 7 weeks
123107-01 Tu 5:45-6:45 pm 8/24-10/12•G

Ballet III B: For dancers in their second year Ballet III.

Grade 3-5

R-\$72 / **NR**-\$90 8 weeks
123107-02 Tu 6:45-8 pm 8/24-10/12•G

Ballet Intermediate I: For dancers with 4-5 years of Ballet.

Grade 4-8

R-\$95 / **NR**-\$118 7 weeks
123110-01 M 4:30-6 pm 8/23-10/11•F

Ballet Intermediate II: For dancers with 4-5 years of Ballet, instructor consent required.

Grade 4-9

R-\$95 / **NR**-\$118 7 weeks
123110-02 Sa 2:30-4:00 pm 8/28-10/16•F

★ SEE PAGE 37 for Preschool Dance Through Exploration in Theater class!



Ballet Intermediate III/Advanced I: For dancers with 5-6 years of Ballet. Instructor consent required.

Grade 5-10
R-\$95 / **NR**-\$118 7 weeks
 123110-03 Sa 12-1:30 pm 8/28-10/16•F

Ballet Advanced II: For dancers with 7 or more years of Ballet. Instructor consent required.

Grade 6-12
R-\$95 / **NR**-\$118 7 weeks
 123110-04 Sa 10:30 am-Noon 8/28-10/16•F

Ballet Technique: For intermediate/advanced dancers wishing to refine their technique or take a second class during the week. This is not a recital class.

Grade 4-12
R-\$108 / **NR**-\$135 8 weeks
 123112-01 Tu 6:30-8 pm 8/24-10/12•F

Pointe

This class is for advanced ballet students ready to take their training to the next level. The focus of this class is conditioning and strength training, preparing the body for Pointe work. Students will advance into Pointe shoes as strength develops. Admission to class is by invitation only. Students must also be attending ballet classes.

Age 13-18
R-\$63 / **NR**-\$79 7 weeks

Pre-Pointe
 123019-01 Th 7-8 pm 8/26-10/14•B

Pointe
 123019-02 Th 8-9 pm 8/26-10/14•B

JAZZ

Jazz was developed and takes its' foundation from classical ballet. This contemporary style of dance continues to evolve with popular culture. It is fast paced, high energy, and has an emphasis on individual technique. As a beginning dancer, fundamentals are taught. In advancing classes, precision in movement and building core strength will be refined, all the while emphasizing creativity and having fun.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Pre-Jazz

Age 4-5
R-\$63 / **NR**-\$79 7 weeks
 123004-02 Th 10:30-11:15 am 8/26-10/14•G

Age 4-5
R-\$72 / **NR**-\$90 8 weeks
 123004-01 W 11:30 am-12:15 pm 8/25-10/13•B

Beginning Jazz: For dancers with little or no jazz.

Grade 1
R-\$63 / **NR**-\$79 7 weeks
 123004-03 Th 4-5 pm 8/26-10/14•B

Jazz I: For dancers finishing Beginning Jazz or for new Jazzerinas.

Grade 2-4
R-\$63 / **NR**-\$79 7 weeks
 123004-04 Th 5-6 pm 8/26-10/14•B

Jazz II: For dancers with 1 full year of Jazz or the older beginner ready to move at a faster pace.

Grade 3-10
R-\$63 / **NR**-\$79 7 weeks
 123004-05 M 4-5 pm 8/23-10/11•P

Jazz II/III: A faster moving class for dancers with 1-2 years of Jazz.

Grade 3-6
R-\$72 / **NR**-\$90 8 weeks
 123004-06 F 6-7 pm 8/27-10/15•B

Jazz IV: For dancers with 3 full years of Jazz, instructor recommended.

Grade 4-7
R-\$72 / **NR**-\$90 8 weeks
 123004-07 F 7-8 pm 8/27-10/15•B

Jazz Precision I: For dancers with 4-5 years of Jazz, instructor approval required.

Grade 5-12
R-\$72 / **NR**-\$90 8 weeks
 123004-08 W 5:15-6:15 pm 8/25-10/13•H

Jazz Precision II: For dancers with 5+ years of Jazz, instructor approval required.

Grade 5-12
R-\$72 / **NR**-\$90 8 weeks
 123004-09 W 6:15-7:15 pm 8/25-10/13•H

Turns and Leaps

This class is designed for the advanced dancer who is ready to further their skills. The focus of this class is conditioning, strengthening and the technique behind many competition-style turns and leaps. Students must be in Ballet Intermediate I-Advanced Ballet or Jazz IV-Precision II. This is not a recital class.

No class: Sept. 18

Age 9-18
R-\$63 / **NR**-\$79 7 weeks
 123033-01 Sa 3-4 pm 8/28-10/16•B

TAP

Come tap dance with the largest tap program on the North Shore! Tap dancing is a joyful, rhythmic style that emphasizes making music with your feet. Dancers begin learning basic moves in an encouraging environment. As dancers progress through the program, more intricate rhythms, steps and further musical education are introduced. Tap shoes and jazz pants are required. Hair must be off the neck.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Pre-Tap: Little or no tap

Age 4-6
R-\$63 / **NR**-\$79 7 weeks
 123006-01 M 11:15 am-12 pm 8/23-10/11•M

R-\$72 / **NR**-\$90 8 weeks
 123006-02 Tu 10:30-11:15 am 8/24-10/12•F
 123006-03 Tu 2-2:45 pm 8/24-10/12•F
 123006-04 F 2-2:45 pm 8/27-10/15•F

Tap I: Little or no tap.

Grade 1-3
R-\$72 / **NR**-\$90 8 weeks
 123006-05 Tu 4-4:45 pm 8/24-10/12•F

Grade 4-8
R-\$72 / **NR**-\$90 8 weeks
 123006-06 F 4:45-5:30 pm 8/27-10/15•F

Tap II: At least 1 full year of tap.

Grade 2-4
R-\$72 / **NR**-\$90 8 weeks
 123006-07 Tu 4:45-5:30 pm 8/24-10/12•F

WILMETTE DANCE FORCE
Auditions MON., AUG. 30 at 6:30 pm



Dancers in Grades 5 and up are invited to audition for the Wilmette Dance Force. This group will perform throughout the school year in all genres of dance from hip hop and tap to modern, lyrical, ballet, musical theater and jazz. Rehearsals will be on Monday evenings and Saturday afternoons, but not all dancers will be needed at every rehearsal. Included in the Dance Force fee is a required ballet class; students will be placed in ballet class according to their technical level. Students are highly encouraged to participate in other technique classes during the week. Please speak with Sarah Heston at 847/920-3927 or sheston@wilpark.org about registration for classes.

Auditions will be held in Room 118 of the Community Recreation Center, 3000 Glenview Rd. Dancers should come in dance attire with hair up. Bring ballet, jazz and tap shoes if you have them. For more information on auditions, or general questions about the Dance Force, please contact Pamela Sue Fox at 847/256-9632. •••



HIP HOP

Fun, energetic and expressive, Hip Hop blends the styles of funk and modern jazz dance in a form that can only be described as creative freestyle with an attitude. Warm-ups include isometrics, flexibility and abdominal control. Shorts, T-shirts, jazz shoes or dance sneakers. No jeans please.

No class: Mon., Sept. 6

Pre-Hip Hop: *For the younger dancer who loves to groove!*

Age 4-6
R-\$63 / **NR**-\$79 7 weeks
 123007-01 M 1-1:45 pm 8/23-10/11•M

Hip Hop I: *For students with no prior Hip Hop.*

Grade 3-6
R-\$72 / **NR**-\$90 8 weeks
 123007-03 W 4-5 pm 8/25-10/13•B

Grade 7-12
R-\$63 / **NR**-\$79 8 weeks
 123007-02 M 5-6 pm 8/23-10/11•P

Hip Hop II A: *For students with one full year of Hip Hop, instructor recommended.*

Grade 5-8
R-\$72 / **NR**-\$90 8 weeks
 123007-04 F 5-6 pm 8/27-10/15•B

Hip Hop II B: *For students with one full year of Hip Hop, instructor recommended.*

Grade 5-8
R-\$72 / **NR**-\$90 8 weeks
 123007-05 W 5-6 pm 8/25-10/13•B

Hip Hop III: *For students with two full years of Hip Hop, instructor recommended.*

Grade 6-9
R-\$72 / **NR**-\$90 8 weeks
 123007-06 W 6:30-7:30 pm 8/25-10/13

Hip Hop IV: *For students with 3 full years of Hip Hop, instructor consent required.*

Grade 7-12
R-\$72 / **NR**-\$90 8 weeks
 123007-07 W 7:30-8:30 pm 8/25-10/13•B

MODERN

This blending of modern techniques from the contractions of Graham to the releases of Alis is designed to give dancers strength, flexibility and a sense of center. Class includes warm-ups, floor work, adage, jumps and allegros. Leotards and leggings or footless tights are required. Socks are acceptable for sections of class, but no shoes are necessary. This class is appropriate for both new and continuing students.

Grade 5-12
R-\$72 / **NR**-\$90 8 weeks
 123022-01 W 7:15-8:15 pm 8/25-10/13•H

Musical Theatre [NEW!]

Love to play different characters? This new class will focus on dance genres from famous musicals, with emphasis on character expression. Jazz progressions across the floor, technique, and flexibility will be covered, as well individual character analysis and musical theatre storylines.

No class: Sept. 6
Grade 7-12
R-\$63 / **NR**-\$79 7 weeks
 123037-01 M 3:30-4:30 pm 8/23-10/11•F

Private Dance Lessons

Private and Semi-Private Lessons in tap and ballet are available. The fee is per lesson.

Age 7-18
30 minute classes
R-\$25 / **NR**-\$25 8 weeks
 M-Su 8 am-10 pm 8/23-10/17

45 minute classes
R-\$40 / **NR**-\$40 8 weeks
 M-Su 8 am-10 pm 8/23-10/17

*try out a
DANCE CLASS
today!*

Tap III: *At least 2 full years of tap.*
Grade 3-5
R-\$72 / **NR**-\$90 8 weeks
 123006-08 F 4-4:45 pm 8/27-10/15•F

Intermediate Tap I: *At least 3 full years of tap.*
Grade 4-6
R-\$63 / **NR**-\$79 7 weeks
 123006-09 Th 4:00-5:00 pm 8/26-10/14•F

Intermediate Tap II: *At least 4 full years of tap.*
Grade 5-7
R-\$72 / **NR**-\$90 8 weeks
 123006-10 F 5:30-6:30 pm 8/27-10/15•F

Intermediate Tap III: *Instructor consent required.*
Grade 6-8
R-\$72 / **NR**-\$90 8 weeks
 123006-11 Tu 5:30-6:30 pm 8/24-10/12•F

Advanced Tap I: *Instructor consent required.*
Grade 6-8
R-\$63 / **NR**-\$79 7 weeks
 123006-12 Th 5-6 pm 8/26-10/14•F

Advanced Tap II: *Instructor consent required.*
Grade 6-8
R-\$63 / **NR**-\$79 7 weeks
 123006-13 Th 6-7 pm 8/26-10/14•F

Advanced Tap III: *Instructor consent required.*
Grade 7-9
R-\$63 / **NR**-\$79 7 weeks
 123006-14 Th 7-8 pm 8/26-10/14•F

Pre-Pro Tap: *Instructor consent required.*
Grade 8-12
R-\$72 / **NR**-\$90 8 weeks
 123006-15 Tu 8-9 pm 8/24-10/12•F

★ **JUNIOR DANCE ENSEMBLE**
 PARENT MEETING: SAT., AUG. 28 at 9 am



The Wilmette Center for Dance is pleased to introduce our new Jr. Dance Ensemble open to students in Grades 1-4, beginning with the Fall 2010 school year. The junior dance team is open to students who have participated in classes at the Dance Center for at least one full year. Involvement will include two weekly 45 minute rehearsals (not all dancers will be required at every rehearsal) and participation in a weekly dance class of the student's choice.

Junior Dance Ensemble will be under the direction of Wendy Gonzalez and will involve choreography from the Wilmette Dance Center's instructors. Rehearsals are held Saturday mornings from 9-10:30 a.m. and Sunday afternoons from 1-3 p.m. The Ensemble will culminate with a group performance on Fri., Dec. 17. As the performance approaches dancers will need to be available for full cast rehearsals. Registration will be in person at the parent meeting, Sat., Aug. 28, at 9 a.m. in Room 118. Call Sarah Heston at 847/920-3927 for more information. . . .



LOOKS LIKE FUN!

ADULT DANCE CLASSES

Mommycize

A 45 minute workout perfectly timed with pre-ballet, right across the hall, so parent and child can dance at the same time! This class will be a fun workout fused with dance, core strength and stretching! It is for dancers of all training levels or movers with no prior experience. Dance shoes and comfortable clothes are needed.

No class: Sept. 6

Age 18 & up

R-\$63 / NR-\$79 7 weeks

123035-01 M 10:30-11:15 am 8/23-10/11•B

Dancer-cise

An exciting class that fuses a jazz warm up with a ballet barre to get the blood circulating and the lungs expanded. Combinations that pull from all styles: classical ballet, salsa, hip hop and more to provide the cardio aspect of class. We will focus on core strength through a series of abdominals and Pilates work on the mat. Cool down with yoga and a reverence. This class is for dancers of all levels of training or no prior experience. You can't help but have a great time in our comfortable and accepting atmosphere. Workout clothing, dance shoes or inside only gym shoes and a great attitude are a must!

Age 18 & up

R-\$84 / NR-\$105 8 weeks

123009-01 W 10:15-11:15 am 8/25-10/13•B

123009-02 F 10:15-11:15 am 8/27-10/15•B

Adult Dance

This is an exciting class that welcomes adults to the world of dance; focusing on the styles of ballet and jazz. A perfect class for beginners or returning dancers wanting to reconnect. Ballet and/or jazz shoes, workout clothes and a great attitude are required.

No class: Sept. 18

Age 18 & up

R-\$74 / NR-\$93 7 weeks

123036-01 Sa 4-5 pm 8/28-10/16•B

Adult Tap

Come tap in an exciting and welcoming environment! As students progress through the syllabus, emphasis on musicality and more intricate rhythms are introduced. Beginning Tap is good for the student wanting to try something new. Continuing tap is for the more experienced dancer wanting to take a well-paced class. Tap shoes, comfortable clothes and a great attitude are required. Pamela Sue Fox is the instructor.

No class: Thurs., Sept. 9

Age 18 & up

Beginning *Little or no Tap*

R-\$72 / NR-\$90 8 weeks

123012-01 F 1-1:45 pm 8/27-10/15

Continuing *At least 1 full year of Tap*

R-\$63 / NR-\$79 7 weeks

123012-02 Th 1:30-2:15 pm 8/26-10/14

Adult Ballet

This basic/intermediate class will cover the fundamentals of ballet—from basic positions to combinations—in a comfortable atmosphere. This is good for the student wanting to try something new, or the dancer wanting to take a well-paced class. Ballet shoes, workout clothes and a great attitude are required.

No class: Sept. 9

Age 18 & up

R-\$74 / NR-\$93 7 weeks

123024-01 Th 10:15-11:15 am 8/26-10/14•B

Adult Jazz

Get your groove on in jazz! This is a basic/intermediate class that will cover the fundamentals of jazz in a comfortable atmosphere. Everything from basic positions to combinations will be covered. This is good for the student wanting to try something new, or the dancer wanting to take a well-paced class. Ballet or Jazz shoes, workout clothes and a great attitude are required.

Age 18 & up

R-\$84 / NR-\$105 8 weeks

123034-01 Tu 10:15-11:15 am 8/24-10/12•B

Belly Dancing

Join us to learn one of the oldest dance forms in the world. Anyone can learn to belly dance, no previous experience is necessary, and all levels are welcome. Have fun learning belly dance moves and a cabaret style choreography, while developing muscle tone, boosting confidence, and getting a great cardiovascular workout. Come discover a different side of yourself with instructor Aziza. Level I (Beginner/Technique): Learn Belly Dance movements and put them together in combinations or a short choreography. Level II (Intermediate/Choreography): Familiarity with Belly Dance moves is necessary. *Instructor approval required.*

Age 18 & up

R-\$96 / NR-\$120 8 weeks

Level I

123027-01 Tu 7:45-8:45 pm 8/24-10/12

Level II

123027-02 Tu 6:30-7:30 pm 8/24-10/12

Salsa & Latin Dance

Learn the basics of the three most popular and energizing Latin dances—Salsa, Merengue and Cha-Cha. Students will learn several combinations as well as how to create patterns in each dance. Fee is per participant. Partners are required. The instructor is Yahna Awazu.

No class: Sept. 9

Age 18 & up

R-\$74 / NR-\$93 7 weeks

123010-01 Th 8:30-9:30 pm 8/26-10/14

Ballroom Dance

Beginners will build self confidence on the dance floor by learning the basic techniques of ballroom etiquette, waltz, fox trot and rhumba. Other dances will be introduced. Fee is per participant. Partners are required. The instructor is Yahna Awazu.

No class: Sept. 9

Age 18 & up

R-\$74 / NR-\$93 7 weeks

123011-01 Th 7:30-8:30 pm 8/26-10/14

PERFORMING ARTS

at the

COMMUNITY
RECREATION
CENTER

3000 GLENVIEW ROAD
847/256-9686

ACTING INSTRUCTION / MUSIC INSTRUCTION / STRING CHAMBER ORCHESTRA / SPECIAL EVENTS
WILMETTE CHILDREN'S THEATRE / NORTH SHORE THEATER OF WILMETTE

High flyin' fun at *Thoroughly Modern Millie* — The North Shore Theater of Wilmette's Spring 2010 musical.



PERFORMING ARTS

STAFF



PERFORMING ARTS SUPERVISOR:

Bob Bierie

E-mail: robertbierie@wilpark.org

Tel: 847/256-9694

Wendy Avon has been teaching the performing arts to children for more than 15 years. She is a graduate of Columbia College, where she studied theater and dance. Wendy has acted in many recent theatrical productions in Chicago. She has also performed in professional films and commercials, and brings enthusiasm and a variety of creative skills to her teaching.

Pamela Sue Fox has been working in the Chicago area as a choreographer, actress and cabaret artist for several years. She has choreographed at the Apollo Theater and Porchlight, and worked with the Savoy Aires and the North Shore Theater of Wilmette. She also teaches voice lessons at the Wilmette Park District. Fox received her formal training at the University of Kentucky and the Cincinnati Conservatory of Music.

Christine Kostuchowski received her bachelor's degree in Speech and Performing Arts from Northeastern Illinois University. As an accomplished actress she has appeared in many local community theater productions. She has an extensive background in technical theater as a director, costumer, stage manager, and make-up consultant.

Kirsten Markham has extensive background in dance, singing and acting. She is a professional choreographer and dance instructor. She has studied with Gus Giordano and Second City, Chicago, and appeared in local theatrical productions. She received a degree in Early Childhood Education and taught kindergarten before returning to adult and children's theater.



THEATER

CLASSES

Preschool Dance Through Exploration in Theater

Children will be given the freedom to explore their imagination through movement and stories as they portray their favorite animals, princesses and princes, mermaids, unicorns, dolphins, and various imaginary people, places and adventures. The class concludes with a free dance, dressing up in costumes and using various props. Kirsten Markham is the instructor. Note: This is NOT a Moms/Tots class.

Age 2½ -3 ½

R -\$98 / NR -\$123	8 weeks	
113003-01	W 9:30-10:15 am	8/25-10/13
113003-02	W 10:15-11 am	8/25-10/13

Adventures in Imagination

Visit the magical castle! Hike through an overgrown jungle, journey into outer space, dig for buried treasure—your child's imagination will be safely engaged in pretend adventures and characters that are created from their own suggestions and ideas in class. Specific activities include making props and artwork for creative dramatics, storytelling, music and creative play centered on the week's adventure or theme. Bring a snack/lunch and we will eat together. This class can be repeated. Wendy Avon is the teacher on Monday and Tuesday morning. Chris Kostuchowski teaches the Wednesday and Thursday afternoon classes.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 3-5

R -\$121 / NR -\$151	7 weeks	
113006-01	M 9:30-11:30 am	8/23-10/11
113006-04	Th 1-3 pm	8/26-10/14

Age 6-8

R -\$137 / NR -\$172	8 weeks	
113006-05	Tu 9:30-11:30 am	8/24-10/12
113006-03	W 3:30-5:30 pm	8/25-10/13

Storybook Theatre

Come join us as we read and act out our favorite storybook characters such as Cinderella, Beauty & the Beast, Jack & the Beanstalk, and many others. Drawing, storytelling and play will be part of the weekly story theme. Ideas will come from the children. Each week we will dress up to complete our

Storybook Theatre. This class helps children gain self-confidence and discipline while working with others. Chris Kostuchowski is the instructor.

Age 3-5

R -\$110 / NR -\$138	8 weeks	
113002-01	Tu 1-2 pm	8/24-10/12
113002-02	F 1:30-2:30 pm	8/27-10/15

Dramatic Play

Students in this class will learn the fundamentals of theater: how to cooperate and compromise in order to create skits and improvisational scenes with each other. Children will be introduced to theater games, stage movements, character development and performance skills to enhance their presence and self-confidence. A presentation of writing and acting skills will be held at the end of the session with family and friends. Please send a snack with your child for our "production meeting" breaks. Chris Kostuchowski is the instructor.

No class: Sept 6

Age 6-8

R -\$104 / NR -\$130	8 weeks	
113007-01	M 3:30-4:45 pm	8/23-10/11

Spotlight on Broadway

Does your child love to perform? This class is designed to perfect his/her vocal skills through singing and breathing techniques. Movement to songs will be included. Your child's self-esteem and self-confidence will be built in "show-biz" style through the unique teaching methods of instructor Chris Kostuchowski. A performance recital will be held at the end of the session.

Age 8-13

R -\$112 / NR -\$140	8 weeks	
113013-01	W 5:45-6:45 pm	8/25-10/13

A Class Act

Basic theater concepts can help build your child's self-esteem and confidence. We will use theater games, development of stage presence, scene building, exploration of character choices and vocal projection as tools. Our integrated acting experiences will lead to a presentation of our class "act" at the end of the session. Chris Kostuchowski is the instructor.

Age 8-12

R -\$144 / NR -\$180	8 weeks	
113020-01	F 4:30-6 pm	8/27-10-15

★ SEE PAGE 34 for Musical Theater Dance Class!

MUSIC

INSTRUCTION

Private Voice Lessons

Sing freely, without pain, strain, or discomfort—just like a professional. This private course covers the basics of breathing, focus, intonation, vowels, and vocal expression, as well as music reading and rhythmic practice. A variety of music styles will be covered. Time slots are 30 minutes per session. Instruction is by Pamela Sue Fox. Students must be 13 years old or have instructor approval. Instructor will contact you individually to schedule lessons.

No class: Sat., Sept. 18

Age 13 & up

R -\$245 / NR -\$310	7 week	
113011-02	Sa 8:30 am-12 pm	8/28-10/16

Age 13 & up

R -\$280 / NR -\$350	8 weeks	
113011-01	W 2:30-9 pm	8/25-10/13

Canzonetta Youth String Chamber Orchestra

Canzonetta's goal is to develop in young musicians the love and understanding of chamber music. The orchestra is conducted by Hilel Kagan and consists of three groups: Training Ensemble for young students, these students must be able to read music and simple rhythms; Intermediate Orchestra, students should have some knowledge of positions and scales in different keys; and Senior Ensemble students who should have intermediate/advanced knowledge of the instrument. New students must audition prior to registering. *Contact Helia Schramm at 847/328-0570 to schedule an audition.*

No class: Sat., Sept. 18; Nov. 27-28

Age 7-10 • TRAINING Orchestra

R -\$203 / NR -\$254	13 weeks	
125051-01	Sa 1:30-2:30 pm	9/11-12/4

Age 9-13 • INTERMEDIATE Orchestra

R -\$234 / NR -\$293	13 weeks	
125051-02	Su 3-4:30 pm	9/12-12/5

Age 14-18 • SENIOR Orchestra

R -\$358 / NR -\$448	13 weeks	
125051-03	Su 1-3 pm	9/12-12/5

PRIVATE LESSONS INFO. NEXT PAGE ...

DID YOU KNOW ... THE WILMETTE PARK DISTRICT HAS AN ORCHESTRA?

COME ENJOY A GREAT EVENING WITH CANZONETTA YOUTH STRING CHAMBER ORCHESTRA. LEAD BY ACCLAIMED CHICAGO CONDUCTOR HILEL KAGAN.

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★ IF YOU ARE AGES 7-18 CONSIDER AUDITIONING FOR CANZONETTA. VISIT US ONLINE AT WWW.WILMETTEPARK.ORG ★



Piano Lessons

Suzuki and Traditional methods are taught to students of all ability levels in these lessons. Classes are offered in 20, 30 and 40 minute private sessions and 20 minute semi-private lessons. Semi-private lessons are based on availability and students will be paired by age/ability. The instructor, Eva Naftali, will contact you to set up lesson times. *Instructor permission required for students younger than 5.*

No class: Sat., Sept. 18

Age 5 & up

20 minute PRIVATE Lesson

R -\$120 / NR -\$144	5 weeks
125017-01 Th 2:30-6 pm	9/16-10/14
125017-03 Sa 9 am-1 pm	9/11-10/16

30 minute PRIVATE Lesson

R -\$180 / NR -\$216	5 weeks
125017-02 Th 2:30-6 pm	9/16-10/14
125017-04 Sa 9 am-1 pm	9/11-10/16

40 minute PRIVATE Lesson

R -\$240 / NR -\$288	5 weeks
125017-05 Th 2:30-6 pm	9/16-10/14
125017-06 Sa 9 am-1 pm	9/11-10/16

20 minute SEMI-PRIVATE Lessons

R -\$90 / NR -\$113	5 weeks
125017-07 Th 2:30-6 pm	9/16-10/14
125017-08 Sa 9 am-1 pm	9/11-10/16

Violin Lessons

Helia Schramm teaches beginning semi-private violin lessons in 30-minute sessions using a combined Suzuki and Traditional method. Students will be paired according to age. Violins are required and parents must be present at all lessons. The teacher will schedule times with parents. *Note: Children not paired with another student will receive a 15 minute private lesson.*

No class: Sept. 18

Age 4 & up

30 minute SEMI-PRIVATE Lesson

R -\$95 / NR -\$119	5 weeks
125016-01 Sa 9:30 am-12 pm	9/11-10/16

20 minute PRIVATE Lesson

R -\$126 / NR -\$158	5 weeks
125016-02 Sa 9:30 am-12 pm	9/11-10/16

30 minute PRIVATE Lesson

R -\$189 / NR -\$236	5 weeks
125016-03 Sa 9:30 am-12 pm	9/11-10/16

Private Guitar Lessons

Learn the basics of guitar with instruction on chords, songs, how to read notes, time signatures, and scales. Lessons are private 30 minute sessions designed for the individual student. Beginners to advanced levels, children and adults are welcome. Styles include rock, alternative, blues, folk, jazz, and classical. The instructor will contact students to arrange the time of individual lessons. Weekday lessons are during the afternoon/evening hours and weekend lessons are in the morning/afternoon. Guitar rentals are available through the Ultimate School of Guitar, 773/508-9443.

No class: Thurs., Sept. 9 & Sat., Sept. 18

Age 8 & up

R -\$175 / NR -\$219	7 weeks
125018-03 Th 2:30-8 pm	8/26-10/14
125018-04 Sa 9 am-3 pm	8/28-10/16

Age 8 & up

R -\$200 / NR -\$250	8 weeks
125018-01 Tu 2:30-8 pm	8/24-10/12
125018-02 W 2:30-8:30 pm	8/25-10/13

NORTH SHORE THEATER OF WILMETTE

Auditions for the Fall Production: **Oliver!**

When: ADULT (High School and older) Mon., Sept. 13, from 7-10 p.m.
ORPHANS (Children age 9 to 13) Wed., Sept. 15, from 7-10 p.m.

Callbacks: Thurs., Sept. 16, from 7-10 p.m.

Where: Community Recreation Center, 3000 Glenview Road, Wilmette

All shows are performed in the Auditorium of the Community Recreation

For more information call: Bob Bierie at 847/256-9694.

LOOK FOR RELATED PROGRAMS IN

Dance
Early Childhood
Etc., Etc.

SECTIONS OF THIS GUIDE



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NORTH/SHORE/THEATER/OF/WILMETTE

A PROGRAM OF THE WILMETTE PARK DISTRICT

AUDITIONS
AUG. 23 & 24



WILMETTE PARK DISTRICT

CALLING ALL GIRLS & BOYS AGES 8-14!

FALL PRODUCTION: BEAUTY *and the* BEAST *Jr.*

TRYOUTS

MON. 8/23 & TUES. 8/24
7-10 PM

CALLBACKS: WED. 8/25
7-10 PM

PERFORMANCE DATES:
FRI., 10/8 & 10/15 • 7 PM
SAT., 10/9 & 10/16 • 2 PM & 7 PM
SUN., 10/10 & 10/17 • 2 PM

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3000 GLENVIEW RD. • WILMETTE, IL
QUESTIONS? CONTACT BOB BIERIE
at 847/256-9694

PERFORMANCE

GENERAL RECREATION :: ETC., ETC.

at the

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Happy Mad Scientists at work!

ETC., ETC. STAFF



GENERAL RECREATION SUPERVISOR:

Carol Heafey

E-mail: cheafey@wilpark.org

Tel: 847/256-9692

**★ WHAT IS ETC, ETC?
IT'S ODDS AND ENDS. A HODGEPODGE.**
HERE YOU'LL FIND ACTIVITIES FOR BOTH CHILDREN
AND ADULTS THAT DON'T FIT INTO ANY OTHER
CATEGORY! NOT TO BE IGNORED, ETC., ETC. IS FULL OF UNIQUE AND
EXCITING STUFF TO DO! ★



WORKSHOPS

Magic Class

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session! Instructor: Magic Team of Gary Kantor.

Age 5-12

R-\$20 / **NR**-\$25 1 day
 125066-01 Tu 4-4:55 pm 10/12

There's No Place Like Home

Do you know your home's architectural personality? Are all of your walls a safe shade of white or beige? Are you longing for the redecorated rooms you see on TV? This class will give you the confidence to try something new to make your home the place you always hate to leave and can't wait to come back to.

Age 18 & up

R-\$20 / **NR**-\$25 1 day
 125087-01 W 7-8:30 pm 9/15

Designing Rich

Get your creative juices flowing by learning interior design secrets. You'll be able to see and feel fabrics, trims and accessories that capture a room's personality and make it a magazine-worthy showcase. Get plenty of ideas for making your home a place that friends will remember.

Age 18 & up

R-\$20 / **NR**-\$25 1 day
 125088-01 Tu 7-8:30 pm 9/21

Gone in a Flash

Have you ever stopped to think what you would do if your PC or laptop crashed or was stolen? Pictures, videos, financial data, music and more, all gone in a flash. Safeguard your data. Learn from a certified computer specialist how to back-up your computer or laptop. Don't worry if you're not tech savvy, the methods you will learn are simple and easy! In addition, learn how to protect your PC or laptop from Internet viruses and intruders; learn computer safety and preventative measures to make your PC or laptop last longer and run more efficiently.

Age 18 & up

R-\$20 / **NR**-\$25 1 day
 125090-01 W 7-8:30 pm 10/6

Itchin' for a Kitchen

Thinking about renovating your kitchen? This class takes on the heart of the home and delves into how you can make this integrative space work for your needs. Whether you're starting from scratch or thinking about an update, the discussion will focus on what elements are needed to incorporate flow, function and flare in your kitchen design. Transform your space it into the place that makes you happy.

Age 18 & up

R-\$20 / **NR**-\$25 1 day
 125089-01 W 7-8:30 pm 10/13

MUSICAL NOTES

Musikgarten Music For Babies

Bouncing and rocking songs, wiggle and peek-a-boo games, dancing, moving and singing allow you to play musically with your baby. Activities are designed to increase your child's curiosity about music, to develop listening skills and a sense of beat, and to establish the foundation for singing and musical thought.

No class: Thurs., Sept. 9

Age Newborn-18 months

R-\$149 / **NR**-\$186 7 weeks
 125024-02 Th 12:30-1:15 pm 8/26-10/14

R-\$166 / **NR**-\$208 8 weeks
 125024-01 W 9:30-10:15 am 8/25-10/13

Musikgarten Family Music for Toddlers

Play musically with your toddler in singing, chanting, moving, dancing, listening and playing simple instruments. Through activities that bridge the natural connection between music and movement, your child's musical aptitude and listening abilities are enhanced and developed. Instruments will be available for purchase at the first class.

No class: Thurs., Sept. 9

Age 18-36 months

R-\$114 / **NR**-\$143 7 weeks
 125026-03 Th 11:30 am-12:15 pm 8/26-10/14

R-\$131 / **NR**-\$164 8 weeks
 125026-01 Tu 10:30-11:15 am 8/24-10/12
 125026-02 W 10:30-11:15 am 8/25-10/13
 125026-04 Sa 10-10:45 am 8/28-10/16

Babyz Music & Movement

This class is for anyone who wants to get back in shape or have a little aerobic workout while having musical fun with their baby. Ms. Wendy will gently guide you through your workout using Rock and Roll and folks songs. You will dance and move with your baby (at times using your baby as weight) for 35 minutes of non-stop musical fun and a great workout! Ten minutes of stretching and socializing will precede the 35 minute workout.

Age Newborn-18 mos.

R-\$131 / **NR**-\$164 8 weeks
 125084-01 Tu 9:30-10:15 am 8/24-10/12

Rock & Rolling Kidz Music

Kids love music! Babies, toddlers and their families or caretakers will join as Ms. Wendy plays guitar and leads the group through Rock & Roll songs, well known folk songs and old spirituals. Join the fun with finger-play, body awareness, call and response, exploring instruments, group dances and games using gross motor skills. Hoops, puppets, scarves, parachute, balls and various instruments are introduced throughout the class. Sing and have fun with your children while making music. Instruments are available to purchase at the first class but are not required.

No class: Thurs., Sept. 9

Age 2 mos-4 yrs

R-\$114 / **NR**-\$143 7 weeks
 125071-01 Th 10:30-11:15 a 8/26-10/14

Musikgarten Cycles of Seasons

Celebrate your child's love of nature and growing independence through activities involving the four seasons. Nurture your child's ability to use language and participate in dramatic play within a musical context. We will explore various instruments, creative movement and storytelling. Your child will develop listening, focused attention, imagination and self-expression, all while we sing, chant, move, listen and play fun musical games. Wendy Morgan teaches this class. Instruments will be available for purchase at the first class.

No class: Thurs., Sept. 9

Age 3-5

R-\$114 / **NR**-\$143 7 weeks
 125025-01 Th 1:30-2:15 pm 8/26-10/14

R-\$131 / **NR**-\$164 8 weeks
 125025-02 Sa 11-11:45 am 8/28-10/16

YOGA

Yoga Bash—Mind Body Fun Yoga for Tots

Build strength, flexibility and confidence through yoga poses and breathing techniques designed for children. We incorporate books, seasonal events and games to bring out your mini yogi. Weekly themes include the alphabet, travel and animals which will incorporate elements such as language, positive self-esteem and balance. Each child will be given a journal to capture their yoga experience. Please bring your own mat or purchase one of our mats for \$10.

No class: Thurs., Sept. 9

Age 3-5

R-\$94 / **NR**-\$118 8 weeks
 125029-01 Th 10-10:45 am 8/26-10/14

MORE YOGA ON NEXT PAGE



**Yoga Bash—Mind Body Fun
Yoga for Kids**

Our yoga poses and breathing techniques are designed for children to build strength, flexibility and confidence. We incorporate books, seasonal events, crafts and games to bring out your young yogi. Weekly themes include the alphabet, travel and animals which will incorporate elements such as language, positive self-esteem and balance. Each child will be given a journal to capture their yoga experience. Please bring your own mat or purchase one of our mats for \$10.

Age 6-11

R—\$107 / **NR**—\$134 8 weeks
125027-01 W 4-5 pm 8/25-10/13

**LANGUAGE
AMIGOS**



Time For Amigos

This parent/caregiver and child class includes songs, movement activities, creative dramatics, art, playtime and more—and we will do it all while learning Spanish! This program uses a highly controlled vocabulary introduced in conjunction with fun theme days. Our instructor is a native Spanish speaker who has been carefully trained to implement the Amigos Programs curriculum.

Age 2

R—\$160 / **NR**—\$200 8 weeks
125078-01 W 9:30-10:30 am 8/25-10/13

Cafe Amigos

Café Amigos is open for business. Children bring a lunch with a beverage and learn Spanish while dining with friends. There will be exciting theme days, songs, art, games, and more. All instructors are experienced early childhood educators and at least one instructor will be a native speaker.

No class: Thurs., Sept. 9

Age 3-5

R—\$176 / **NR**—\$220 8 weeks
125001-01 Tu 11:45 am-1:15 pm 8/24-10/12

R—\$154 / **NR**—\$185 7 weeks
125001-02 Th 10:45 am-12:15 pm 8/26-10/14

Fun With Amigos

Laugh, play, create, sing, paint, cook, and discover great wonders—all while learning Spanish. This program uses a highly controlled vocabulary introduced in conjunction with fun theme days.

All instructors are experienced early childhood educators and at least one instructor is a native speaker.

No class: Thurs., Sept. 9

Age 3-5

R—\$176 / **NR**—\$220 8 weeks
125002-01 Tu 10-11:30 am 8/24-10/12

125002-02 Tu 1:30-3 pm 8/24-10/12

R—\$154 / **NR**—\$185 7 weeks
125002-03 Th 9-10:30 am 8/26-10/14

Cooking with Amigos

Everyday promises to include a fun-filled delicious activity as we chop, mix, slice, peel, and eat—all while learning Spanish! This program uses a highly controlled vocabulary introduced in conjunction with fun to make recipes. As we wait for our creations to cook, we will have lots of fun playing games. The instructor is a native Spanish speaker who has been carefully trained to implement the Amigos Programs curriculum. **Note: ingredients will include dairy, egg, wheat, soy and nut products.**

No class: Sept. 6

Age 5-6

R—\$175 / **NR**—\$219 7 weeks
125062-01 M 9:15-10:45 am 8/23-10/11

125062-02 M 1-2:30 pm 8/23-10/11

*try out a
ETC., ETC. CLASS
today!*

FIRST AID

First Aid for Little People

This American Red Cross program provides children with the skills and technical procedures that will enable them to act calmly and correctly in an emergency situation. They will learn how to get help and what to do until help arrives; basic first aid skills; and what to do in case of a fire. It is taught by American Red Cross certified instructor Connie Gately.

Age 5-8

R—\$36 / **NR**—\$46 1 day
125015-01 Sa 10-11 am 10/9

Home Alone

This American Red Cross program provides children with simple rules and information for responsible self-care. They will learn how to properly use a house key; how to use important phone numbers; how to answer the phone; and how to use the phone in an emergency. They will also learn the importance of checking a house before entering; answering the door properly; and dealing with strangers. Safety precautions that will help prevent fires and what to do in case of a fire will be reviewed as well. This class is taught by American Red Cross certified instructor Connie Gately.

Age 5-8

R—\$37 / **NR**—\$47 1 day
125019-01 Sa 11 am-12 pm 10/9

Babysitting Training

Learn the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This American Red Cross course will teach five critical areas: leadership, safety and safe play, basic care, first aid, and professionalism. It is taught by American Red Cross Certified instructor Connie Gately. Participants should bring a lunch.

Age 11-15

R—\$100 / **NR**—\$125 1 day
125003-01 Sa 12-6 pm 10/9

Good

INTENTIONS ...

YOU KNOW WHERE THEY LEAD. WHEN A CLASS CANCELLATION HAS DISAPPOINTED YOU, THE CULPRIT IS USUALLY INSUFFICIENT ENROLLMENT. **SIGN UP SOON! WE'RE WAITING FOR YOU BUT WE CAN'T WAIT TOO LONG!**





TEEN E-MAIL LIST

KEEP UP TO DATE ON PROGRAMS AND EVENTS OFFERED FOR YOUR AGE GROUP. GRADES 6-8 OR 9-12. IT'S COMPLETELY FREE AND EASY! SEND AN E-MAIL TO: CHEAFEY@WILPARK.ORG. INCLUDE: NAME (FIRST & LAST) CURRENT GRADE IN SCHOOL, SCHOOL NAME & YOUR E-MAIL ADDRESS. WE'LL SEND YOU REGULAR UPDATES.



ETC., ETC.

CHECK MATE!

Chess Wizards

Take up the game of chess and learn cool openings, mid-game strategies and compete in chess tournaments. Parents: Did you know that chess enhances cognitive development and improves both verbal and mathematical skills as well as increases academic performance? Chess can help your child focus, visualize, think abstractly and form concrete opinions. No experience needed for beginning class. Intermediate players should be able to play a complete game before enrolling. Advanced players should know some mid-game strategy: fork, pin, discovered attack, two move checkmate, and chess notation.

No class: Sept. 6

Age 5-13

R-\$117 / NR-\$140 7 weeks

Beginning

125009-01 M 4-5:15 pm 8/23-10/11

Intermediate/Advanced

125009-02 M 4-5:15 pm 8/23-10/11



SCIENCE

Mad Science for Young Scientists

Join Mad Science for loads of hands-on science fun. Each week will involve experiments and the exploration of exciting topics designed just for younger scientists. There will be lots of fun and exciting science topics to investigate and things to take home. All materials are included and instructors are provided by Mad Science of Northern Illinois. Anyone can be a scientist! Children must be 4 years old by September 1, 2010.

No class: Mon., Oct. 11

Age 4-6

R-\$96 / NR-\$120 6 weeks

125022-01 M 3:30-4:15 pm 9/13-10/25

R-\$109 / NR-\$134 7 weeks

125022-02 Tu 3:30-4:15 pm 9/14-10/19

125022-03 F 9:30-10:15 am 9/17-10/22

125022-04 F 10:30-11:15 am 9/17-10/22

125022-05 F 1-1:45 pm 9/17-10/22

125022-06 F 2-2:45 pm 9/17-10/22

Mad Science System 6

Mad Science is a class filled with fun, spectacular, hands-on science experiments! Some of the cool, new topics will include glow show, Ph phactor, lab works and more. Each young scientist will be able to make some take home projects, including a blacklight writer, graduated gear kit, atomic coins and many others. All materials are included and instructors are provided by Mad Science of Northern Illinois.

R-\$100 / NR-\$125 6 weeks

Age 6-8

125052-01 Tu 4:30-5:30 pm 9/14-10/19

Age 8-11

125052-02 Tu 4:30-5:30 pm 9/16-10/21

TEENS

Yoga Bash—Mind Body Fun Yoga for Teens

Enjoy breathing techniques, movement, music and relaxation to increase your focus and confidence. This class will link breath with movement to ease you into beginning, moderate and advanced yoga poses. Feel free to bring your own mat or purchase one of ours for \$10.

Age 12-17

R-\$107 / NR-\$134 8 weeks

125028-01 W 5:15-6:15 pm 8/25-10/13

*try out a
ETC., ETC. CLASS
today!*

SPORTS :: YOUTH + ADULT

at the

COMMUNITY
RECREATION
CENTER

3000 GLENVIEW ROAD
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OPEN GYMS / SPORTS PARTIES / YOUTH LEAGUES / ADULT LEAGUES / BASEBALL / BASKETBALL / FIELD HOCKEY
FOOTBALL / LACROSSE / MARTIAL ARTS / SOCCER / SKATEBOARDING / SOFTBALL / VOLLEYBALL



SPORTS SUPERVISORS



Sara Hilby

E-mail: shilby@wilpark.org
Tel: 847/256-9689

Lacrosse; Youth Volleyball classes; Coach Abe's Soccer programs; Soccer Leagues Spring and Fall; Sunday Youth Basketball; Field Hockey, T-Ball; Illinois Baseball Academy programs; Counselors in Training; Soccer Camps; Afternoon Adventure Camp; Summer Lacrosse Camp; Adult Softball; Adult Volleyball; Beach Volleyball; Adult Soccer League; and Adult Basketball Leagues in the Fall and Winter.

Jason Pilecki

E-mail: jpilecki@wilpark.org
Tel: 847/256-9690

Hot Shots Girls Softball & Basketball; On-The-Go Sports programs; Young Tigers Pre-Taekwondo; Football; Saturday Youth Basketball; Girls Softball; After School Sports; SportsKids Pee Wee Sportsters; SportsKids Young Sportsters, Karate; Open Gyms; Sport Camps; Mark Miller's Munchkin Sports and Basketball Camps.



REQUIRED SPORTING EQUIPMENT

T-BALL & MINI-MAJORS BASEBALL > Glove

BASKETBALL CLINICS > Shoes: Gym or basketball shoes > Balls: provided

SATURDAY BASKETBALL > Jersey: game jersey is provided for each participant

SUNDAY BASKETBALL LEAGUES > Uniform shirt provided > Tennis shoes

BOYS LACROSSE > Helmet (can be hockey) > Shoulder Pads (can be hockey) > Elbow Pads (can be hockey) > Gloves (can be hockey) > Stick: boys lacrosse > Cleats: soccer/football style > Mouth guard > Athletic Cup: recommended

GIRLS LACROSSE > Women's' Lacrosse Stick (cannot use men's stick) > Mouth guard > Protective Eyewear/Goggle (must be certified for lacrosse)

SOCCKER CLASSES > Shin guards > Tennis shoes for indoor classes > Cleats or tennis shoes for outdoor classes

SOCCKER LEAGUES > Shin guards > Soccer cleats (no baseball or softball cleats) > Uniform shirt, shorts & socks provided

SOFTBALL > Glove: required to play in leagues. > Shoes: soccer shoes, sneakers or non-screw-on rubber molded sports shoes. > Bats: provided but players can bring their own. > Helmets: provided but players can bring their own

FOOTBALL: HOUSE & TRAVEL LEAGUES

HELMET > one or two-piece construction, of ultra-high impact plastic-type (polyethylene) shell, head-cushion or (six-point) suspension type, horizontal (double bar) face guards attached and chin strap required. For 4th through 6th, Schutt Model Youth Advantage is highly recommended. For 7th-8th, Shutt Model XP is highly recommended.

SHOULDER PADS > corrugated, molded fiber or plastic-type (high density polyethylene) material with a coated (polyethylene) washable padding, heavy web hinges and adjustable (cantilever) underarm straps.

PANTS > one-piece or "shell" construction. One-piece pants must feature removable (snap-out) hip and kidney pads. Knit (cotton/nylon) material is recommended with tunnel belt loops or attached web belt. "Shell" pants should feature sanforized knee guard pockets. Make allowance for hip pads when ordering.

6-PACK GIRDLE > an under pant with hip, butt and thigh pads sewn in, and pocket for protective cup. Protective cup separately priced.

KNEEPADS > a durable, shock-absorbing material not less than Y2 inch thick.

TEETH PROTECTOR > customer self-fitted impression type. Clear color NOT permitted. Quality protectors usually carry an insurance benefit for the player.

SHOES > soccer shoes, sneakers or non-screw on rubber molded sports shoes required.

RIB PROTECTOR > optional

JERSEY > game jersey is provided for each participant

Junior High and Senior High Drop-In Gym

Come and check out our gymnasium and bring along your friends for a pick-up game or two or three. Basketballs are available. Fee is per use.

R-\$4 / **NR**-\$6

Grade 6-12

F 4-8 pm

Adult Drop-In Basketball

Open to all adults, ages 18 and over. Fee is per use.

No session: Sept. 6

Adult

R-\$4 / **NR**-\$6 7 weeks

M 8-10 pm 8/23-10/11

The Wilmette Park District does not tolerate fighting, abusive/offensive language, and drug/alcohol usage in the sports gymnasium. Violation of our policy will result in loss of gym privileges. Please respect our facility and those who use it.

SPORTS MEDLEY

[SportsKids]

Parent/Tot Sports Time

Parents are an integral part of helping their tots participate in basic sports movement. Sports equipment and instruction will be provided to help guide your tot through an introduction to organized sports movement. This program meets at the Community Recreation Center.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 3 w/ parent

R-\$88 / **NR**-\$111 7 weeks

127006-01 M 11:15 am-12 pm 8/23-10/11

127006-03 Sa 11:45 am-12:30 pm 8/28-10/16

R-\$101 / **NR**-\$126 8 weeks

127006-02 W 9-9:45 am 8/25-10/13

[SportsKids]

Pee Wee Sportsters

Introduce children to soccer, floor hockey, kickball, baseball, basketball, tennis and more. Our goal is to provide the opportunity for each child to develop both fine and large motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. This program meets at the Community Recreation Center.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 4-5

R-\$114 / **NR**-\$143 8 weeks

127007-04 W 2-3:30 pm 8/25-10/13

Age 4-6

R-\$100 / **NR**-\$125 7 weeks

127007-01 M 9:45-11:15 am 8/23-10/11

R-\$114 / **NR**-\$143 8 weeks

127007-03 W 9:45-11:15 am 8/25-10/13

127007-05 F 9:45-11:15 am 8/27-10/15

Age 5-6

R-\$100 / **NR**-\$125 7 weeks

127007-02 M 2-3:30 pm 8/23-10/11

45-minute class

Age 4-6

R-\$88 / **NR**-\$111 7 weeks

127007-06 Sa 9:30-10:15 am 8/28-10/16

[SportsKids]

Sporting Encounters

A medley of sports skills will be covered as children attempt the techniques of sports movement. Individual skills for soccer, basketball, baseball, floor hockey and more will be included in this class. This program meets at the Community Recreation Center.

No class: Sat., Sept. 18

Age 3-4

R-\$101 / **NR**-\$126 8 weeks

127008-01 W 12:15-1 pm 8/25-10/13

127008-04 F 11:15-Noon 8/27-10/15

Age 4-6

R-\$101 / **NR**-\$126 8 weeks

127008-02 W 1-1:45 pm 8/25-10/13

R-\$88 / **NR**-\$111 7 weeks

127008-03 Sa 10:15-11 am 8/28-10/16

[SportsKids]

PeeWee Start Smart Golf

Tots learn the basics of golf using colorful equipment. Putting, chipping and tee work will be mixed with easy instruction for proper form. This program meets at the Community Recreation Center.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 5-6

R-\$88 / **NR**-\$111 7 weeks

127010-01 M 9-9:40 am 8/23-10/11

127010-02 M 1-1:40 pm 8/23-10/11

127010-03 Sa 11-11:45 am 8/28-10/16

[Mark Miller's]

Parent & Me Wide World of Sports

Join your child and check out this class which introduces children to multiple sports throughout the session. Children will learn drills, coordination and good sportsmanship. These classes meet at the Community Recreation Center.

No class: Thurs., Sept. 9

Age 3-5 w/parent

R-\$100 / **NR**-\$125 7 weeks

127079-02 Th 6:30-7 pm 8/26-10/14

R-\$115 / **NR**-\$143 8 weeks

127079-01 Su 9:30-10 am 8/29-10/17

MORE GOOD STUFF NEXT PAGE ...

[Mark Miller's]
Wide World of Sports

This class introduces children to multiple sports throughout the session. Children will learn drills, coordination and good sportsmanship. This class meets at the Community Recreation Center.

Age 4-8
R-\$115 / **NR**-\$143 8 weeks
127080-01 Su 10:30-11 am 8/29-10/17

Solo Sports [NEW!]

This class is for the participant who would like to enjoy individual sports instead of team based sports. Sports like golf, tennis, track events, badminton and more will be the focus of Solo Sports. Your child will build self-esteem with personal accomplishment. These are sports that will last a lifetime.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 4-6
R-\$88 / **NR**-\$111 7 weeks
127087-01 M 12:15-1 pm 8/23-10/11

Age 5-6
R-\$101 / **NR**-\$126 8 weeks
127087-03 F 3:15-4 pm 8/27-10/15

Age 6-8
R-\$88 / **NR**-\$111 7 weeks
127087-02 Th 4-4:45 pm 8/26-10/14

[Hot Shots Sports]
Girls Can Do It Too!

Active, athletic girls have been found to have higher self-esteem, higher achievement test scores and a positive attitude. Athletics also contribute to girls' confidence and a positive body image. Rather than seeing a certain age as a proper threshold for starting girls in sports, we encourage parents to see sports, movement and physical activity as an inherent part of their daughters' daily lives. Sports taught and played include soccer, kickball, softball, floor hockey, basketball, football and more. The Monday and Saturday classes meet at Central School; Thursday and Friday classes meet at McKenzie School.

No class: Thurs., Sept. 9 & Sat., Sept. 18

Age 3-5 Parent-Daughter
R-\$72 / **NR**-\$90 5 weeks
127032-04 Sa 11:30 am-12:30 pm 9/11-10/16

Age 4-6
R-\$72 / **NR**-\$90 5 weeks
127032-01 M 4:30-5:30 pm 9/13-10/11

R-\$100 / **NR**-\$125 7 weeks
127032-02 F 4:30-5:30 pm 9/3-10/15

Age 6-8
R-\$85 / **NR**-\$106 6 weeks
127032-03 Th 4:45-5:45 pm 9/2-10/14

[Hot Shots Sports]
Dodgeball League [NEW!]

Dodge, Duck, Dip, Dive! This league provides participants with an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls and safety will be stressed. Each week of league play, a different style of dodgeball will be used. The first week will be practice round robins and evaluations. Teams will then be assigned and throughout the course of the season each team will play games against other evenly matched teams. The Hot Shots Sports staff will facilitate the weekly games. Each participant will receive a team T-shirt. This class meets at McKenzie School.

Age 7-10
R-\$85 / **NR**-\$106 6 weeks
127033-01 W 5:30-6:45 pm 9/8-10/13

[SportsKids]
Young Sportsters

Children participate in recreational games such as kickball, baseball, floor hockey, soccer and more. They also act as captains and have the responsibility of picking their own teams. Sportsmanship is stressed. This program meets at the Community Recreation Center.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 6-9
R-\$88 / **NR**-\$111 7 weeks
127011-01 M 4-5 pm 8/23-10/11
127011-03 Sa 11-11:45 am 8/28-10/16

[SportsKids]
Strum 'n' Sports

Spend 45 minutes playing sports such as soccer, basketball, gym skills and more (Wednesdays are Basketball only) and then 45 minutes learning to play the guitar by learning chords, scales, rhythm and tuning—maybe even master a song! Putting guitar and sports together we will be working on many large and small motor skills and best of all—having fun. This program meets at the Community Recreation Center.

No class: Mon. Sept. 6

Age 6-8
SPORTS/GUITAR
R-\$142 / **NR**-\$178 7 weeks
127012-01 M 4:15-5:45 pm 8/23-10/11

BASKETBALL/GUITAR
R-\$162 / **NR**-\$203 8 weeks
127012-02 W 5:15-6:45 pm 8/25-10/13

[SportsKids]
Archery

Learn the basics of using a recurve bow in a safe environment. Targets and blunt-tipped arrows will be used. A nationally recognized nine-step progression is taught. Bows, arrows, and targets are provided. This class meets at the Community Recreation Center.

No class: Sept. 9

Age 7-13
R-\$88 / **NR**-\$111 7 weeks
127062-01 Th 3:45-4:30 pm 8/26-10/14

BASEBALL/T-BALL

[Illinois Baseball Academy]

Mini Majors Fall League

Young players gain confidence, improve coordination, and appreciate the joys of teamwork & sportsmanship during weekly games with age appropriate practices. We even have a weekly "Word of the Day" designed to aid in the character development of all those who participate in our programs.

Volunteer Coaches

NEEDED!

Coaches are needed in the Wilmette Park District's leagues for soccer, T-ball, softball, football and basketball. Without our volunteers, these programs would be unable to continue serving Wilmette children as successfully as they do. Anyone interested in coaching should call Sara Hilby at 847/256-9689, or Jason Pilecki at 847/256-9690.



Rookies > are 4 & 5-year-olds who will learn a new skill and practice it with the help of IBA coaches. Teams will play a controlled T-ball game and participate in a variety of fun baseball activities.

All-Stars > are 2010-2011 Kindergarteners. This program represents the next step in the progression of IBA programs. Players will participate in weekly coach-pitch games while also building on the skills learned at the Rookie League level. Players in the All-Star division will learn positions, play with outs and experience baseball at a more challenging level.

Coaching is by staff members of the Illinois Baseball Academy. They will run practices and games. Parent volunteers will be given the opportunity to assist after attending a brief pre-season clinic held by the Illinois Baseball Academy. If you are interested in volunteering, please indicate so on the registration form. The commitment is minimal and the reward is great! Participants can sign up individually, as part of a small group or as a complete 10-member team! This program meets at the Community Playfield.

Age 4-5

R -\$150 / NR -\$188	6 weeks
128023-01 Su 12-1 pm	9/12-10/17

Kindergarten

R -\$150 / NR -\$188	6 weeks
128023-02 Su 1-2 pm	9/12-10/17

[Illinois Baseball Academy]
Mini-Majors Baseball

This introductory clinic is a fun-filled way to learn the fundamentals of baseball while gaining confidence, improving coordination and appreciating the joys of teamwork and sportsmanship. While skill development is part of the program, we also set aside time each week for children to participate in an indoor baseball game. Instruction is by Chris Beacom, a former New Trier head coach, who has been teaching kids of all ages and ability levels to play baseball for the past 20 years. He will be joined by a staff of talented local college players who have been trained in the Illinois Baseball Academy methods of instruction. This program meets at the Community Recreation Center.

No class: Thurs., Sept. 9

Age 4-5

R -\$218 / NR -\$273	8 weeks
128001-01 F 12:30-1:30 pm	8/27-10/15

Age 5-6

R -\$191 / NR -\$239	7 weeks
128001-02 Th 5-6 pm	8/26-10/14

R -\$218 / NR -\$273	8 weeks
128001-03 F 1:30-2:30 pm	8/27-10/15

[Illinois Baseball Academy]
The Complete Player Program

This challenging instructional program is designed for players who are interested in receiving professional, personal coaching in both hitting and fielding. Included in the cost is six hours of small group instruction (no more than six players per Illinois Baseball Academy instructor and assistant) in both defense and hitting. Each player will also receive a "Complete Player" T-shirt. This program meets at Thornwood Park.

Grade 1

R -\$140 / NR -\$175	6 weeks
128030-01 Tu 4-5 pm	8/24-9/28

Grade 2-3

R -\$140 / NR -\$175	6 weeks
128030-02 W 4-5 pm	8/25-9/29

BASKETBALL

[SportsKids]
Little Dribblers

Even future stars have to learn the basics of dribbling, passing, shooting, and rebounding. Participants will also experience defensive drills as they learn the game of basketball. This program meets at the Community Recreation Center.

Age 4-6

R -\$101 / NR -\$126	8 weeks
127018-01 W 11:15 am-12 pm	8/25-10/13
127018-02 F 9-9:45 am	8/27-10/15

[SportsKids]
Youth Basketball

Learn the basic skills of dribbling, passing, shooting and rebounding, and then play a game in each class. This program meets at the Community Recreation Center.

Age 5-K

R -\$101 / NR -\$126	8 weeks
127019-01 W 3:45-4:30 pm	8/25-10/13
127019-02 F 2:30-3:15 pm	8/27-10/15

Grade 1-2

R -\$101 / NR -\$126	8 weeks
127019-03 W 4:30-5:15 pm	8/25-10/13
127019-04 W 6-6:45 pm	8/25-10/13

Grade 3-4

R -\$101 / NR -\$126	8 weeks
127019-05 W 5:15-6 pm	8/25-10/13

[SportsKids]
Basketball Shooting

Boys and girls learn jump shots, shots off the glass, lay-ups, shooting from a pass and shooting off the dribble. Shooting games will also be a part of this class. This program meets at the Community Recreation Center. **No class: Sept. 18**

Grade 1-3

R -\$88 / NR -\$111	8 weeks
127020-01 Sa 9:30-10:15 am	8/28-10/16

Grade 4-6

127020-02 Sa 10:15-11 am	8/28-10/16
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BASKETBALL CLINICS

FOR BOYS & GIRLS

[Hot Shots Sports]
Basketball Clinic I

Boys and girls develop basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. Each class includes instruction as well as structured games. This class is for the basketball beginner looking to understand the game, learn new skills, and have a ball! All boys' classes and the Saturday girls' class meets at Central School. The Tuesday girls' class meets at McKenzie School.

No class: Thurs., Sept. 9 & Sat., Sept. 18

Age 5-7**GIRLS**

R -\$85 / NR -\$106	6 weeks
127022-01 Tu 4:30-5:30 pm	9/7-10/12

R -\$72 / NR -\$90	5 weeks
127022-02 Sa 9:30-10:30 am	9/11-10/16

BOYS

R -\$85 / NR -\$106	6 weeks
127022-03 Tu 4:30-5:30 pm	9/7-10/12
127022-04 Th 4:30-5:30 pm	9/2-10/14

[Hot Shots Sports]
Basketball Clinic II

Girls and boys will take their current shooting and dribbling skills and work them into offensive points of the game such as setting screens and moving without the ball. Players are introduced to defense, learn proper defensive stance and concepts such as zone and man-to-man defense. Players will spend time developing their shot, using proper mechanics to be effective further away from the basket. Monday and Saturday classes meet at Central School; Tuesday and Wednesday classes meet at McKenzie School.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 8-10**GIRLS**

R -\$85 / NR -\$106	6 weeks
127023-01 Tu 5:30-6:30 pm	9/7-10/12

R -\$72 / NR -\$90	5 weeks
127023-02 Sa 10:30-11:30 am	9/11-10/16

BOYS

R -\$72 / NR -\$90	5 weeks
127023-03 M 5:30-6:30 pm	9/13-10/11

R -\$85 / NR -\$106	6 weeks
127023-04 W 4:30-5:30 pm	9/8-10/13

MORE GOOD STUFF NEXT PAGE ...

[Hot Shots Sports]

Basketball Clinic III

Class will be conducted with various guard/post-work to develop passing, shooting and dribbling in game situations. Defense instruction will include man-to-man defense such as denying the ball, help-line, and boxing out. Boys and girls qualified for Basketball III should possess a basic understanding of the sport, shooting and dribbling skills, along with a desire for a more competitive basketball experience. All boys and the Saturday girls' classes meet at Central School; Tuesday girls' class meets at McKenzie School.

No class: Mon., Sept. 6 & Sat., Sept. 18

Age 9-13

GIRLS

R-\$85 / **NR**-\$106 6 weeks
 127044-01 Tu 5:30-6:30 pm 9/7-10/12

R-\$72 / **NR**\$90 5 weeks
 127044-02 Sa 10:30-11:30 am 9/11-10/16

BOYS

R-\$72 / **NR**-\$90 5 weeks
 127044-03 M 5:30-6:30 pm 9/13-10/11

R-\$85 / **NR**-\$106 6 weeks
 127044-04 Tu 5:30-6:30 pm 9/7-10/12

[Hot Shots Sports]

Group Basketball Clinic

Boys and girls can sign up as a group or be placed into training groups for this one hour work out. Small group instruction is an effective way to improve basketball skills. The coaching environment allows for the tailoring of drills and techniques to suit the individual's goals whether they want to make a team, have more playing time, or develop basic fundamentals. The coaching staff of Hot Shots Sports will facilitate the program. Once you are registered you will be contacted to set up a day, time and location for your lesson. Each class will meet four times for one hour once a week (between 4:30-6:30 p.m.) **Note: Fee is per participant.**

Age 8-14 Boys & Girls

R-\$72 / **NR**-\$90 5 weeks
 127028-01 M-Th 4:30-6:30 pm 9/13-10/14

[Hot Shots Sports]

Lace Em Up Basketball

Players experience 5 on 5 full court play with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches will referee while emphasizing the fundamentals of advanced basketball. Players will be encouraged to use time-proven skills such as the pick and roll, give and go, and move without the ball. Instructors will share tips gathered from experience on how to "swim"

through a box out, how to fight through a screen, and other valuable basketball skills. This program meets at Central School.

Age 10-14

R-\$100 / **NR**-\$125 7 weeks
 127027-01 F 5:30-6:30 pm 9/3-10/15

BASKETBALL LEAGUES

FOR BOYS & GIRLS

Wilmette Storm Girls' Travel Basketball [NEW!]

If you have the skills and enjoy the competition of travel basketball, now is your chance! The Storm is designed for the more competitive player who is seeking a challenging practice and game environment to help advance their skills and game play. Team selection is based on ability, attitude and work ethic. Each team will be limited to 12 players. Once rosters are finalized, teams will practice twice per week. The season will run from October to March. To reserve a tryout spot, please call 773/991-6682.

TRYOUT SCHEDULE: All tryouts will be at Highest Middle School.

Grade 4: Sept. 13 & 15 from 6-7 p.m.

Grade 5: Sept. 14 & 16 from 6:30-8 p.m.

Grade 6: Sept. 27 & 28 from 6:30-8 p.m.

Grade 4

R-\$585 / **NR**-\$585 25 weeks
 127084-01 9/13-3/21

Grade 5

R-\$585 / **NR**-\$585 25 weeks
 127084-02 9/14-3/21

Grade 6

R-\$585 / **NR**-\$585 25 weeks
 127084-03 9/27-3/21

[Hot Shots Sports]

3 on 3 Basketball League

This new, fast-paced league for boys and girls allows you to enter your own team of five or sign up as an individual to meet new players. Each team plays a minimum of two half court games each week. This league gives players an opportunity to practice their team skills while still getting plenty of ball touches. Referees will monitor game play and have all final decisions. Team work and sportsmanship will be emphasized. This program meets at McKenzie School.

No class: Sept. 9

Age 8-10

R-\$105 / **NR**-\$131 6 weeks
 127074-01 Th 6-7:30 pm 9/2-10/14

Age 11-13

R-\$105 / **NR**-\$131 6 weeks
 127074-02 Th 6-7:30 pm 9/2-10/14

SATURDAY BASKETBALL

LEAGUES

Saturday Basketball Leagues

Grade 4-8

REGISTRATION DEADLINE: Mon., Nov. 8

Late Registration Fee: \$20 after Mon., Nov. 8

Pre-Season Practice Begins: Sat., Nov. 20

Playing Season: Jan. 8-Mar. 19, 2011

This will be the 56th season for the boys' and girls' basketball program, traditionally involving more than 1,000 participants. Parents and friends volunteer to coach many teams. Boys and girls play in separate leagues. The popular Holiday Tournament is included in the program. Teams will be put together by the Wilmette Park District. Be sure to indicate your school name on the registration form. You are guaranteed of being placed on a team only if you register no later than Nov. 8. After Nov. 8, there will be a \$20 late registration fee and a waiting list will be started. Fee is per person and includes a team T-Shirt. No refunds after evaluations start on Oct. 30.

Rosters are final once they are put together by the Wilmette Park District. The Park District will work with coaches who have lost players to maintain their rosters. All teams will be organized based on the total number of registrants. Teams will be grouped by grade-level and play is organized by division based on the performance in the Holiday Tournament and on the pre-season evaluations. Games are scheduled on Saturdays between 8 a.m. and 6 p.m. League play begins Sat. Jan. 8, 2011 and will run for 10 weeks.

Junior High age players (grade 7 & 8) will be placed on teams based on grade level and gender with no school affiliation. Participation of players from outside the Wilmette Park District will be contingent upon enrollment numbers.

Player Evaluations will take place at Wilmette Junior High School according to the following schedule:

Sat., Oct. 30

All 5th grade boys: 8-10 a.m.
 5th and 6th grade girls: 10 a.m.-Noon
 All 6th grade boys: 1-3 p.m.

Sat., Nov. 6

All 4th grade boys: 8-10:30 a.m.
 All 4th grade girls: 10:30-12:30 p.m.
 All 7th grade boys and girls: 1-2 p.m.
 All 8th grade boys and girls: 2-3 p.m.



A SPECIAL NOTE OF THANKS

A special thank you to AVOCA SCHOOL DISTRICT 37 and WILMETTE PUBLIC SCHOOLS DISTRICT 39 for providing the Wilmette Park District with school facilities and support in many, many ways. Their continuing efforts in assisting the Wilmette Park District help us to provide quality programming. We are proud of our association and greatly appreciative. •••

Pre-Season Practice will be held Nov. 20 to Dec. 18. Practice days and times vary according to availability and coaches' schedules. Practices are held at Wilmette Junior High, Central and McKenzie Schools on Saturdays between 8 am and 6 pm. **There is no pre-season practice on Dec. 25 and Jan. 1.**

COACHES MEETING

Sat., Nov. 13 at 10 am

Wed., Dec. 1 at 7 p.m.

These meetings will be held in the Auditorium of the Community Recreation Center. The sign up for pre-season practices will follow Nov. 13 meeting. The sign-ups for regular season weeknight practices will follow the Dec. 1 meeting.

No games: Feb. 19

BOYS

R-\$154 / **NR**-\$187 21 weeks

Grade 4

227069-01 Sa 8 am-5 pm 10/30-3/19

Grade 5

227069-02 Sa 8 am-5 pm 10/30-3/19

Grade 6

227069-03 Sa 8 am-5 pm 10/30-3/19

Grade 7

227069-04 Sa 8 am-5 pm 10/30-3/19

Grade 8

227069-05 Sa 8 am-5 pm 10/30-3/19

GIRLS

R-\$154 / **NR**-\$187 21 weeks

Grade 4

227070-01 Sa 8 am-5 pm 10/30-3/19

Grade 5

227070-02 Sa 8 am-5 pm 10/30-3/19

Grade 6

227070-03 Sa 8 am-5 pm 10/30-3/19

Grade 7

227070-04 Sa 8 am-5 pm 10/30-3/19

Grade 8

227070-05 Sa 8 am-5 pm 10/30-3/19

*try out a
SPORTS CLASS
today!*

FIELD HOCKEY

[Hot Shots Sports]

New Trier Field Hockey Fall House League

This new program will help develop the beginner to advanced field hockey player. Each session will begin with a short practice and then participants will be divided into teams for a game. Coaches include collegiate player Melissa Davis, NTHS alum and current New Trier Field Hockey players. Each participant will receive a T-shirt. A field hockey stick, shin guards and mouth guard are mandatory equipment. This program meets at Community Playfields.

Grade 2-4

R-\$90 / **NR**-\$113 6 weeks

128034-01 Su 3-4 pm 9/19-10/24

Grade 5-8

R-\$110 / **NR**-\$138 6 weeks

128034-01 Su 4-5:30 pm 9/19-10/24

FOOTBALL

[Mark Miller's]

Munchkin Football

Join your child and come out to learn the basics of football. This program teaches the basic concepts of football rules, catching, throwing, and flag pulling. Fun, teamwork and sportsmanship will be emphasized. These classes meet at the Community Recreation Center.

No class: Thurs., Sept. 9

Age 3-5 w/parent

R-\$100 / **NR**-\$125 7 weeks

127076-02 Th 6-6:30 pm 8/26-10/14

R-\$115 / **NR**-\$143 8 weeks

127076-01 Su 9-9:30 am 8/29-10/17

[SportsKids]

Fun With Football

Are you ready for some football? This class will cover passing, catching, team offense/defense in a safe and fun environment. Nerf footballs will be used. Controlled scrimmages will be played once the basic skills have been taught. This program meets at the Community Recreation Center.

No class: Sat., Sept. 18

Age 4-6

R-\$101 / **NR**-\$126 8 weeks

127021-01 W 1-1:45 pm 8/25-10/13

Age 5-6

R-\$88 / **NR**-\$111 7 weeks

127021-02 Sa 12:30-1:15 pm 8/28-10/16

[Mark Miller's]

Munchkin Nerf Football

This program teaches the basic concepts of football rules, catching, throwing and flag pulling. Fun, teamwork and sportsmanship will be emphasized. This class meets at the Community Recreation Center.

Age 4-8

R-\$115 / **NR**-\$143 8 weeks

127078-01 Su 10-10:30 am 8/29-10/17

[On-The-Go Sports]

Non-Contact Football

This high energy non-contact football clinic teaches the fundamentals of the sport, including passing, receiving, blocking, routes and more. Participants receive top-notch instruction from coaches who have played the sport on a collegiate or professional level. Classes will also include scrimmages and occasional guest speakers. Registration is limited, so sign up early. Monday classes meet at the Community Recreation Center; Wednesday classes meet at Harper School.

No class: Mon., Sept. 6

Grade 1-2

R-\$105 / **NR**-\$131 6 weeks

127034-01 M 5-6 pm 8/23-10/4

R-\$105 / **NR**-\$131 6 weeks

127034-03 W 5-6 pm 8/25-9/29

Grade 3-6

R-\$105 / **NR**-\$131 6 weeks

127034-02 M 6-7 pm 8/23-10/4

[On-The-Go Sports]

Quarterback Skills Clinic

Learn the quarterback position from the pros. This program will teach you all the skills you need to be the next great quarterback: how to take and give hands offs, 3 step drops, how to throw the ball like a tight spiral and more. This class will be taught by a former or current college quarterback. Take your game to the next level! This program meets at the Community Recreation Center. **No class: Sept. 6**

Age 8-12

R-\$105 / **NR**-\$131 6 weeks

127071-01 M 7-8 pm 8/23-10/4

[SportsKids]

Wilmette Eagles

House League Flag Football

Registration Deadline: Aug. 28

Get your young football player ready for Wilmette Eagles Football with our House League Flag Football program. Player safety will be a priority as we focus on the fundamentals of football. Players will learn how to throw, catch and run basic plays with an emphasis on fun and teamwork. Coaching information, league play and rules will be distributed. The first Saturday will be a skill session run by SportsKids with coaches' help. Week two will consist of controlled scrimmages working on offense, defense and learning the plays. The remaining Saturdays will be games overseen by SportsKids officials and parent volunteer coaches. This program meets at the Community Recreation Center playfields. *Rain date: Oct. 16*

Grade 2-3

R-\$114 / **NR**-\$143 7 weeks
127063-01 Sa 1:30-3 pm 8/28-10/9

Wilmette Eagles House League and Travel Tackle Football

NEW REGISTRATION DEADLINES!

Travel Football (Grades 6-8) Registration Deadline: Mon., Aug. 9

House League Football (Grades 4-5) Registration Deadline: Mon., Aug. 30

The importance of instruction, the development of skills and the fun of playing the game are emphasized in this closely supervised program. Players in grades 4-8 will be divided into groups according to age, height and weight, and skill to minimize the possibility of injuries. Participants must provide all equipment except for team jerseys which are provided by the Park District.

Practices are held Monday through Thursday and on Saturday. Games are scheduled for Saturdays and/or Sundays at Howard Park and other locations. The objectives of the Eagles Tackle Football program are to introduce youngsters to proper techniques, stress proper conditioning of athletes, teach football skills, and instill a spirit of sportsmanship and teamwork among players.

The season wraps up with football banquets in the cafeteria of the Wilmette Junior High on Tues., Nov. 2 and Wed., Nov. 3. More details will be distributed at a later date.

Grade 4-5 Boys

R-\$271 / **NR**-\$339
127067-01 **Grade 4** 8/31-10/23
127067-02 **Grade 5** 8/31-10/23

Grade 6-8 Boys

R-\$312 / **NR**-\$390
127067-03 **Grade 6** 8/9-10/31
127067-04 **Grade 7** 8/9-10/31
127067-05 **Grade 8** 8/9-10/31

Grades 4-5

Practices (Times subject to change)
First practice is a Tues.
Tu, W, Th•6:30-7:30 pm•8/31-10/24

Sa•8-10 am•Starting 9/4

Grades 6, 7, & 8

Practices (Times subject to change)
M-F (preseason practice)•6-8 pm•8/9-8/27
Tu, W, Th•9/7, 8, 9•9/28, 29, 30•10/12, 13, 14
M, W, Th•6-7:30 pm•Starting 8/30

Sa•8-11 am•8/14, 21, 28

Sa•10 am-Noon•Starting 9/4

Games

Sat. and Sun. •TBA after registration

Wilmette Eagles Travel Football PARENTS MEETING

Sat., Aug. 28, 10 a.m. at Community Recreation Center

This meeting will provide parents with an overview of Eagles Travel Football, including philosophy of the program and responsibilities of coaches, players and parents. Immediately following, there will be a "Meet the Coaches" session. Your child's coach will be there to greet you and answer questions from 10:45 to 11:15 a.m. At 11:45 a.m. travel teams will hold a series of dress scrimmages. This event will be followed by hot dogs and drinks for players and families. *This is an important event, and attendance is STRONGLY recommended.*

LACROSSE

[Team One Lacrosse]

Boys' House League

This unique boys' lacrosse program has been developed by John Combs and Phil Ryan. The program will be based around a house league established to emphasize stick skill improvement, individual skill development, team concepts and smart lacrosse. Teams will be limited to 10-12 players per team and games will be played on short fields—ensuring each player plenty of playing time and lots of opportunities to have the ball in his stick. This program meets at Gillson Park.

Grade 2-4

Practice Sat. 9/11, 9/18 & Tues.: 9/14-10/12;
Games Sat.: 9/25-10/16

Grade 5-6

Practice Sat.: 9/11, 9/18 & Wed.: 9/15-10/13;
Games Sat.: 9/25-10/16

Grade 7-8

Practice Sat.: 9/11, 9/18 & Thurs.: 9/16-10/14;
Games Sat.: 9/25-10/16

R-\$125 / **NR**-\$156 6 weeks

Grade 2-4

128024-01 Sa, Tu 4:30-5:45 pm 9/11-10/16

Grade 5-6

128024-02 Sa, W 4:30-5:45 pm 9/11-10/16

Grade 7-8

128024-03 Sa, Th 4:30-5:45 pm 9/11-10/16

[Team One Lacrosse]

Boys' Travel Teams

Drawing players from the Wilmette House league, Team One will coordinate local travel games for Grades 4-8 in the North Shore Lacrosse League. These teams will be for stronger, more experienced players and games will be played on a full lacrosse field. Teams will be limited to 20 players. The North Shore Lacrosse League includes teams from Wilmette, Winnetka, Northbrook, Kenilworth, Loyola and Evanston. Players must be participating in

SPECTACULAR SPORTS PARTIES!

WHAT ARE YOU DOING FOR YOUR CHILD'S NEXT BIRTHDAY OR SPECIAL OCCASION?

Consider a sports lesson for your group. The Wilmette Park District sports staff will take a group of children age 5 and up through a one-hour class—you can choose from a variety of sports and activities. All activities are geared towards the ages and abilities of your children, so that everyone has a fantastic, safe time. In addition, a room is available for one hour following your sport event for party celebrations. For more information about scheduling a sports party, call the Community Recreation Center, 847/256-9686.

CANCELLATIONS ON THE WEBSITE

WEATHER IN QUESTION?

CHECK OUR WEBSITE at www.wilmettepark.org and click on cancellations. You can also call the Wilmette Park District sports information line at 847/256-7133, Option 4.



the House League to be eligible for the Wilmette Travel Team. Practice will be held for 45 minutes following each house team practice. Games will be played on Sundays. *For more information contact John Combs at teamonelaxcombs@comcast.net*

MARTIAL ARTS

Young Tigers Taekwondo

The class instructor, Grand Master Kim, has more than 40 years of martial arts training. This program was developed by Oriental Martial Arts College and places emphasis on developing essential skills for good physical fitness through martial arts training. Basic techniques of Taekwondo, combined with deep breathing exercises, help children develop proper posture, concentration, and coordination. Practice of proper manner helps to develop courtesy, self-esteem, and self-control. Class is taught in a relaxed and fun environment. Students should wear martial arts uniform during class (white taekwondo uniform-dobock which can be ordered at the class). More information on this program is available at www.YoungTigers.org website. This program meets at the Community Recreation Center.

Age 6-12•Beginning

R-\$79 / **NR**-\$99 7 weeks
127036-01 F 6:15-7 pm 8/27-10/8

Age 7-18

R-\$79 / **NR**-\$99 7 weeks
127036-02 F 7:05-7:50 pm 8/27-10/8
127036-03 W 7-7:45 pm 8/25-10/6
127036-04 W 6:15-7 pm 8/25-10/6

Taekwondo for Adults

This class is for beginning adults who want to learn traditional Taekwondo for self-defense, health, physical fitness and stress release. The main emphasis in this class will be practicing basic blocks, punches, kicks, stretches and deep breathing. Instructor Grandmaster Kim has more than 40 years of martial arts training and has been teaching Young Tigers Taekwondo classes since 1998 with Dr. Lucy Park. Instructors are affiliated with the Songmookwan Moongryu OMAC system (www.OMACWorld.com). The class format follows a traditional Taekwondo class with an added consideration to developing healthy breathing habits. Taekwondo uniforms can be purchased

in class. Please visit www.youngtigers.org for more information, or email MasterHoKim@gmail.com with questions.

Age 18 & up

R-\$79 / **NR**-\$99 7 weeks
127081-01 Tu 5:15-6 pm 8/24-10/5

Pre-Karate/Safety

Through a variety of fun and creative activities, young children will develop coordination, strength and personal safety skills in a well-supervised setting. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four-time national champion, U.S. Karate national coach and national faculty member of ACEP (American Coaching Effectiveness Program). The program meets at the Community Recreation Center.

Age 5-7

R-\$81 / **NR**-\$101 8 weeks

Beginner

127042-01 Tu 4-4:45 pm 8/24-10/12

Continuer

127042-02 Tu 4:50-5:35 pm 8/24-10/12

Intermediate/Advanced

Instructor's permission required

127042-03 Tu 5:40-6:25 pm 8/24-10/12

Martial Arts participants should note that belt promotions are optional and may incur additional expense, as well as the purchase of martial arts uniforms and safety equipment. Testing for belt promotion may require traveling to other communities.

Youth Karate/Safety

Karate skills put children in touch with their bodies and help build coordination, agility, strength and poise as well as personal safety skills in a well supervised setting. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four-time national champion, U.S. Karate national coach and national faculty member of ACEP (American Coaching Effectiveness Program). The program meets at the Community Recreation Center.

Age 8-14

R-\$81 / **NR**-\$101 8 weeks

Beginner/Continuer (white-orange belt)

127039-01 Tu 7:30-8:30 pm 8/24-10/12

Intermediate/Advanced (yellow belt & up)

127039-02 Tu 6:30-7:30 pm 8/24-10/12

Parent/Child Karate

Share time with your child while developing muscle tone, coordination, cardiovascular fitness and karate skills. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, U.S. Karate National Coach and National Faculty Member of ACEP (American Coaching Effectiveness Program). The program meets at the Community Recreation Center.

Fee is for each participant.

Age 7 & up

Beginner/Continuer (white-orange belt)

R-\$81 / **NR**-\$101 8 weeks
127041-01 Tu 7:30-8:30 pm 8/24-10/12

Adult Karate

This program is ideal for releasing tension and developing cardiovascular fitness. Karate movements develop poise and agility while improving overall muscle tone. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, four-time National Champion, U.S. Karate National Coach and National Faculty Member of American Coaching Effectiveness Program (ACEP). This program meets at the Community Recreation Center.

Age 15 & up

R-\$81 / **NR**-\$101 8 weeks

Beginner/Continuer (white-orange belt)

127037-01 Tu 7:30-8:30 pm 8/24-10/12

Intermediate/Advanced (yellow belt & up)

127037-02 Tu 6:30-7:30 pm 8/24-10/12

GIRLS' SOFTBALL

[Hot Shots Sports]

Game Time Softball [NEW!]

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches will umpire while emphasizing the fundamentals and game strategies of softball. Players will be encouraged to employ skills used in softball such as hitting, throwing, fielding, pitching, defensive positioning and team offense. These skills and others will be put to use in a "game time" environment as the players scrimmage each week. This program meets at the Central School Fields.

No class: Sat., Sept. 18

Age 6-8

R-\$72 / **NR**-\$90 5 weeks
127072-01 M 4:30-5:45 pm 9/13-10/11

Age 9-10

R-\$72 / **NR**-\$90 5 weeks
127072-02 Sa 1-2:30 pm 9/11-10/16

Age 11-12

R-\$72 / **NR**-\$90 5 weeks
127072-03 Sa 1-2:30 pm 9/11-10/16

*try out a
SPORTS CLASS
today!*

SKATEBOARDING

Skateboard Lessons

This class is for beginners and intermediate skaters. Participants must bring a skateboard and something to drink. Helmet, knee, elbow and wrist guards are strongly encouraged. Beginners will learn how to start, stop, drop in, ollies, basic ramp riding, balance and tricks. Intermediate riders are taught skills and tricks based on their abilities. This class is taught by Frank, owner of Team Skateboard, Inc. Maximum of 10 participants per session. Participants should have a board from a skateboard shop or email Frank at fpteamskateboard@yahoo.com about correct equipment.

Age 5-7

R-\$55 / NR-\$69	4 weeks
128035-01 Th 4-5 pm	9/16-10/7

Age 8-13

R-\$109 / NR-\$136	4 weeks
128035-02 Th 5-7 pm	9/16-10/7

SOCCER

Coach Abe's Soccer

Coach Abe has taught thousands of boys and girls the skills necessary to play recreational and travel soccer. Coach Abe's love and passion for the game of soccer was born in the streets of Buenos Aires, Argentina. Abe is a head trainer with the Wilmette Wings and regarded as one of the best youth coaches in the Chicagoland area. Each class has a fun-filled environment while focusing on coordination, skills, teamwork, tactics and sportsmanship.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 3 at Community Recreation Center

R-\$105 / NR-\$131	8 weeks
128008-03 Tu 11-11:45 am	8/24-10/12
128008-10 Tu 1:30-2:15 pm	8/24-10/12

Age 4 at Community Recreation Center

R-\$105 / NR-\$131	8 weeks
128008-01 Tu 9:15-10 am	8/24-10/12
128008-02 Tu 2:15-3 pm	8/24-10/12

R-\$92 / NR-\$115	7 weeks
128008-04 Th 9:15-10 am	8/26-10/14
128008-05 Th 12:15-1 pm	8/26-10/14
128008-06 Th 2-2:45 pm	8/26-10/14

Age 4 at McKenzie School

R-\$105 / NR-\$131	8 weeks
128008-07 Su 1:15-2 pm	8/29-10/17
128008-15 Su 4:15-5 pm	8/29-10/17

Age 5-6 at Community Recreation Center

R-\$105 / NR-\$131	8 weeks
128008-09 Tu 10-11 am	8/24-10/12
128008-11 Tu 3-4 pm	8/24-10/12

R-\$92 / NR-\$115

7 weeks	
128008-12 Th 10-11 am	8/26-10/14
128008-13 Th 1-2 pm	8/26-10/14
128008-14 Th 2:45-3:45 pm	8/26-10/14

Age 5-6 at McKenzie School

R-\$79 / NR-\$99	6 weeks
128008-08 M 4:30-5:30 pm	8/23-10/4

Age 5-7 at McKenzie School

R-\$105 / NR-\$131	8 weeks
128008-17 Su 5-6 pm	8/29-10/17

Age 7-8 at McKenzie School

R-\$79 / NR-\$99	6 weeks
128008-16 M 5:30-6:30 pm	8/23-10/4

FALL SOCCER

Season begins: Aug. 28

A \$20 late registration fee is now being charged for late Soccer Registrations. Boys and girls in Grades K to 8 play games at Community Playfields on Saturdays between 8 a.m. and 4 p.m. The season runs from August 28-October 16. Contact Bobbie Kramer or Judy Ross at 847/256-7133 for more information.

VOLLEYBALL

[On-The-Go Sports] Volleyball Clinic

Learn the basics of volleyball: Passing, setting, spiking, serving and blocking will be taught by a former collegiate volleyball star. This clinic will stress the importance of discipline and teamwork as it equates to success on the court. Participants will be grouped according to playing skill and instruction will be built around the abilities of those involved. The clinic is open to boys and girls. This program meets at the Community Recreation Center.

No class: Sept. 9

Grade 4-8

R-\$105 / NR-\$131	6 weeks
128006-01 Th 6:30-7:30 pm	8/26-10/7
128006-02 Th 7:30-8:30 pm	8/26-10/7

IS WINNING THE MOST IMPORTANT THING?

Support your child—win or lose—and support your child's teammates. Have patience with your child. Parental support is great, but interference can be counterproductive. It is the philosophy of the Wilmette Park District to provide team sports programs in soccer, softball, football and basketball where the emphasis is on the development of the child as an individual and an athlete, and where they can learn respect and sportsmanship in a safe atmosphere.

DO YOU HAVE QUESTIONS?

Ask your coach first. If he/she is unable to answer your questions, please contact Sara Hilby at 847/256-9689 or Jason Pilecki at 847-256-9690. Remember: Youth sports are not designed to compete with college or professional athletics. Let the kids have fun.

NOTES

Sideline

WHO'S THE COACH?

Soccer, softball, football and basketball rely on volunteers to coach the teams. The coaches are trained by the Wilmette Park District and the emphasis is placed on the child, development, learning and having fun. Consider the coaches' feelings before being critical. Remember our coaches are unpaid volunteers who already have full-time employment. The coaches control the athletes—not the parents. Please do not argue with or try to undermine officials and coaches.

WHAT EQUIPMENT IS NEEDED?

Equipment requirements differ with each sport. For example, team shirts, shorts and socks are provided by the Wilmette Park District for soccer, softball and basketball. Jerseys are provided for football. Basketball teams provide their own uniforms. Further equipment needs such as shoes, shin guards, helmets and specialized padding are provided by players. Equipment lists are distributed by team coaches.

SPORTS INFORMATION

The Wilmette Park District assigns program coordinators to the SOCCER, SOFTBALL and BASKETBALL programs. These coordinators are available to answer questions during their sport season. If you have a specific question please check Sara Hilby at 847/256-9689 or Jason Pilecki at 847/256-9690. If you have further questions, or during off-seasons, please call 847/256-9686.

FALL ADULT LEAGUES

Registration is underway for the Fall Adult Leagues. For information, or to register your team, contact Sara Hilby at 847/256-9689 or shilby@wilpark.org. We offer both competitive and recreational men's basketball leagues, women's volleyball, co-ed volleyball and men's soccer leagues. We provide team T-shirts for the men's basketball and soccer leagues. The registration deadline for each league is *two weeks prior* to the start date. Returning teams from the previous season will have priority registration and all new teams will fill in after. The registration deadline will be void if the league fills up prior to the deadline. The team roster needs to be filled out the first night of each league. League fees will need to be paid in full before the first night of games. All schedules will be posted at www.wilmettepark.org under the "Sports/team-schedules" section. The weather hotline is 847/256-7133 ext. 4 for all leagues.

BASKETBALL

Men's Leagues

Location: Wilmette Junior High School

No games: Nov. 25-29; Dec. 23 & 30

Age 18 & up Competitive

R-\$525 / **NR**-\$525 14 weeks
 128031-02 Su 1-9 pm 9/19-12/19

Age 18 & up Competitive

R-\$650 / **NR**-\$650 20 weeks
 128031-01 Th 6:30-10 pm 11/4-3/17

Age 30 & up Recreational

R-\$525 / **NR**-\$525 14 weeks
 128031-04 Su 1-9 pm 9/19-12/19

SOCCER

Men's Leagues

Location: Community Playfields

Age 18 & up

R-\$350 / **NR**-\$350 7 weeks
 128036-01 Su 1-5 pm 9/12-10/24

VOLLEYBALL

Co-Rec Indoor Leagues

Location: Wilmette Junior High School

Age 18 & up

R-\$480 / **NR**-\$480 14 weeks
 128037-01 Tu 7-10 pm 9/14-12/14

Women's Indoor Leagues

Location: Wilmette Junior High School

No games: Nov. 25

Age 18 & up

R-\$480 / **NR**-\$480 14 weeks
 128009-01 W 7-10 pm 9/15-12/15

*try out a
SPORTS CLASS
today!*

S P O R T S I N S T R U C T O R S

[HOT SHOTS SPORTS]

STEVE DUMAN, Director > Steve has been developing youth athletic programming since 1994 and continues to provide classes and clinics in Chicago and Denver. The Girls Sports programs developed by Hot Shots Sports offers girls specialized training through clinics and camps in basketball and softball in a exclusively female environment. In addition to his own clinics and camps, Steve has coached varsity basketball and softball and has been involved with many traveling teams.

[COACH ABE'S MINI-SOCCER STAFF]

ABE STUMME, Mini-Soccer > Abe is a head trainer for the Wilmette Wings soccer club and is a USSF nationally licensed coach. He has been instrumental in the growth of the Wilmette Wings and is highly respected as a youth coach. He helped develop the soccer curriculum for the Mini-Soccer program.

[SPORTSKIDS]

KEN FONTANA, Manager > Ken has managed SportsKids for 19 years—providing youth sports programming to the north and northwest suburbs. Ken attended Iowa State University majoring in physical education. He has been sought after as a public speaker on the topic of youth sports and has designed, coached and supervised many sports programs; served as an associate scout in baseball; researched youth sports and conducted numerous training programs for teachers.

[ON-THE-GO SPORTS]

CHRIS MARTIN, Non-contact football and sports conditioning > During his high school years, Martin was ranked in the top 100 prospects in Florida. In his senior year he was recruited by Northwestern University's football coach Gary Barnett and received a full athletic scholarship. Lettering all four years at college, Chris was recognized as first team All-Big Ten by area media and coaches and as one of the top ten defensive backs entering the NFL Draft. Chris signed as a free agent with the Chicago Bears in 1996 where he worked his way from the practice squad to the active roster. His career with the Bears ended two years later.

MIKE NELSON, Non-contact football and sports conditioning > Mike, a former four-sport letterman in high school, left his hometown of Plano, Texas in 1994 to join the Northwestern Wildcats as a defensive back. He played for Northwestern from 1994-1998 including the Rose Bowl run in 1995 and the consecutive Big Ten titles in 1995 and 1996. He lettered four times while starting 45 consecutive games and ended his career in the school's Top Ten pass break-up list. Currently, he coaches varsity football at an Illinois high school.

[MUNCHKIN SPORTS]

MARK MILLER'S programs, begun in 1997, are oriented to children's sports and educational development. Mark Miller's goal is to promote the self-esteem of children through the Munchkins' programs and also to build family relationships through the newly developed Parent and Me Programs. Mark Miller's Munchkin Programs have been featured on the local

ABC and NBC networks, WGN (around town), Bozo's Circus, CLTV and special articles in the Chicago Tribune, many local newspapers and nationally in Home Based Business Magazine.

[GIRLS LACROSSE COACHES]

PETE COLLINS, Lacrosse > Pete is currently head coach of girls' lacrosse at New Trier High School. He has been teaching and coaching at New Trier for 10 years and was named 2005 Illinois High School Lacrosse Coach of the Year. He serves as president of the Illinois High School Girls Lacrosse Association. Pete has coached with the Great Lakes National Team, Wildcat Elite Club and Northwestern Summer Camps. He has experience coaching all levels from beginners to high school elite players.

KRISTEN MURRAY, Lacrosse > Kristin is the assistant girls' lacrosse coach at New Trier High School. She has 10 years of coaching experience at the high school, middle school and youth levels and is a certified Level 1 trainer for US Lacrosse. Kristen played lacrosse at Brown University, earning all-American and All-Ivy honors.

[ILLINOIS BASEBALL ACADEMY]

CHRIS BEACOM, The Complete Player Program, is a former New Trier High School head coach and has been teaching kids of all ages and ability levels how to play baseball for the past 20 years. Prior to becoming a coach, Chris captained the Northwestern University team and then played professionally in the Toronto Blue Jays organization.



CENTENNIAL ICE RINKS

at the

**CENTENNIAL
RECREATION
COMPLEX**

2300 OLD GLENVIEW ROAD
847/256-9666

ISI NATIONAL AWARD-WINNING FACILITY IN MANAGEMENT AND ICE-SKATING PROGRAMS
PUBLIC SKATING / SEASON MEMBERSHIPS



ICE RINK STAFF

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ASSISTANT MANAGER:

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SKATING PROGRAM DIRECTOR:

Vickie Tassone

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Tel: 847/256-9684

SKATING PROGRAM COORDINATOR:

Cydele Fadeeva

ADMINISTRATIVE ASSISTANT:

Ann Olson

HEAD MAINTENANCE:

Mark Sak

HEAD BUILDING SUPERVISOR:

Michael Gregor

SKATING SCHOOL STAFF:

Molly Anderson

Rafe Aybar

Elizabeth Beberdick

Rosalind Druce Evanson

Alexandre Fadeev

Cydele Fadeeva

Andria Kelling

Rafe Kelling

Brittany Knierim

Jennifer Carruth-Multra

Jennifer Myzia

Grace Neuses

Jennifer Paske

Lisa Paul

Angela Pereira

Oleg Podvalny

Caitlin Ramsey

Conor Sedam

Sharon Seiden

Cathleen Bentley-Sweder

36TH SEASON

- > ISI class programs instructing over 3,000 skaters a year
- > ISI hockey class programs instructing over 500 skaters a year
- > 20 hours of Open Freestyle Sessions a week
- > Member of United States Figure Skating
- > Member of Ice Skating Institute
- > Wilmette Hockey Association
- > New Trier High School Hockey Club
- > Loyola Academy Hockey Club
- > Metro North America High School Hockey League
- > Loyola University Hockey Club
- > Wilmette Cougars Women's Hockey Club
- > Tom McDaniels Adult Hockey
- > Hockey North America Adult Hockey League

SPECIAL EVENTS

LOYOLA ACADEMY THANKSGIVING HIGH SCHOOL
HOCKEY INVITATIONAL TOURNAMENT

ANNUAL SPRING ICE SHOW

SUMMER FIGURE SKATING CAMP

"MID-SUMMER CLASSIC" ISI COMPETITION

SUMMER PUBLIC SKATE SCHEDULE

June 14-Aug. 22

Mon.: 7:30-9 pm • Sat.: 1-3 pm • Sun.: 1-3 pm
**Special events may make it necessary to cancel or move public skate to the Studio Rink.*

REGULAR SEASON PUBLIC SKATE SCHEDULE

Aug. 23, 2010-June 12, 2011

This schedule is subject to change at the discretion of management. Changes will be posted as needed.

Mon.: 10-11:30 am & 4-5:15 pm
 Tues.: 10-11:30 am & *7:30-9 pm
 Wed.: 10-11:30 am & *4-5:15 pm
 Thurs.: 10-11:30 am
 Fri.: 10-11:30 am & 7:30-9:30 pm
 Sat.: 1-2:30 pm & *7-9 pm
 Sun.: 1-2:30 pm

**Studio Rink: Special events may make it necessary to cancel or move Public Skating to the Studio Rink. All Saturday night public skate times are held in the Studio Rink.*

ADMISSION

	Student	Adult
All Sessions	\$6.50	\$7.50
Friday Night Skate	\$7.50	\$7.50
Children 5 years & under	\$3.50	
Skate Rental	\$3.75 <i>Public Skate</i>	\$3.25 <i>Lessons</i>

I-SKATE PASSES

Skating passes expire one year from date of purchase.

	R	NR
Individual Pass	\$71	\$100
2 Person Family	\$108	\$152
3 Person Family	\$120	\$169
4 Person Family	\$132	\$186
Each Additional	\$12	\$17
Senior Citizen	\$41	—
In-Home Childcare Provider	\$91	—

A Family is considered up to two adults and dependent children through the age of 23 who reside at the same address.

SPECIAL DATES & EVENTS CENTENNIAL ICE RINKS

Sept. 6: Labor Day—No Class

Sept. 9: Rosh Hashanah—No Class

Sept. 18: Yom Kippur—No Class

Nov. 25-27: Thanksgiving Holiday—No Class

Nov. 25-28: Loyola Academy Thanksgiving Tournament

Nov. 28: Super Sunday Special Classes

Dec 7-Jan. 14: Holiday Learn-To-Skate Classes

Dec. 20-Jan. 2: Winter Break—No Regular Classes

Dec. 24: Ice Rink closes at 3 p.m.

Dec. 25: Ice Rink is closed

Dec. 31: Ice Rink closes at 3 p.m.

Jan. 1: Ice Rink opens at 2 p.m. for public skate

SKATE RENTALS

Quality hockey and figure skates are available in children's size 8 through adults' size 12 during public skating and lessons. Skate Rental fees: \$3.75 for public skating, \$3.25 for lessons.

SKATE SHARPENING

While You Wait: \$9.50

Overnight: \$7.25

Skate sharpening is available by the Dupliskate Skate Sharpener located in our Skate Rental area. Features include: Automatic Pass Control, High Edge Control, Pre-Set Hollow Grinds, Custom Radius Profiling, Adjustable Spring Tension, and Superior Control, so less blade is removed during sharpening. Call Centennial Ice Rinks, 847/256-9666, for more specific information.

GUIDE TO CENTENNIAL ICE RINKS

A complete guidebook for Centennial Ice Rinks entitled *The Cutting Edge* is available in the Ice Rink Office. This informative handbook answers pertinent questions you may have about our programs and policies at Centennial along with helpful tips such as how to properly fit and lace your skates.

CONCESSION STAND

The concession stand serves a variety of refreshments during skating lessons, public skating sessions, scheduled hockey games and private ice rentals.

REGISTRATION INFORMATION

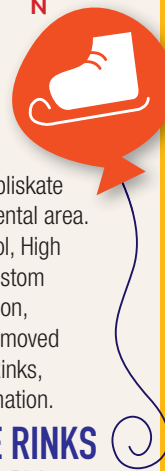
Resident New Students > Registration begins at 9 a.m. on Tuesday, August 10. Registration is on a first come, first serve basis and will NOT be accepted prior to August 10. You may register on-line at www.wilmettepark.org, via fax at 847/256-0739, by mail, or in person at any Park District facility.

Non-Resident New Students > Registration begins at 9 a.m. on Tuesday, August 17. Registration is on a first come, first serve basis and will NOT be accepted prior to August 17. You may register on-line at www.wilmettepark.org, via fax at 847/256-0739, by mail, or in person at any Park District facility.

Make-up Policy > Skaters may make-up one missed class per session. Approval must be obtained prior to the make-up class. Make-up lessons are also given when management cancels classes. Classes will be combined when there is insufficient enrollment.

Refund Cancellations > See page 77

ISI Evaluation > Evaluations are offered before the end of each session. Instructors will determine whether a student is ready for evaluation one week prior to testing. Evaluation is optional for all students in Pre-Alpha through Freestyle VI. Tot Beginner, Basic, Intermediate and Advanced students receive a patch upon completion of their specific level as deemed by the instructors. Skaters ready to test will be notified by their class instructor or the Skating Director.



CHILL OUT AT CENTENNIAL ICE RINKS FOR YOUR BIRTHDAY!

Whether your group would like to iceskate, play hockey or broomball we have a party package for you. Ice party times are scheduled during public skate sessions or when the Studio Rink is available—days and times vary. Our birthday party packages include skate passes and rentals for 15 guests (including a required minimum of two adult chaperones); two hours in a party room; your very own Skate Party Animal to lend a hand; food and drink for 15; birthday cake; paper goods; goodie bags and a party T-shirt for the guest of honor. Choose from two packages: **FREEZY & EASY:** \$325 for 15 guests (including adult chaperones). Additional guests at \$15 per person. **COLD & BOLD:** \$375 for 15 guests (including adult chaperones). Additional guests at \$18 per person.

Call 847/256-9666 for details.

RENTAL SPACE *cool!*

RENT-A-RINK for broomball, hockey and other skating events. Main Rink: \$335 per hour.

Studio Rink:

SKATING: \$140 per hour for 1-40 participants; additional \$1.50 per person for 41-60 participants; skate rental special rate of \$3.25.

BROOMBALL: \$160 per hour (studio rink) or \$355 per hour (main rink), equipment for up to 16 players is included. This is a fun, action-packed game for both children and adults, played on rough ice while wearing sneakers, rubber-soled shoes or boots. Additional broomball equipment may be rented for \$22/set.

HOCKEY: \$145 per hour (studio rink), goal nets included.

RENT-A-ROOM for meetings, parties or other special events held either in conjunction with a skating event or separately. There are three multi-purpose rooms in the facility.

LOWER LEVEL ROOM: is located in the lower level of Centennial Ice Rinks with ample outlets, tables and chairs and accommodates up to 75 people.

MEZZANINE LEVEL ROOM: is located adjacent to the Ice Rink Office and features easy access to both the main and studio rinks. This room can accommodate up to 40 people.

UPPER LEVEL ROOM: is located by the Wilmette Tennis Club and is equipped with a sink and full-size refrigerator. Perfect for smaller groups 20 people or less.

Rental rates are: \$30 per hour, with skating or broomball; \$40 per hour, meeting only.

Call 847/256-9666 for details.

CLASS SCHEDULE

2010-11

FALL SESSION: 8 WEEKS

Aug. 23-Oct. 16, 2010

No class: Sept. 6, Sept. 9 & 18

Mon., Thurs. & Sat. classes: 7 weeks

Resident Registration: Tues., Aug. 10

Non-Resident: Tues., Aug. 17

Classes Begin: Mon., Aug. 23

WINTER SESSION: 11 WEEKS

Oct. 18-Jan. 15

No class: November 25-27

Thurs., Fri. and Sat. classes: 10 weeks

Priority Registration: Sept. 27-Oct. 2

(*recommendation slip required*)

New Resident: Tues., Oct. 5

New Non-Resident: Tues., Oct. 12

Classes Begin: Mon., Oct. 18

Super Sunday Special Classes: Nov. 28

Winter Break: Dec. 20-Jan. 2

Holiday Learn-To-Skate Classes: 6 weeks

Dec. 7-Jan. 14

Registration: Nov. 28

MID-WINTER SESSION: 12 WEEKS

Jan. 17-Apr. 16

No classes: Mar. 28-Apr. 3

Priority Registration: Dec. 13-18

(*recommendation slip required*)

New Resident: Tues., Jan. 4

New Non-Resident: Tues., Jan. 11

Classes Begin: Mon., Jan. 17

SPRING SESSION: 6 WEEKS

Apr. 19-June 12

No classes: May 31

Spring Ice Show: May 14, 15, & 16

SUMMER SESSION: 10 WEEKS

June 13-Aug. 19

Skate rental coupons for use with lessons **ONLY** are now available for purchase at the Ice Rink information desk.

LEARN-TO-SKATE CLASSES

TODDLER AGE 3

Children must be 3 years old by Aug. 24 & toilet-trained.

Toddler I

Toddlers begin by learning to fall correctly and get up alone. Balance and self-confidence are stressed. Forward skills are introduced.

No class: Sat., Sept. 18

R-\$71 / **NR**-\$89 8 weeks

120001-01 Tu 9:30-10 am 8/24-10/12

120001-02 W 1-1:30 pm 8/25-10/13

120001-03 F 9:30-10 am 8/27-10/15

R-\$62 / **NR**-\$78 7 weeks

120001-04 Sa 11:30 am-noon 8/28-10/16

PRESCHOOL AGE 4-5

Children must be 4 years old by Aug. 24

Tot I

Beginners with no previous instruction or experience will be introduced to forward basic skills.

No class: Sat., Sept. 18

R-\$71 / **NR**-\$89 8 weeks

120003-01 Tu 10-10:30 am 8/24-10/12

120003-02 W 1:30-2 pm 8/25-10/13

120003-03 F 10-10:30 am 8/27-10/15

120003-04 F 1-1:30 pm 8/27-10/15

R-\$62 / **NR**-\$78 7 weeks

120003-05 Sa 10:15-10:45 am 8/28-10/16

Tot II

Students in these classes must have passed Tot I. Forward stroking, forward and backward swizzles, dips, and two-foot jumps are included in the program.

No class: Sat., Sept. 18

R-\$71 / **NR**-\$89 8 weeks

120004-01 Tu 10-10:30 am 8/24-10/12

120004-02 W 1:30-2 pm 8/25-10/13

120004-03 F 10-10:30 am 8/27-10/15

120004-04 F 1-1:30 pm 8/27-10/15

R-\$62 / **NR**-\$78 7 weeks

120004-05 Sa 10:15-10:45 am 8/28-10/16

Tot Elite

Children who have passed Tot I and Tot II or who have equivalent skating ability are eligible for this class. Forward and backward crossovers, T-stops, two-foot turns and spins, and forward spirals will be introduced.

No class: Sat., Sept. 18

R-\$71 / **NR**-\$89 8 weeks

120005-01 F 1:30-2 pm 8/27-10/15

R-\$62 / **NR**-\$78 7 weeks

120005-02 Sa 10:45-11:15 am 8/28-10/16

YOUTH AGE 6-11

Pre-Alpha

Focus of this entry-level class will be on two-foot and one-foot forward glides, forward and backward swizzles and general balancing techniques. This class is tailored for skaters with no or limited skating experience and is designed to teach the basics of skating in a safe and encouraging fashion.

No class: Mon., Sept. 6 & Sat., Sept. 18

R-\$92 / **NR**-\$115 7 weeks

120007-01 M 4-4:45 pm 8/23-10/11

R-\$105 / **NR**-\$131 8 weeks

120007-02 F 4-4:45 pm 8/27-10/15

30 minute class

R-\$62 / **NR**-\$78 7 weeks

120007-03 Sa 10:45-11:15 am 8/28-10/16



YOUR EVENT > OUR EQUIPMENT TO GO

DID YOU KNOW CENTENNIAL ICE RINKS HAS ICE SKATES AND BROOMBALL EQUIPMENT YOU CAN RENT AND TAKE OFF-SITE? ICE SKATES CAN BE RENTED BY THE DAY (\$10) OR WEEK (\$30) PLUS A \$5 MAINTENANCE FEE PER PAIR. BROOMBALL EQUIPMENT RENTAL INCLUDES 12 BROOMS AND TWO BROOM-BALLS IN EACH SET. THE COST IS \$50 PER DAY. FOR MORE INFORMATION CALL CENTENNIAL ICE RINKS AT 847/256-9666.

GOING TO THE ICE RINKS? REMEMBER YOUR "I SKATE" PASS!
ADMISSION TO THE CENTENNIAL ICE RINKS IS BY "I SKATE" PHOTO ID PASS OR DAILY FEE. EVERYONE ENTERING THE FACILITY MUST SHOW A VALID "I SKATE" PASS OR PAY THE DAILY ADMISSION FEE.



A MESSAGE TO PARENTS: *Appropriate Attire*

TODDLERS THROUGH DELTA: Slacks, heavy sweater or jacket, mittens or gloves. Skating dresses and tights are encouraged. No snow pants please!
FREESTYLE I-X: Skating dresses, unitards or similar attire are encouraged. Long sweatshirts or jackets and jeans restrict the movement of skaters.
SKATES: When renting skates, sizes run the same as street shoes or a size smaller. The foot should fit snug in the boot. Double runner skates are NOT permitted for class. . . .

Alpha I

Skills taught in this level are controlled forward stroking, forward right and left crossovers and snowplow stops. Skaters must have passed the Pre-Alpha level.

No class: Mon., Sept. 6 & Sat., Sept. 18

R-\$92 / **NR**-\$115 7 weeks

120008-01	M	4-4:45 pm	8/23-10/11
120008-04	Sa	12-12:45 pm	8/28-10/16

R-\$105 / **NR**-\$131 8 weeks

120008-02	Tu	4:45-5:30 pm	8/24-10/12
120008-03	F	4-4:45 pm	8/27-10/15

Alpha II

All skills from the preceding levels will be reviewed and perfected. Skaters must complete these skills to move to the Beta level.

No class: Mon., Sept. 6 & Sat., Sept. 18

R-\$92 / **NR**-\$115 7 weeks

120009-01	M	4-4:45 pm	8/23-10/11
120009-04	Sa	12-12:45 pm	8/28-10/16

R-\$105 / **NR**-\$131 8 weeks

120009-02	Tu	4:45-5:30 pm	8/24-10/12
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Beta I

Backward stroking, right and left backward crossovers & T-stops are taught in this level.

No class: Mon., Sept. 6 & Sat., Sept. 18

R-\$94 / **NR**-\$118 7 weeks

120010-01	M	4:45-5:30 pm	8/23-10/11
120010-03	Sa	12-12:45 pm	8/28-10/16

R-\$107 / **NR**-\$134 8 weeks

120010-02	Tu	4-4:45 pm	8/24-10/12
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Beta II

All skills from the preceding levels will be reviewed and perfected. Skaters must have completed Beta I or have equivalent knowledge of backward skills.

No class: Mon., Sept. 6

R-\$94 / **NR**-\$118 7 weeks

120011-01	M	4:45-5:30 pm	8/23-10/11
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R-\$107 / **NR**-\$134 8 weeks

120011-02	Tu	4-4:45 pm	8/24-10/12
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Gamma

Forward outside three turns, mohawks and hockey stops are skills taught in this level.

No class: Mon., Sept. 6

R-\$96 / **NR**-\$120 7 weeks

120012-01	M	4:45-5:30 pm	8/23-10/11
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R-\$110 / **NR**-\$138 8 weeks

120012-02	Tu	5:30-6:15 pm	8/24-10/12
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Delta

Skills taught in this level are forward edges, forward inside three turns, lunges, shoot-the-duck and the bunny hop. *This completes the basic skills program.*

R-\$112 / **NR**-\$140 8 weeks

120014-01	Tu	5:30-6:15 pm	8/24-10/12
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Freestyle I-X

To qualify for testing and/or competitions students must be *individual* members of the Ice Skating Institute.

To Join: Ask at the rink office or any instructor for the ISI Individual Membership Form.

Evaluation: Evaluations are given the last two weeks of each session.

First Session Evaluations

Maneuvers: Week of Sept. 20

Solos: Week of Sept. 27

FREESTYLE I-V: AGE 6-17

No class: Mon., Sept. 6

Main Rink

R-\$105 / **NR**-\$131 7 weeks

120015-01	M	5:30-6:15 pm	8/23-10/11
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FREESTYLE V-X: AGE 6-17

Main Rink

R-\$134 / **NR**-\$168 8 weeks

120016-01	Tu	4:00-5:00 pm	8/24-10/12
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[TRIPLE PLAY DAY!]

Specialty Classes

Wednesday is Triple Play Day at Centennial Ice Rinks! Take one, two or all three of our Specialty Classes on Wednesday and SAVE. This discount applies only to the Spin, Power and Axel classes. See descriptions below.

> **1 class:** **R**-\$78 / **NR**-\$98

> **2 classes:** **R**-\$146 / **NR**-\$183
(\$10 discount)

> **3 classes:** **R**-\$214 / **NR**-\$268
(\$20 discount)

Spin Workshop

Studio Rink

Limit 10 per class, 30 minute class

Centering, entry-exit edges and basic body positioning will be the focus of this beneficial workshop. It is tailored for all "spinners" in Freestyle I and above.

Age 6-16

R-\$78 / **NR**-\$98 8 weeks

120020-01	W	5:30-6 pm	8/25-10/13
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Power Class

Limit 15 per class, 30 minute class

This class is designed to increase the skater's strength, stamina and agility. Open to skaters in Freestyle I and above.

Age 6-16

R-\$78 / **NR**-\$98 8 weeks

120049-01	W	6:00-6:30 pm	8/25-10/13
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Axel Class

Studio Rink

Limit 15 per class, 30 minute class

The objective of this unique class is to teach the fundamental techniques of the Axel jump. Focus will be on correct take-off, in-air and landing positions. The class begins with floor exercises in the Multi-Purpose room and continues on-ice in the studio rink. Skaters must have passed Freestyle IV to participate.

Age 6-16

R-\$78 / **NR**-\$98 8 weeks

120021-01	W	6:30-7 pm	8/25-10/13
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*try out an
ICE SKATING CLASS
today!*

Skaters of all ages performing in Spring 2010 ice show "The Olympic Dream."



High School Figure Skating Class

Studio Rink

This exciting offering is open to High School age skaters who have passed the ISI Freestyle IV level. Join your peers to learn techniques for program choreography and a variety of show skating ideas.

R-\$76 / **NR**-\$95 8 weeks
 120047-01 Su 7-7:45 pm 8/29-10/17

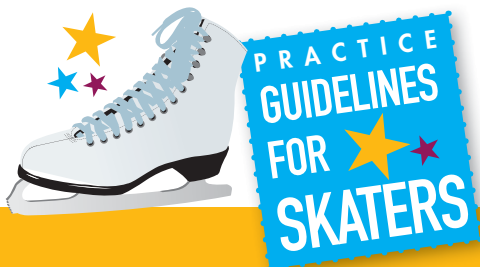
Practice Makes Perfect

Pre-Alpha through Delta Practice/Private Lesson Session

Having trouble with those tricky crossovers? Looking to master your mohawk? Take advantage of this 50-minute "practice makes perfect" session. Skaters can take a 10-minute mini-private lesson from one of Centennial's instructors. Reservations for these private lessons will be taken in the Ice Rink Office for an additional fee of \$11. Skaters are encouraged to use the rest of the session to practice their skills. By focusing on the Pre-Alpha through Delta maneuvers that give you the most trouble, better progress can be made towards your goal of passing to the next ISI level. Studio Rink *Limit 18.*

No class: Mon., Sept. 6

R-\$55 / **NR**-\$55 7 weeks
 120017-01 M 5:30-6:20 pm 8/23-10/11



Practice is essential to learning and gaining confidence as well as helping you reach your skating goals. The following guidelines for weekly practice are offered for your planning purposes.

- > Pre-Alpha through Beta: 1 hour to 1½ hours
- > Gamma through Delta: 1½ to 2 hours
- > Freestyle I through Freestyle III: 2 to 2½ hours
- > Freestyle IV & Up: 2½ to 3 hours or more

Pre-Alpha through Delta skaters can sharpen their skills by attending one of the public skate sessions that are offered during the week. The Freestyle I and higher skaters might want to consider the "Practice Makes Perfect" sessions or one of the Freestyle Practice Ice sessions.

FREESTYLE

PRACTICE ICE

To qualify for Freestyle Practice Ice you must have passed ISI Delta test by April 19, 2010. *Days and times good through May 7.*

Moves In the Field : Mon.-Fri., 6-6:30 am

Open Freestyle:

Mon.-Fri., 6:30-9:30 am
 Mon., 1:30-4:00 pm
 Tues. & Thurs., 11:30 am-3:45 pm
 Wed., 11:30 am-3:30 pm
 Fri., 1:30-3:45 pm

***Tot-Freestyle X:** Wed., 3:30 pm-4:10 pm

FEES:

1 hour: \$8.50
45 minutes: \$7.75
40 minutes: \$7.50
30 minutes: *\$7.25
Drop-ins: add .25 to listed fees

Prime-Time Wednesday Open Freestyle Practice Ice

Limit: 28 skaters

Enroll for this 8 week session and ice time will only cost you \$9.75 per hour. If space permits, drop-ins will be allowed to buy on in a first-come, first-served manner. The drop-in fee is \$11.75 per session.

Age 6-16

R-\$82 / **NR**-\$82 8 weeks
 120018-01 W 4:20-5:20 pm 8/25-10/13

Prime-Time Thursday Open Freestyle Practice Ice

Limit: 28 skaters

Enroll for this 7 week session and ice time will only cost you \$13 per ¼ hours. If space permits, drop-ins will be allowed to buy on in a first-come, first-served manner. The drop-in fee is \$14.25 per session.

No session: Sept. 9

Age 6-16

R-\$91 / **NR**-\$91 7 weeks
 120019-01 Th 4-5:15 pm 8/26-10/14



TEEN & ADULT

FIGURE SKATING

Beginner

Beginners with no previous experience or instruction. Basic forward and backward skills are taught.

No class: Mon., Sept. 6

R-\$92 / **NR**-\$115 7 weeks
 120022-01 M 1:30-2:15 pm 8/23-10/11

R-\$105 / **NR**-\$131 8 weeks
 120022-02 Tu 6:30-7:15 pm 8/24-10/12

Basic

Skater must have knowledge of beginner maneuvers. Forward and backward crossovers, backward stroking, three turns and mohawks are introduced.

No class: Mon., Sept. 6

R-\$92 / **NR**-\$115 7 weeks
 120023-01 M 1:30-2:15 pm 8/23-10/11

R-\$105 / **NR**-\$131 8 weeks
 120023-02 Tu 6:30-7:15 pm 8/24-10/12

Intermediate

Skater must be able to do all the maneuvers from Alpha-Delta. Freestyle jumps, spins and footwork are taught.

No class: Mon., Sept. 6

R-\$92 / **NR**-\$115 7 weeks
 120024-01 M 1:30-2:15 pm 8/23-10/11

R-\$105 / **NR**-\$131 8 weeks
 120024-02 Tu 6:30-7:15 pm 8/24-10/12

Yeah
BLACKHAWKS ...
 our hometown
HEROS!

HOCKEY CLASSES

"Development for Excellence" Hockey specialist, Rafe Aybar, teaches this expanded program at Centennial Ice Rinks. Rafe's more than 30 years of teaching experience have been in all hockey-playing levels. He has served on school and clinic staffs throughout the United States, Canada and Sweden.

The Wilmette Park District will not allow anyone to participate in a hockey class without the following *mandatory* equipment.

RENTAL FEES:

Helmet and face mask: \$1.50

Elbow pads: \$1.50

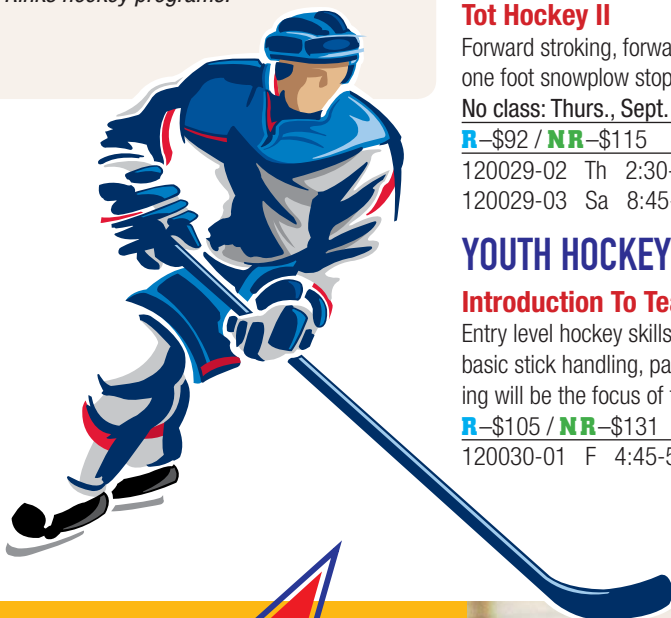
Shin pads: \$1.50

Hockey skates: \$3.25

Stick: \$1.50

Total Package (all above items): \$9.25

The listed equipment is available from the Skate Rental ONLY to students enrolled in Centennial Ice Rinks hockey programs.



PRESCHOOL HOCKEY AGE 4-5

Must be 4 years old by Aug. 23

Tot Pre-Hockey

This class is offered to the first-time hockey skater who may need a smaller and more structured class setting for their introduction to hockey skating. Helmet and hockey skates only are required.

Limit 10 per class

No class: Mon., Sept. 6

R-\$92 / NR-\$115 7 weeks

120027-01 M 1-1:30 pm 8/23-10/11

R-\$105 / NR-\$131 8 weeks

120027-02 W 9:30-10 am 8/25-10/13

Tot Hockey I

Two foot glide, one foot glide right and left, forward swizzle, backward wiggles and backward swizzles are taught.

No class: Thurs., Sept. 9 & Sat., Sept. 18

R-\$92 / NR-\$115 7 weeks

120028-02 Th 1:45-2:30 pm 8/26-10/14

120028-03 Sa 9:30-10:15 am 8/28-10/16

Tot Hockey II

Forward stroking, forward crossovers right and left, one foot snowplow stop are taught.

No class: Thurs., Sept. 9 & Sat., Sept. 18

R-\$92 / NR-\$115 7 weeks

120029-02 Th 2:30-3:15 pm 8/26-10/14

120029-03 Sa 8:45-9:30 am 8/28-10/16

YOUTH HOCKEY AGE 6-9

Introduction To Team Hockey Skills

Entry level hockey skills including all skating skills, basic stick handling, passing, catching and shooting will be the focus of this introductory class.

R-\$105 / NR-\$131 8 weeks

120030-01 F 4:45-5:30 pm 8/27-10/15

Mite/Squirt Intermediate Hockey

Intermediate hockey skills needed for House and Travel league play will be taught. Proficiency in transitions (forward to backward turning), faking, and more advanced shooting skills are the core of this class.

R-\$105 / NR-\$131 8 weeks

120031-01 F 5:30-6:15 pm 8/27-10/15

Advanced Power Hockey

Studio Rink

This program includes power skating and edge-work geared for hockey speed and agility, with and without the puck. The class will concentrate on forward and backward skating and crossovers along with major technical hockey skills. These classes are designed for hockey players who wish to improve their competitive skills. Full equipment is required.

Mites Age 6-9

No class: Thurs., Sept. 9

R-\$108 / NR-\$135 7 weeks

120032-01 Th 5-6 pm 8/26-10/14

ADULT HOCKEY

Adult Hockey Skills & Drills

Don't miss this opportunity to improve your game! Good skating skills are a major key to successful play. Inside and outside edge balance for turns and stops will be one of the objectives of this class.

Puck control such as stick handling, catching, passing, faking, and shooting will be strengthened. Combining the above skills will be the focus of this new offering. **Note: Class is open to both men and women.**

No class: Sept. 9

Teen/Adult

R-\$122 / NR-\$153 7 weeks

120026-01 Th 7:40-8:40 pm 8/26-10/14



WILMETTE HOCKEY ASSOCIATION

The Wilmette Hockey Association (WHA) is an independent organization that works closely with the Wilmette Park District to provide youth hockey leagues and instruction to Wilmette residents. For complete information on Fall House Leagues; All Star Travel Teams and Girls Hockey Leagues please visit the Wilmette Hockey Association web site at www.wilmettehockey.com or call the WHA office at Centennial Ice Rinks 847/920-9421.

WWW.WILMETTEHOCKEY.COM





2011 ICE SHOW ELIGIBILITY INFO



PERFORMANCE DATES: MAY 13, 14 & 15, 2011

Participation: Students four years old and older (no toddlers) enrolled in the Mid-Winter session are invited to participate; however, management reserves the right to cancel any number due to insufficient enrollment.

Regular Rehearsals: April 18-May 10. *Attendance is mandatory.*

Full Cast Dress Rehearsal: Wed., May 11, at 5:30 p.m.

Technical Rehearsal: (All Special Numbers and Soloists) Tuesday, May 10, at 6:30 p.m.

★ REGISTRATION DEADLINE IS FEB. 6, 2011 ★

Ice show registration packets will be handed out during the first two weeks of the Mid-Winter Session (between Jan. 17-29).

Eligibility for Special Numbers and Soloists:

- > Skaters who have passed the Freestyle IV test (both maneuvers and solo) by the end of the Winter session (January 15, 2011) qualify to participate in the Opening Number, a Specialty Number, a Step-Out and Senior Precision.
- > Skaters who have passed the Freestyle V test (both maneuvers and solo) by the end of the Winter session (January 15, 2011) qualify to participate in the Solo tryouts, Opening Number, a Specialty Number, a Step-Out (if a solo is not acquired) and Senior Precision. Skaters in this tier are not required to participate in the Solo tryouts but are welcome to join the other numbers listed above.
- > Skaters trying out for solos and special numbers must be enrolled in the Fall, Winter and Mid-Winter Sessions and/or a Prime-Time Freestyle session. They must also participate in a minimum of 23 of the 30 weeks of their registered choice.
- > During the Fall and Winter sessions (Aug. 23-Jan. 15), registration for one of the two Prime-Time Freestyle sessions will qualify a skater for tryouts as well as any of our regular class offerings.
- > During the Mid-Winter session (Jan. 17-April 16), **SKATERS MUST BE REGISTERED IN A CLASS.** Please note: Prime Time Freestyle sessions may not be used to fill the class requirement during this session. Choices include the Monday or Tuesday Freestyle classes, the Sunday High School Class and/or the Wednesday Spin and Axel class. Please contact the Skating Director for further clarification.
- > *Qualifying skaters who wish to participate in the solo tryouts will receive an information packet during the week of December 5, 2011. Tryout forms are due Monday, Jan. 3, 2011.*
- > Tryouts for skaters will be held on Saturday, Jan. 22, beginning at 7:30 p.m. The skating order will be determined by a draw of names. In fairness to all, please do not request changes in the order of the draw.
- > The skater receiving the highest score will skate in all three ice shows. The four skaters with the next highest scores will skate in two shows. The number of one night solos will be determined by the Skating Director at a later date. A complete packet listing try-out rules and requirements will be distributed the week of December 6, 2010.
- > If you are selected as a soloist, or receive a special number, you are required to continue to meet all of the requirements previously listed. Participation in rehearsals is for the benefit of the entire show ensemble. All soloists and special number skaters are also required to attend the scheduled weekly show rehearsals, the Tuesday, May 10, Technical Rehearsal and the Wednesday, May 11, Dress Rehearsal for the Ice Show. Attendance at family functions such as bar/bat mitzvahs, confirmations, college graduations or weddings must be submitted in writing to the Skating Director in advance. Failure to comply will result in the forfeiture of your solo and special numbers.

CENTENNIAL ICE RINKS



G U I D E L I N E S

> A Photo ID card is used for memberships and passes to Centennial Ice Rinks, Centennial Family Aquatic Center, Center Fitness Club, Wilmette Golf Club, Wilmette Beaches, the Mallinckrodt/Meskill Center and the Wilmette Tennis Club. This renewable pass can be used only by the person to whom it was issued and is not transferable.

> All family members age 2 and older by January 2010, must have their own photo ID or pay a daily fee to skate.

> In-Home Child Care Provider passes are not renewable. Child care providers must apply in person with a letter from their employer to prove employment before they can purchase an "I-Skate" pass. Note: In-Home Child Care Providers may not be counted as a family member on a family pass.

> Application forms for Centennial Ice Rinks "I-Skate" passes are available at all Park District facilities or on our website at www.wilmettepark.org

TO APPLY FOR A NEW "I-SKATE" PHOTO ID PASS

> You may come in person to any Park District facility during regular business hours to apply for your season pass/membership card and have your picture taken.

> Identification establishing your residency will be requested.

> Please **DO NOT** throw away your new photo ID card. The cards are renewable and usable district-wide.

PROOF OF RESIDENCY REQUIREMENTS

When applying for annual passes, club memberships, or registering for a class you will be asked for identification and proof of residency by showing either a current drivers license or State of Illinois ID. If you do not have one of these documents you will need to show another photo ID along with one of the following items displaying a Wilmette address:

- > Voter's registration card
- > Utility bill with owner's name
- > Current automobile registration with owner's name
- > Copy of a real estate contract stating a closing date

WILMETTE TENNIS CLUB

SERVING TENNIS ENTHUSIASTS SINCE 1972

at the

**CENTENNIAL
RECREATION
COMPLEX**

2300 OLD GLENVIEW ROAD
847/256-9676

EIGHT INDOOR COURTS / LOCKER ROOMS / PRO SHOP

WILMETTE TENNIS CLUB STAFF

TENNIS MANAGER/HEAD PROFESSIONAL:

Darrell Smith, U.S.P.T.A.

E-mail: dsmith@wilpark.org

Tel: 847/256-9682

ASSISTANT TENNIS MANAGER/PROGRAM COORDINATOR:

Barbara Jenkins

E-mail: bjenkins@wilpark.org

Tel: 847/256-9679

PROGRAM ADMINISTRATOR:

Melanie Taylor

DESK RECEPTIONISTS:

Barbara Richmond & Carrie Kolles

CENTENNIAL OFFICE ADMINISTRATOR:

Ann Olson

TEACHING PROFESSIONALS:

**Alan Allred; Mike Reyes, P.T.R., U.S.T.A.;
Doug Hawthorne; John Arima, P.T.R.; Patti
Greenberg; Bill Kearns; Kathy White;
Will Ferguson; John Amato; Rob Casey,
U.S.P.T.A.; Patrick Sullivan; Marcus Plonus;
Randel Enario, U.S.P.T.A.; Barbara Jenkins;
Roger Junge, U.S.P.T.A.; Melanie Taylor,
Graham Thompson, Rob Gurolnick and Jess
Witczak.**

Regular Season Hours

Mon.-Thurs.: 7:00 a.m.-10:00 p.m.

Fri.: 7:00 a.m.-8:30 p.m.

Sat.: 7:00 a.m.-7 p.m.

Sun.: 8:00 a.m.-9:30 p.m.

*The facility will close 30 minutes after the
final court change*

Summer Hours (May 16-Sept. 12)

Mon.-Thurs.: 7:00 a.m.-6:00 p.m.

Fri.: 8:00 a.m.-5:00 p.m.

Sat. & Sun.: 8:00 a.m.-Noon

*The facility will close 30 minutes after the
final court change*

Play is by reservation and can be booked
as a Tennis Club Member or non-member.
Permanent court times are selected through
a Permanent Court Time Lottery.

TENNIS DEADLINES+NOTES:

Lottery Deadline Fall—
Basic Level Classes:
Wed., Aug. 11

Fall Registration, in person:
Sat., Aug. 21

Fall Classes begin:
Sun., Aug. 22

Fall Pro Shop Sale:
Sept. 1 – 30

Labor Day Holiday—
No classes:
Sat., Sept. 4 – Mon., Sept. 6

Rosh Hashanah—No class:
Thurs., Sept. 9

2010-11 Permanent Court
Time begins:
Sun., Sept. 12

Yom Kippur—No class:
Sat., Sept. 18

Lottery Deadline—
Winter Basic Level Classes:
Wed., Oct. 6

Winter Registration, in person:
Sat., Oct. 16

Winter Classes begin:
Sun., Oct. 17

Thanksgiving Holiday—
No classes:
Thurs., Nov. 25–Sun., Nov. 28

Winter Break—No classes:
Dec. 20 – Jan. 2

NEXT PAGE

**MEMBERSHIP
INFORMATION**

MEMBERSHIP FEES

Memberships are valid from June 1, 2010 – May 31, 2011

Adults:

\$126/Resident • \$210/Non-Resident

Juniors:

\$50/Resident • \$103/Non-Resident
Under age 18 as of June 1

Family:

\$273/Resident • Non-Resident unavailable
Husband & wife & 1 junior; 2nd junior, \$10

Senior Citizen:

\$102/Resident • \$180/Non-Resident
65 years and older



ADVANTAGES OF MEMBERSHIP

- > Resident and Non-Resident adult members may participate in the annual Permanent Court Time Lottery to select a permanent court time for the 2010-11 Indoor Season.
- > Members may reserve open court time, either in person or by phone, eight (8) days in advance of play.
- > Members have use of locker rooms and lounges.
- > Members have charge privileges in the Tennis Pro Shop and at the facility. Member charges are payable in full upon receipt of statement. Failure to pay before the end of the month will result in suspension of charge privileges. Accounts 60 days delinquent will be subject to suspension of playing privileges.
- > Members enjoy Pro Shop discounts of 10% on racquet purchases and 20% on shoes and clothing purchases (miscellaneous items not included). These discounts apply only to those items not already on sale.
- > Members may also receive additional benefits during the season, such as guest passes and demo racquet discounts.

HOW TO JOIN THE WILMETTE TENNIS CLUB

Fill out the 2010-11 Wilmette Tennis Club Membership Application and include the appropriate membership fee. Checks should be made payable to the Wilmette Park District. You may send your application form to: Wilmette Tennis Club, 2300 Old Glenview Rd., Wilmette, IL 60091. When paying with cash payment must be made in person—please bring your membership application and payment to the Wilmette Tennis Club. **Note: Residents should also bring proof of residency.** Applications for family membership should be submitted on one application form. Membership may not be charged to tennis accounts. Non-Resident users playing in resident groups do not qualify for membership discounts.

REFUNDS

Membership privileges remain in effect until a refund request is submitted. Refunds will be granted based upon the following schedule:

- > Requests received by September 1: Refund is the fee less 20%.
- > Requests received after September 1, and before October 1: Refund is 50% of fee.
- > No refunds will be issued after October 1.

MEMBERSHIP NOTES

Residents: Those living in Wilmette may purchase a membership and apply for Permanent Court time. Proof of residency for each member is required to receive Resident rates.

Non-Residents: Those living outside of Wilmette may purchase a membership and apply for Permanent Court Time. Non-Resident members may also play on a Permanent Court Time basis with a group of residents.

Member Reservations: Members are entitled to reserve 1½ hours of open court time eight (8) days in advance. Persons reserving open court time are responsible for the cost of the court unless canceled at least 24 hours in advance of play.

Non-Member Reservations: A non-member may reserve open court time 24 hours in advance of play. Non-members pay the court fee and an additional surcharge when reserving time. The non-member adult surcharge is \$15 per 1½ hours and \$10 per hour. The non-member junior surcharge is \$12 per 1½ hours and \$8 per hour. Payment must be made in full at the time the reservation is made.

Guest Policy: A non-member (Adult or Junior) may play as a guest ten (10) times during the Indoor Season, paying a \$7 guest fee each time of play (Juniors \$5). Fifty percent of all registered guest fees may be applied toward a half-year membership (second half of season). Guest fees after Jan. 1, 2011, will not be applied toward half-season memberships. All non-members must pay guest fees for all member reserved court times. **Guest fees will be charged to a member reserving a court if a guest, who plays in their group, fails to pay a guest fee or a member fails to present their membership card.**

2010-11 COURT TIMES & FEES

September 12, 2010 through May 14, 2011

Court times may be reserved between 7 a.m.-10:30 p.m., Monday through Thursday; Friday from 8 a.m. to 8:30 p.m. and Saturday from 7 a.m. to 7 p.m. Rates vary from \$34-\$44 per 1½ hours of court time, depending on the time and day. Rates are displayed per 1½ hour rate (full season court rates are in parenthesis). Members may permanently reserve court time or reserve time up to eight (8) days in advance. Non-members may reserve court time 24 hours in advance. Portions of this schedule may be affected by holidays. **No Permanent Court times on: Thanksgiving Day, Christmas Eve after 5:30 p.m., Christmas Day, New Year's Eve after 5:30 p.m., or New Year's Day.**

Adult Court Time per 1½ hours

Time	Sat.-Sun	Mon.-Fri.
7-8:30 am	\$40 (1,400)	\$34 (1,190)
8:30 am-5:30 pm	\$44 (1,540)	\$40 (1,400)
5:30-10 pm	-	\$44 (1,540)
Special Times	Sat.-Sun	Mon.-Fri.
8-9:30 am	-	\$34 (1,190)
9-10:30 pm	-	\$40 (1,400)
8-9:30 am	\$40 (1,400)	-
5-6:30 pm	\$40 (1,400)	-

Junior Court Time & Fees • Must be under 18 years as of June 1

Limited time available: Rate: \$21 per 1½ hours

Junior members can reserve non-prime times at a special discounted rate of \$21 per 1½ hours. Parents' memberships may not be used to obtain Junior Court Time. Juniors cannot receive these rates when purchasing available permanent court time. Juniors who reserve prime time will pay the regular rates. Junior non-members are charged a \$5 guest fee at all times and may be a guest a maximum of 10 times.

TENNIS INSTRUCTION LEVELS

The following are guidelines to help determine your level of tennis ability when registering for tennis instruction.

Basic Levels

Tiny Hitters: For 4 year-olds with minimal tennis experience.

Little Hitters I: For 5 to 6-year-olds with minimal tennis experience.

Little Hitters II: For 5 to 6-year-olds who have been in the program before and *who have been promoted by the Tennis Club Staff.*

Novice: For 7 to 9-year-olds beginning to learn racquet skills with minimal tennis experience.

Junior and Adult Beginner: Individual with limited tennis experience. Wants to learn the fundamentals of tennis.

Junior and Adult Intermediate I: Individual with developing skills. Wants to improve fundamental strokes. Requires additional work on service motion and complete review of basic strokes.

Junior and Adult Intermediate II: Individual should be able to serve and hit ground strokes with moderate success. Consistency and competition is emphasized. Baseline game strategy is drilled.

Junior and Adult Intermediate III: Individual with consistent strokes. Students develop net play and drill baseline game.

Advanced Levels

Advanced Level programs require a tryout. Call Wilmette Tennis Club at 847/256-9676 for information.

Junior Excellence Program: Advanced junior players who have mastered the fundamentals. Program includes Excellence 1 hour and 1½ hours.

Women's Drill, Play and Strategy: Intermediate to advanced level students drill on all strokes and play competitively under the supervision of their instructor.

Pro-Amateur Drill: Advanced players with a firm command of basic strokes drill on advanced strokes and strategy.

Instructional Leagues: For intermediate and advanced players, conducted under professional supervision. Emphasis is on doubles strategy.

FALL TENNIS INSTRUCTION

General information

- > Lottery forms for Basic Level classes are due Wednesday, August 11, at the Wilmette Tennis Club.
- > Register in-person only at the Wilmette Tennis Club, 2300 Old Glenview Rd. on Saturday, Aug. 21, at your assigned time.
- > All Basic Level classes will be conducted from Aug. 22 -Oct. 16. Check carefully for the number of weeks a class is running. There are 7-week and 8-week Basic Level classes.
- > Pro-Am Drills/Women's Drills/Junior Excellence classes run Aug. 22-Jan. 15, 2011. Check carefully for the number of weeks a class is running. There are 16, 17, 18 and 19-week advanced level classes.
- > Regulation tennis shoes must be worn. Tennis apparel is requested.
- > Balls are supplied for lessons, racquets are not.
- > Group instruction with individual attention emphasized.
- > Private instruction is available from the Wilmette Tennis Club's professional staff. Contact Darrell Smith 847/256-9682 for more information.
- > Supervisory instructor on each court.
- > Ball machine rental, on a Match Mate ball machine, is \$15 per hour—including ball hopper. Court time is not included.
- > Demonstrator Racquet Rental – A \$2 fee will be charged to use a demonstrator racquet (major credit card required). Same day rental only.

BASIC LOTTERY REGISTRATION

Lottery Deadline: Wed., Aug. 11

Registration: Sat., Aug. 21, at your assigned time.

Classes Begin: Sun., Aug. 22

A lottery-style registration system has been instituted to more efficiently handle the number of basic level tennis registrants. *All Basic Level students are required to apply for a registration time through the lottery system. Wilmette Tennis Club membership is not required to register for lesson programs.*

- > Complete a Tennis Lesson Lottery form for each student. Family members not in class may enter the lottery together and receive one registration time.
- > Lottery forms are due at Wilmette Tennis Club by Wed., Aug. 11. No fees are paid at this time. If you miss this deadline, please call the Wilmette Tennis Club to get a registration number and time, 847/256-9676.
- > Lottery forms will be drawn in the following order: Residents then Non-Residents.
- > You will be informed of your registration time by mail. If you do not receive your registration notice through the mail, please call us for your assigned time.
- > Registration begins Saturday, Aug. 21, at your assigned time at the Wilmette Tennis Club, 2300 Old Glenview Rd. Proof of residency will be checked prior to registration.
- > If you are unable to attend registration, contact the Wilmette Tennis Club for assistance.



JUNIOR INSTRUCTION

Classes begin the week of August 23 and meet at Wilmette Tennis Club. Students must wear tennis shoes and provide their own racquets.

Tiny Hitters

Introductory tennis for 4-year-olds. Hand-eye and footwork emphasized. Racquet skills will be introduced.

No class: Thurs., Sept. 9

Age 4

R -\$98 / NR -\$122	7 weeks	
116001-02	Th 3:30-4 pm	8/26-10/14

R -\$112 / NR -\$140	8 weeks	
116001-01	Tu 3:30-4 pm	8/24-10/12
116001-03	F 3:30-4 pm	8/27-10/15

Little Hitters I

Introductory tennis for 5-and 6-year-olds with minimal tennis experience.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 5-6

R -\$98 / NR -\$122	7 weeks	
116002-01	M 3:30-4 pm	8/23-10/11
116002-02	M 4:30-5 pm	8/23-10/11
116002-06	Th 3:30-4 pm	8/26-10/14

R -\$112/ NR -\$140	8 weeks	
116002-03	Tu 3:30-4 pm	8/24-10/12
116002-04	Tu 4-4:30 pm	8/24-10/12
116002-05	W 3:30-4 pm	8/25-10/13
116002-07	Tu 4:30-5 pm	8/24-10/12
116002-08	F 3:30-4 pm	8/27-10/15

Little Hitters II

For 5- and 6-year-olds who have been in the program before and who have been promoted by the Tennis Club Staff.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 5-6

R -\$98 / NR -\$122	7 weeks	
116003-01	M 3:30-4 pm	8/23-10/11
116003-05	Th 4-4:30 pm	8/26-10/14

R -\$112 / NR -\$140	8 weeks	
116003-02	Tu 3:30-4 pm	8/24-10/12
116003-03	Tu 4-4:30 pm	8/24-10/12
116003-04	W 3:30-4 pm	8/25-10/13
116003-06	F 3:30-4 pm	8/27-10/15

try out a
TENNIS CLASS
today!

Novice

For 7-to 9-year-olds beginning to learn racquet skills with minimal tennis experience. Focus will be on hitting from mid-court. Ground strokes and volleys will be introduced.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 7-9

R -\$98 / NR -\$122	7 weeks	
116007-01	M 4-4:30 pm	8/23-10/11
116007-05	Th 4-4:30 pm	8/26-10/14
116007-06	Th 4:30-5 pm	8/26-10/14

R -\$112 / NR -\$140	8 weeks	
116007-02	Tu 4:30-5 pm	8/24-10/12
116007-03	Tu 4-4:30 pm	8/24-10/12
116007-04	W 3:30-4 pm	8/25-10/13
116007-07	F 3:30-4 pm	8/27-10/15

Junior Beginner

For 7- to 10-year-olds with minimal tennis experience. Younger students should complete Novice level first.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 7-10

R -\$136 / NR -\$170	7 weeks	
116008-01	M 4-5 pm	8/23-10/11
116008-04	Th 4-5 pm	8/26-10/14
116008-07	Th 6-7 pm	8/26-10/14

R -\$156 / NR -\$195	8 weeks	
116008-08	Tu 5-6 pm Fall Only	8/24-10/12
116008-02	Tu 6-7 pm	8/24-10/12
116008-03	W 4-5 pm	8/25-10/13
116008-05	F 4-5 pm	8/27-10/15
116008-06	F 5:30-6:30 pm	8/27-10/15

Jr. Intermediate I

Individual with developing skills who wants to improve fundamental strokes and requires additional work on service motion and complete review of basic strokes.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 9-11

R -\$136 / NR -\$170	7 weeks	
116009-01	M 4-5 pm	8/23-10/11
116009-04	Th 4-5 pm	8/26-10/14

R -\$156 / NR -\$195	8 weeks	
116009-02	Tu 6-7 pm	8/24-10/12
116009-03	W 4-5 pm	8/25-10/13
116009-05	F 3:30-4:30 pm	8/27-10/15
116009-06	F 4-5 pm	8/27-10/15
116009-07	F 4:30-5:30 pm	8/27-10/15

Age 12-14

R -\$156 / NR -\$195	8 weeks	
116009-08	Tu 5-6 pm	8/24-10/12
116009-09	F 4-5 pm	8/27-10/15

Jr. Intermediate II

Individuals should be able to serve and hit ground strokes with moderate success. Consistency and competition is emphasized along with baseline game strategy. Baseline game strategy is drilled.

No class: Mon., Sept. 6 & Thurs., Sept. 9

Age 10-11

R -\$136 / NR -\$170	7 weeks	
116010-01	M 4-5 pm	8/23-10/11
116010-03	Th 4-5 pm	8/26-10/14

R -\$156 / NR -\$195	8 weeks	
116010-05	Tu 5-6 pm Fall Only	8/24-10/12
116010-02	W 4-5 pm	8/25-10/13
116010-04	F 4:30-5:30 pm	8/27-10/15

Jr. Intermediate III

Individuals with consistent strokes and a reliable serve. Students develop more advanced skills at the net and on the baseline

No class: Thurs., Sept. 9

Age 10-12

R -\$136 / NR -\$170	7 weeks	
116011-02	Th 5-6 pm	8/26-10/14

R -\$156 / NR -\$195	8 weeks	
116011-01	Tu 4-5 pm	8/24-10/12
116011-03	F 4-5 pm	8/27-10/15

JUNIOR

ADVANCED LEVELS

Junior Excellence Program

Advanced junior players who have mastered the fundamentals. This program includes Excellence 1 hour and 1½ hours. Advanced tennis fundamentals and match skills will be emphasized. Students will have the opportunity to play in our Sat. night tournaments. Tryouts or recommendation by instructor are required to enroll. *Tryouts are required to place new students in appropriate levels.* Residents will be given priority placement in advanced classes.

Junior Excellence (1 hour)

First level of the Junior Development Program. Players should be able to hit all basic tennis strokes consistently.

No class: Sept. 4-6, 8 & 18; Nov. 25-28; Dec. 20-Jan. 2

Age 10-16

R -\$398 / NR -\$498	17 weeks	
116013-05	Th 4:30-5:30 pm	8/26-1/13

R -\$424 / NR -\$530	18 weeks	
116013-01	M 4:30-5:30 pm	8/23-1/10
116013-02	M 5-6 pm	8/23-1/10
116013-03	M 6-7 pm	8/23-1/10
116013-16	F 5-6 pm	8/27-1/14
116013-06	F 5:30-6:30 pm	8/27-1/14

R -\$445 / NR \$556	19 weeks	
116013-04	W 4:30-5:30 pm	8/25-1/12

Jr. Excellence (1½ hours)

Second level of the Junior Development Program. Students should be ready to learn advanced shot techniques and strategy.

No class: Sept. 4-6, 8 & 18; Nov. 25-28;

Dec. 20-Jan. 2

Age 10-16

R-\$572 / **NR**-\$715 17 weeks

116013-10 Th 5-6:30 pm 8/26-1/13

116013-11 Th 5:30-7 pm 8/26-1/13

R-\$606 / **NR**-\$758 18 weeks

116013-12 F 5-6:30 pm 8/27-1/14

R-\$639 / **NR**-\$799 19 weeks

116013-09 W 5-6:30 pm 8/25-1/12

Age 14-18

R-\$639 / **NR**-\$799 19 weeks

116013-17 Tu 4:30-6 pm 8/24-1/11

High School Excellence (1 ½ hours)

This program is open to high school students currently on a team or trying out for a team.

Boys Age 14-18

R-\$606 / **NR**-\$758 18 weeks

116013-13 M 5-6:30 pm 8/23-1/10

Girls Age 14-18

R-\$404 / **NR**-\$505 11 weeks

116013-14 Tu 4:30-6 pm 10/19-1/11

Co-ed Age 14-18

R-\$538 / **NR**-\$672 16 weeks

116013-15 Sa 12:30-2 pm 8/28-1/15

Jr. Match Play (2-Hour Class)

Structured singles and doubles played under the watchful eye of one of our senior pros. Open to Jr. Excellence players. Tryout or staff approval *only* for any student not in the Jr. Excellence program. Contact Barb Jenkins, 847/256-9679 for information.

No class: Sept. 4-6, 8 & 18; Nov. 25-28;

Dec. 20-Jan. 2

Age 9-18

R-\$308 / **NR**-\$385 16 weeks

116014-01 Sa 3-5 pm 8/28-1/15

116014-02 Sa 5-7 pm 8/28-1/15



ADULT CLASSES

Basic Levels

Classes begin the week of Aug. 22. Students must wear tennis shoes and provide their own racquets.

Adult Beginner

For adults with minimal or no tennis experience. Tennis fundamentals will be emphasized.

Perfect for the first time player. Get started in the sport of a lifetime!

No class: Mon., Sept. 6, Thurs., Sept. 9 & Sat., Sept. 18

Age 18 & up

R-\$136 / **NR**-\$170 7 weeks

116015-01 M 1-2 pm 8/23-10/11

116015-02 M 2-3 pm 8/23-10/11

116015-06 Th 1:30-2:30 pm 8/26-10/14

R-\$156 / **NR**-\$195 8 weeks

116015-03 W 11:30 am-12:30 pm 8/25-10/13

R-\$117 / **NR**-\$146 7 weeks

116015-04 Sa 11 am-12 pm 8/28-10/16

Adult Intermediate I

Individuals with developing skills who want to improve fundamental strokes and require additional work on service motion and complete review of basic strokes.

No class: Sat., Sept. 18

Age 18 & up

R-\$156 / **NR**-\$195 8 weeks

116018-03 W 2:30-3:30 pm 8/25-10/13

116018-04 F 11 am-12 pm 8/27-10/15

116018-05 F 12-1 pm 8/27-10/15

R-\$117 / **NR**-\$146 7 weeks

116018-01 Sa 3-4 pm 8/28-10/16

R-\$136 / **NR**-\$170 8 weeks

116018-02 Su 1-2 pm 8/22-10/10

Adult Intermediate II

Individuals should be able to serve and hit ground strokes with moderate success. Consistency and competition is emphasized along with baseline game strategy.

No class: Thurs., Sept. 9 & Sat., Sept. 18

Age 18 & up

R-\$117 / **NR**-\$146 8 weeks

116019-01 Sa 4-5 pm 8/28-10/16

R-\$136 / **NR**-\$170 8 weeks

116019-02 Su 2-3 pm 8/22-10/10

116019-03 Th 1-2 pm 8/26-10/14

116019-04 Th 2:30-3:30 pm 8/26-10/14

Adult Intermediate III

Individuals with consistent strokes. Students develop more advanced skills at the net and on the baseline.

No class: Mon., Sept. 6

Age 18 & up

R-\$136 / **NR**-\$170 8 weeks

116020-01 Su 3-4 pm 8/22-10/10

116020-02 M 2:30-3:30 pm 8/23-10/11

R-\$156 / **NR**-\$195 8 weeks

116020-03 F 12-1 pm 8/27-10/15

ADULT

ADVANCED LEVELS

Women's Tennis Drill

Advanced level students drill on all strokes and play competitively under the supervision of an instructor. Doubles play is emphasized.

No class: Sept 4-6, 8 & 18; Nov. 25-28; Dec. 20-Jan. 2

Age 18 & up

R-\$572 / **NR**-\$715 17 weeks

116025-19 Th 11 am-12:30 pm 8/26-1/13

116025-20 Th 12:30-2 pm 8/26-1/13

116025-21 Th 1-2:30 pm 8/26-1/13

116025-22 Th 2-3:30 pm 8/26-1/13

116025-23 Th 6:30-8 pm 8/26-1/13

R-\$606 / **NR**-\$758 18 weeks

116025-01 M 9:30-11 am 8/23-1/10

116025-02 M 11 am-12:30 pm 8/23-1/10

116025-03 M 11:30 am-1 pm 8/23-1/10

116025-04 M 12:30-2 pm 8/23-1/10

116025-05 M 1-2:30 pm 8/23-1/10

116025-06 M 2-3:30 pm 8/23-1/10

116025-07 M 6:30-8 pm 8/23-1/10

116025-25 F 11 am-12:30 pm 8/27-1/14

116025-26 F 11:30 am-1 pm 8/27-1/14

116025-27 F 1-2:30 pm 8/27-1/14

R-\$639 / **NR**-\$799 19 weeks

116025-08 Tu 10-11:30 am 8/24-1/11

116025-09 Tu 11:30 am-1 pm 8/24-1/11

116025-10 Tu 12:30-2 pm 8/24-1/11

116025-11 Tu 1-2:30 pm 8/24-1/11

116025-12 Tu 2-3:30 pm 8/24-1/11

116025-13 Tu 2:30-4 pm 8/24-1/11

116025-14 W 10-11:30 am 8/25-1/12

116025-15 W 11 am-12:30 pm 8/25-1/12

116025-16 W 11:30 am-1 pm 8/25-1/12

116025-17 W 1-2:30 pm 8/25-1/12

116025-18 W 5:30-7 pm 8/25-1/12

116025-24 W 6:30-8 pm 8/25-1/12

116025-51 W 2-3:30 pm 8/25-1/12

116025-52 Tu 8-9:30 am 8/24-1/11





Pausing for photos before perfecting their serves.



T E N N I S C L A S S E S & L E A G U E S

Adult Professional-Amateur Drills

Advanced players with a firm command of basic strokes drill on advanced strokes and strategy. Participants are grouped according to their playing ability providing an excellent playing and instructional opportunity for each student.

No class: Sept 4-6, 8 & 18; Nov. 25-28; Dec.20-Jan. 2

Age 18 & up

R-\$538 / **NR**-\$673 16 weeks
 116026-03 Sa 11:30 am-1 pm 8/28-1/15

R-\$572 / **NR**-\$715 17 weeks
 116026-04 Su 12:30-2 pm 8/22-1/9
 116026-05 Su 2-3:30 pm 8/22-1/9
 116026-06 Su 5-6:30 pm 8/22-1/9

R-\$639 / **NR**-\$799 19 weeks
 116026-01 Tu 6-7:30 pm 8/24-1/11
 116026-02 Tu 7-8:30 pm 8/24-1/11

ADULT LEAGUES

Supervised Leagues Intermediate & Advanced

This program is designed for players who wish to improve their doubles game under the watchful eye of one of the Club's expert coaches. Each week players will compete in a round robin format. Program includes court time and balls. *Tryout or pro recommendation is required for placement in the appropriate league.*

Women's Intermediate
R-\$376 / **NR**-\$410 19 weeks
 116021-01 Tu 11 am-12:30 pm 8/24-1/11

Women's Advanced
R-\$358 / **NR**-\$447 18 weeks
 116021-02 F 11:30 am-1 pm 8/27-1/14

Indoor Breakfast Club Drop In

Looking for a way to get your morning off to a quick start? Early risers can enjoy weekly drop-in doubles play. No try-outs or reservations are required. *Drop in for doubles play.* Play begins August 23.

\$12/day

M	7-8:30 am	Weekly
Tu	7-8:30 am	Weekly
W	7-8:30 am	Weekly
F	7-8:30 am	Weekly

ADULT COMPETITIVE TENNIS

Women's Travel Teams

Wilmette Tennis Club sponsors travel teams for women on the A,A/B, B and C levels during the indoor season starting in September. For more information about Travel Teams please call Barbara Jenkins 847/256-9679.

WILMETTE GOLF CLUB

WILMETTE
GOLF CLUB

3900 FAIRWAY DRIVE
LAKE AVE. & HARMS RD.
847/256-9777

18-HOLE GOLF COURSE / PRACTICE RANGE / PRACTICE GREENS / PRO SHOP / RESTAURANT



WILMETTE GOLF CLUB

Situated on 106 acres, the 18-hole, par 70 course, stretches over 6,400 beautiful and challenging yards. The Wilmette Golf Club has four different sets of tees on each hole that offer a challenging and enjoyable experience for golfers of all skill levels. All tees have a U.S.G.A. course rating and slope for both men and women.

WILMETTE GOLF CLUB STAFF



GENERAL MANAGER/GOLF CLUB

SUPERINTENDENT:

Mike Matchen

E-mail: mmatchen@wilpark.org

Tel: 847/256-9653

GOLF CLUB MANAGER/HEAD PGA GOLF

PROFESSIONAL:

Dennis R. Callaghan

E-mail: dcallaghan@wilpark.org

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ASSISTANT GOLF CLUB MANAGER/PGA

PROFESSIONAL:

Jamie Locke

E-mail: jlocke@wilpark.org

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ASSISTANT GOLF PROFESSIONAL:

Kim McCombs

E-mail: kmccombs@wilpark.org

Tel: 847/256-9777

ADMINISTRATIVE ASSISTANT:

Jean Winikates

ONLINE TEE TIME RESERVATIONS:

www.golfwilmette.com

PRO SHOP: 847/256-9777

GOLF CLUB RESTAURANT: 847/256-9626

PRACTICE RANGE

Members and non-members are welcome to use the practice range which features a fairway that is 260 yards long—enabling golfers to practice with every club. Five full-size bent grass target greens are located on the practice fairway to simulate on-course situations as closely as possible. When accompanied and supervised by an adult, children under age 11 may use the practice range. The practice facilities are available to members and non-members at no charge. The practice range charges a fee for practice balls. Golfers of all skill levels are encouraged to use these facilities. Call for more details at 847/256-9777.

TEE TIME

RESERVATIONS

www.golfwilmette.com

847/256-9777

Online booking of tee times is available and encouraged for Members and Non-members. Telephone reservations for members are available seven (7) days in advance. Non-Members, six (6) days in advance, both starting at 7 a.m. each day.

SPECIAL EVENTS

F A L L 2 0 1 0

W.G.A. Club Championship

Tues., Sept. 7 & Wed., Sept. 8

Morning tee-times

This two-day tournament is open to Women's Golf Association members and should be a highlight of their competitive schedules.

Men's Wilmette Amateur

Sat., Sept. 11 & Sun., Sept. 12

Morning tee-times

This tournament will determine the best Men's amateur player in the Village of Wilmette. This tournament is open to members of the Wilmette Golf Club or Wilmette residents.

Women's Wilmette Amateur

Mon., Sept. 13 & Tues., Sept. 14

Morning tee-times

This tournament will determine the best Women's amateur player in the Village of Wilmette. This tournament is open to members of the Wilmette Golf Club or Wilmette residents.

Tournament entry forms and information for all tournaments are available for download on our web site www.golfwilmette.com.

2010 GOLF RATES


WWW.GOLFWILMETTE.COM

18 HOLES	WEEKDAY		FRI/SAT/SUN & HOLIDAYS	
	FALL	FALL	FALL	FALL
Member	\$28	\$22	\$32	\$27
Non-Member	\$45	\$32	\$49	\$37
Resident	\$40	\$27	\$45	\$32
Junior (After 1:00 p.m.)	\$20	\$17	\$25	\$20

9 HOLES	WEEKDAY		FRI/SAT/SUN & HOLIDAYS	
	FALL	FALL	FALL	FALL
Member	\$22	\$16	N/A	N/A
Non-Member	\$26	\$21	N/A	N/A
Resident	\$24	\$19	N/A	N/A

TWILIGHT BEGINS AT 3:00 P.M.	WEEKDAY		FRI/SAT/SUN & HOLIDAYS	
	FALL	FALL	FALL	FALL
Member	\$22	\$16	\$25	\$21
Non-Member	\$26	\$21	\$29	\$26
Resident	\$24	\$19	\$26	\$23
Junior	\$16	\$15	\$20	\$16

SUPER TWILIGHT BEGINS AT 5:00 P.M.	WEEKDAY		FRI/SAT/SUN & HOLIDAYS	
	FALL	FALL	FALL	FALL
Member	\$15	\$11	\$16	\$11
Non-Member	\$15	\$11	\$16	\$11
Resident	\$15	\$11	\$16	\$11
Junior	\$7.50	\$7.50	\$8	\$8

GOLF CARS 	WEEKDAY		FRI/SAT/SUN & HOLIDAYS	
	FALL	FALL	FALL	FALL
Member	9 HOLE		18 HOLE	
	\$9	\$10	\$14	\$16
Non-Member	9 HOLE		18 HOLE	
	\$10	\$11	\$16	\$18
Pull Carts	9 HOLE		18 HOLE	
	\$4.75	\$5.75	\$7.75	\$9.75

WILMETTE PARK DISTRICT

FALL RATES START OCT. 11



NEW 2010 KEEP PACE POLICY

The Wilmette Golf Club makes a sincere effort to ensure that all golfers enjoy their day of golf by maintaining an acceptable pace of play.

- > A group is expected to complete 18 holes in four hours and 20 minutes or less.
- > A group is expected to complete 9 holes in two hours and 10 minutes or less.
- > Foursomes started on the course at nine-minute intervals will finish playing in less than four hours and 20 minutes. All golfers must keep pace with the Keep Pace Clocks on the course. If a foursome keeps up with the group in front of them, they will never have a problem. Wilmette Golf Club Rangers are trained to help you keep play moving and will assist any group that may need extra help.
- > If your group falls 10 minutes behind the Keep Pace Clock, the group will be approached by a Ranger and asked to close the gap. If your group

fails to do so in three holes, you will be asked to then pick up and move to the proper position on the course. Then if the gap is not closed, the players will be asked to leave the course by the manager on duty and will be given a pro-rated refund. Unlimited members will not be given a pro-rated refund.

- > A beginner golfer may be asked to leave the course when he/she cannot reasonably hit the ball or keep up with the normal pace of a public golf course. A full refund will be issued.

CANCELLATION POLICY

Groups that reserve a Tee Time during Open Play must notify the Wilmette Golf Club 24 hours in advance if they will be unable to play at their reserved time. This can be done by using our online tee-time reservation system. *Failure to cancel in a timely fashion will result in a \$10 per player charge to the account of the member who booked the Tee Time unless the time can be resold.*

RAIN CHECK POLICY

If a golfer is directed to cease play by Wilmette Golf Club personnel due to inclement weather, a rain check will be issued for an identical round upon presentation of the day's receipt. Rain checks include golf car if purchased. Rain checks will be good for any time other than reserved lottery times. Rain checks expire one year after the issued date.

JUNIOR PLAY & PRACTICE REGULATIONS

- > **Jr. Silver** can play 7 days a week after 1 p.m.
- > **Jr. Gold** may play Mon.-Thurs. with **NO** time restrictions and after 1 p.m. on Fri., Sat., Sun. and holidays
- > A Junior is defined as anyone between the ages of 11-17 as of Mar. 31, 2010
- > Juniors under the age of 11 must be accompanied by an adult to play or use the practice facility.
- > Junior Members must have written permission to charge expenses to their house accounts.
- > Junior Members cannot be a member of a Reserved Time Lottery foursome or play in the lottery times without being charged a Regular Member Fee.
- > Junior golfers are expected to show proper etiquette and to obey the rules and policies of the Wilmette Golf Club.
- > The Wilmette Golf Club reserves the right to suspend playing privileges of any junior who does not obey the rules and policies of the Wilmette Golf Club.

GOLF INSTRUCTION

Group Lessons

Group lessons offer maximum exposure to the game at reasonable prices and are available to Juniors ages 11-17, and Adult Novice and Intermediate players. Classes include swing theory as well as practical application designed to each student's ability level. If classes must be cancelled because of inclement weather, they will be extended to the following weeks. Fees include range balls.

Tee It Up Program

New this year is the "Tee it Up" program. Every other Sunday afternoon we will set aside an hour—or whatever is necessary of tee times at greatly reduced rates for our students. One of our pros will be on hand to help students from our classes get around the course. This will be a time when beginners can get comfortable playing the game without any pressure to play well.

Junior

Max. 12 students

Our junior classes are meant to be fun. We introduce the basic concepts of the long and short game, as well as accepted parameters of behavior on and around the golf course. It has been our experience that if kids know what is expected of them at a golf course, and are able to enjoy the game as it was meant to be enjoyed, the learning of the game takes care of itself. Here's the opportunity to lay the foundation for a life time of enjoying the game of golf.

Age 11-17

R	NR				4 weeks
\$70	\$87	517001-10	F	4-5 pm	8/6-8/27
		517001-11	Su	10-11 am	8/8-8/29
		517001-12	W	4-5 pm	9/1-9/22
		517001-13	F	4-5 pm	9/3-9/24
		517001-14	Su	10-11 am	9/5-9/26

Adult Novice

Max. 12 students

This class is meant for golfers with little or no experience. We will introduce students to fundamentals of the swing and the short game, as well as teaching the basics of getting around a golf course, etiquette, making tee times and joining groups. We try to give as much individual instruction as time will allow. At the end of this course students should be able to play golf with their friends and enjoy the game of a lifetime.

Age 17 & up

R	NR				4 weeks
\$85	\$105	517002-10	F	6-7 pm	8/6-8/27
		517002-11	Sa	10-11 am	8/7-8/28
		517002-12	Sa	10-11 am	9/4-9/25

Adult Intermediate

Max. 10 students

This class is meant for students who have played before or taken beginning golf lessons. There is no need to be an accomplished golfer. We will work with advanced swing concepts, the short game and concentrate on putting to improve scores. In this class, students get to know each other and form groups that lead to their regular games. Experience levels are varied, so a good deal of time is spent on individual instruction.

Age 17 & up

R	NR				4 weeks
\$85	\$105	517003-09	F	5-6 pm	8/6-8/27
		517003-10	Sa	11 am-noon	8/7-8/28
		517003-11	Sa	9-10 am	9/4-9/25

Private Golf Lessons

The Wilmette Golf Club offers private instruction by our staff of PGA professionals. Whether you are a beginner or a seasoned player, we encourage everyone to take advantage of our experienced teaching staff. Fees include range balls. To schedule lessons log on to www.golfwilmette.com or call the Golf Pro Shop at 847/256-9777.

INDOOR WINTER

GOLF INSTRUCTION

Video Golf Swing Analysis

Improve your swing this winter by working with our PGA Professionals and the V1 Coaching System in a series of private indoor lessons. Students hit into an indoor net while their swing is being recorded. This system gives our PGA Professionals the chance to analyze your swing on a frame-by-frame basis and students can view a copy of the lesson on their home computer by logging on to the V1 Home website. You can learn the correct positions that make a great golf swing. You also have the opportunity to compare your swing to your favorite touring professional. Lessons are offered by the half hour for one or more students. A discount is offered for a six-lesson series.

To schedule lessons log on to www.golfwilmette.com or call the Golf Pro Shop at 847/256-9777.

One Student

Half Hour Lesson – \$50
 Hour Lesson – \$100
 Three 1 Hour Lesson Series – \$250
 Six Half Hour Lesson Series – \$250

Two Students

Half Hour Lesson – \$55
 Three 1 Hour Lesson Series – \$275
 Six Half Hour Lesson Series – \$275

Private Group Lessons (Min. 3-Max. 8)

Hour Lesson – \$120
 Six 1 Hour Lesson Series – \$600



ACTIVE ADULTS 50+

MALLINCKRODT/
MESKILL CENTER

at the

1041A RIDGE ROAD
847/256-9623

EVENTS / LIBRARY / TRIPS / FITNESS ROOM / ONLINE COMPUTERS / CARDS & GAMES

CENTER STAFF



MALLINCKRODT/MESKILL CENTER MANAGER:

Ruthie Brew

E-mail: rbrew@wilpark.org

Tel: 847/920-3651

MALLINCKRODT/MESKILL CENTER

ASSISTANT:

Joan Buchanan

*the
Center*

WILL BE CLOSED
MON., SEPT. 6
FOR LABOR DAY

Programs focus exclusively on active adults, age 50 and better. Our mission is to facilitate the enjoyment of life, providing the place, ways, and means to do so.

An annual membership provides for participation in many free programs and activities, as well as some that are fee-based. Benefits include access to a fitness room, library with online computers, a monthly newsletter and priority registration for all programs and activities which include:

- > enrichment and recreational programming
- > fitness classes such as Tai Chi, yoga, and pilates
- > games such as bridge, Bunco and pinochle
- > day trips to the theater, museums and casinos
- > overnight trips around the country
- > parties, speakers, movies, music and more!



Membership

IN THE MALLINCKRODT/ MESKILL CENTER

You may join the Center at any time with the membership lasting one year. We invite you to stop by to visit us and join the fun!

Adults 50 plus

\$27 annual membership fee

M-F • 9 am-5 pm • Ongoing

TAKE ADVANTAGE OF DISCOUNTS for WILMETTE SENIOR CITIZENS

**Must be Wilmette resident, age 65 or older,
with proper identification**

- > Wilmette Tennis Club Memberships are discounted 25%
- > Centennial Ice Rink passes are discounted 50%
- > Recreation classes at the Community Recreation Center are discounted 25%, except those designated for Adults 50 & up--they have already been discounted
- > Wilmette Golf Club memberships are discounted
- > Gillson Beach and Centennial Family Aquatic Center passes are discounted 50%
- > Summer Boat spaces are discounted 25%

ACTIVE ADULT PROGRAMS

The Wilmette Park District offers many classes that are of particular interest to adults over 50: health and exercise, workshops and trips. If you have an idea for a program or need an answer to your questions, call Ruthie Brew, Mallinckrodt/Meskill Center Manager, at 847/256-9623.

Available through the Meskill Center

Podiatrist: Every other Friday

Social Worker: Wednesdays

Call 847/256-9623 for information

*Great benefits
FOR MEMBERS!*

M = Member **NM** = Non-Member

IMPORTANCE OF EARLY REGISTRATION

It is important to register early for the trips and programs offered by the Mallinckrodt/Meskill Center because theaters, restaurants and instructors require several weeks notice for confirmation. In order to meet these deadlines, decisions must be made well in advance whether or not to cancel programs. We do not want to disappoint anyone, so please register early. Trips leave from The Mallinckrodt/Meskill Center in Mallinckrodt Park, 1041A Ridge Road unless instructed otherwise.

REGISTRATION, CANCELLATION and REFUND POLICY

Reservations are taken on a first-come, first-served basis payable at the time of registration. In case of day trip cancellations, refunds will be issued only if we are able to fill the opening from a wait list. There is a 10% service charge, or a minimum of \$5 on all trip cancellations. A full refund is provided when we cancel a program or activity.

A SPECIAL THANKS ...

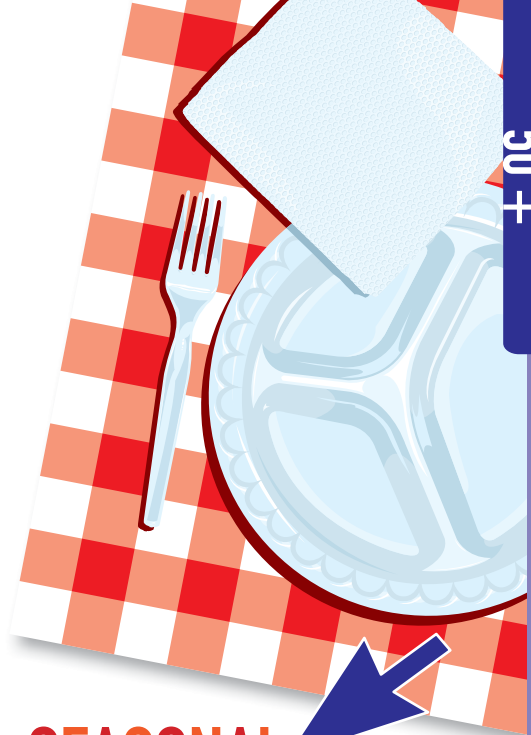
The Meskill Center extends its thanks and appreciation to the many organizations that support and help fund our special events and programs.

FITNESS ROOM AVAILABLE

Two new treadmills and cycles are ready and waiting for use. The Fitness Room is open Mon.-Fri., 9 a.m.-4:45 p.m. daily and provides a pleasant space in which to work out, get fit and stay youthful. This is a Center membership benefit.

ONLINE COMPUTERS in the LIBRARY

The Center Library, well-stocked with newspapers and magazines, in addition to books, now has online computers. Come in to do research, MapQuest directions or check your e-mail. This is a Center membership benefit.



SEASONAL SPECIAL EVENT

Picnic at the Lake

Mon., Aug. 23, 12 noon

Join us for our annual summer picnic in Gillson Park, located on the Lakeview Center patio. It will be burgers, hotdogs, salad, chips and ice cream. Enjoy entertainment and the good company of friends and neighbors. Come down for fresh air and the gentle lake breeze. Kindly sponsored by Manor Care of Wilmette.

Age 50 & up

M-\$5 / **NM**-\$7

131126-01 M 12-2:30 pm

1 day

8/23



ODDS N' ENDS

Computer Workshops

These workshops are provided by Oasis and AT&T Excellence in Technology. Take advantage of the one hour sessions on a variety of topics including Intro to Computers and Microsoft Word, along with Internet skills such as Email, Google and Facebook. Consult the monthly newsletter for a schedule of classes.

Age 50 & up			1 day
M-\$10 / NM-\$15			
531141-01	F	10-Noon	8/13
131141-01	F	10-Noon	9/10
131141-02	F	10-Noon	10/8
231141-01	F	10-Noon	11/12
231141-02	F	10-Noon	12/10

Pins & Needles Group [NEW!]

1st & 3rd Mondays of each month, 1 p.m.

Bring in any handwork—such as knitting, crocheting or needlepoint—and join with others who enjoy keeping their hands busy and creating lovely things. There is no fee, but call to register.

Meeting dates:

Aug. 16 • Sept. 20 • Oct. 4 & 18

Mondays at the Movies

Relax and enjoy movies at the Meskill Center. Films will be shown at 1 p.m. and last approximately two hours. Check your monthly newsletter for listings. Sponsored by Lincolnwood Place. *Members only.* No fee. No registration is required.

Age 50 & up		No fee
M	1-3 pm	

Screening dates:

Aug. 16 • Sept. 20 • Oct. 4 & 18

Humanities

Join us for a weekly ongoing, free discussion group on literature, art, music, philosophy, history and current events. There are special guest speakers each month; watch the Center newsletter for details. Readings are provided to evoke thinking and the opportunity for self-discovery and personal growth. Co-sponsored by Oakton Community College. Registration is required and ongoing. *Open to members only.*

Age 50 & up		No fee
931002-01	W	10 am-noon

Thumbnail Book Reviews

This informative book review program features reference librarian Amy Barrow, who provides short sketches on a variety of new books, including best sellers and other timely titles. This program is provided courtesy of the Wilmette Public Library. No fee, but registration is necessary.

Age 50 & up		No fee
931001-09	F	10:30-11:30 am

Review dates: Sept. 3 • Oct. 1

CARDS & GAMES

Open Bridge

Tuesdays and Thursdays are Open Bridge days at the Center. You do not need a partner and new players are welcome. The game is ongoing and not taken too seriously. Come out and join the group for the sheer enjoyment of the game.

Open to members only.

Age 50 & up		No fee
Tu & Th	Noon-4 pm	Ongoing

Duplicate Bridge

Thursdays are Duplicate day. This is an ongoing game and new, experienced players are always welcome. *Open to members only.*

Age 50 & up		No fee
Th	Noon-4 pm	Ongoing

Mah Jongg

Come over and play Mah Jongg, an ancient Chinese game played with tiles. Experienced players are welcome. Call to inquire about a new beginners group. *Open to members only.*

Age 50 & up		No fee
Tu	12:30-4 pm	Ongoing

Pinochle

Come over and play Pinochle with a friendly group of people. New players are welcome and add to the fun. *Open to members only.*

Age 50 & up		No fee
W	12:30-4 pm	Ongoing

Bunco

Join us for Bunco on the first and third Fridays of every month. Bunco has been around since the 1900s. It is a simple dice game and if you do not know how to play we will teach you.

Open to members only.

Age 50 & up		No fee
F	1-3 pm	

Dates:

Aug. 20 • Sept. 3 & 17 • Oct. 1 & 15

DRIVING

and TRANSPORTATION PROGRAMS

Dial-a-Ride Program

Dial-A-Ride provides subsidized taxi service to New Trier Township residents who are 65 or older and to all residents who are mobility limited. A Township contribution of \$6 is subtracted from the metered charge. You must fill out an application at the office. A photo ID is required. For more information call 847/256-9623.

AARP Driver Safety Program

This two-day refresher-driving course will help you update your knowledge of age-related changes, rules of the road and license renewal requirements. Upon completion your automobile insurance company may reduce your insurance premiums. Attendance at both classes is mandatory for the certificate. Pre-registration is required, call 847/256-9623. The fee is \$12 for AARP members; \$14 for AARP non-members. Please make check out to AARP (No cash).

Age 50 & up		2 days
Th-F	9 am-1 pm	10/14-15

Mobile Driver Services Facility Super Senior Day

Friday, October 22

The Illinois Secretary of State's Office of Driver Services will be at the Mallinckrodt/Meskill Center to provide driver's license renewal, vision screening, ID cards, vehicle renewal stickers and the Rules of the Road exam preparation course. Applicants must come prepared with proper identification. No registration required.

Age 50 & up		1 day
F	10 am-2 pm	10/22

MORE GOOD STUFF NEXT PAGE ...



Rules of the Road Review

This two hour session is designed to give drivers, particularly Adults 50 plus and disabled citizens, the knowledge and confidence they need to successfully pass driver's license renewal examinations. The course is taught by employees or volunteers trained by the Secretary of State's office. *No registration necessary.*

Age 50 & up 1 day
 F 10 am-noon 11/12

HEALTH

and WELLBEING

Walk Your Way to Fitness

Reap the health benefits of walking year-round in the safe, controlled environment of the Center Fitness Club at the Community Recreation Center. Set your own pace and walk alone or with your friends. You must be a member of the Meskill Center to qualify for this arrangement. You may join at any time—your membership lasts a full year. Hours are Monday-Friday between 7 a.m.-4 p.m.; Saturday from 1-6 p.m. and Sunday from 1-5 p.m.

Age 50 & up
M-\$21 / **NM**-Not available
 M-F 7 am-4 pm Ongoing
 Sa 1-6 pm
 Su 1-5 pm

Yoga for Active Adults

This class is an introduction to movements that will both strengthen and relax your body, allowing it to become more flexible, improve cardiovascular endurance and enhance mobility. The instructor is Joyce Bogusky.

Age 50 & up
M-\$96 / **NM**-\$106 8 weeks
 131085-01 Tu 10-11 am 8/24-10/12
 231085-01 Tu 10-11 am 10-19-12/7

Beginning Pilates

Pilates is a body balancing system that strengthens, lengthens, and realigns the body, with a focus on the core. The instructor is Joyce Bogusky.

Age 50 & up
M-\$96 / **NM**-\$106 8 weeks
 131084-01 Th 10-11 am 8/26-10/14
 231084-01 Th 10-11 am 10/21-12/16

YoLates [NEW!]

This class is a combination of yoga and pilates. It combines yoga stretches with core conditioning exercises. This is a great class for developing strength and flexibility. The instructor is Joyce Bogusky.

Age 50 & up
M-\$96 / **NM**-\$106 8 weeks
 131138-01 Tu 9-10 am 8/24-10/12
 231138-01 Tu 9-10 am 10/19-12/7

Tai Chi for the Older Adult

Enjoy learning a basic form of Tai Chi, as well as other techniques designed to energize the body, reduce and manage stress, improve balance, coordination and flexibility. The regular practice of this system of movements can facilitate harmonious energy flow throughout the body, enhancing one's physical and emotional wellbeing. This course is taught by Evelyn Thompson.

Age 50 & up
M-\$90 / **NM**-\$100 8 weeks
 131007-01 F 11 am-12 pm 8/27-10/15
 231007-01 F 11 am-12 pm 10/22-12/17

Podiatry Services

Dr. Nick Ivancevic, a licensed podiatrist and a graduate of the Scholl College of Podiatric Medicine, accepts appointments at the Mallinckrodt/Meskill Center. Services provided include routine diabetic foot care, skin and nail disorders, nail cutting, heel pain, ingrown toenails, wound care, corn and calluses. The cost is covered by Medicare and Medicaid. Most private insurance companies are accepted, but no HMOs. Please call 847/256-9623 for an appointment. *Members only.*

Age 50 & up
 F 9:15 am-12:45 pm
Appointment dates:
 Aug. 13 & 27
 Sept. 10 & 24
 Oct. 8 & 22

THEATER OUTINGS

Carousel

Light Opera Works, Aug. 13
 Join us as we experience Rogers and Hammerstein's most grandly romantic musical. The love story of carnival barker Billy Bigelow and demure young Julie Jordan transcends time and death itself. "June is Bustin' Out All Over," "If I Loved You," and "You'll Never Walk Alone" are but some of the delights from the beloved score.

Age 50 & up
M-\$35 / **NM**-\$45 1 day
 131127-01 F 12-4 pm 8/13

A Chorus Line

Lincolnshire Marriott Theatre, Sept. 8
 Winner of nine Tony Awards including "Best Musical," this legendary show is a must see event. Seventeen dancers compete for eight spots to have the chance to dance in a Broadway show. This musical is brimming with some of composer Marvin Hamlisch's best, "At the Ballet," "The Music and the Mirror," "What I Did for Love," and of course, "One." You will leave humming the tunes.

Age 50 & up
M-\$45 / **NM**-\$55 1 day
 131132-01 W 11 am-5 pm 9/8

I Do, I Do

Light Opera Works, Oct. 3
 In this charming and nostalgic musical we meet Michael and Agnes on their wedding day and follow their lives for 50 eventful years. We watch them go through wedding night jitters, raise a family, negotiate mid-life crises, quarrel, separate, reconcile and grow old together, all to the strains of a tuneful, charming score. Includes the songs "Together Forever," "My Cup Runneth Over," "Nobody's Perfect," and "When the Kids Get Married."

Age 50 & up
M-\$38 / **NM**-\$48 1 day
 131135-01 Su 2:15-6:30 pm 10/3

DAY TRIPS

Cuneo Museum & Gardens

The Valentino Vineyards, Aug. 26
[REGISTRATIONS DUE NOW!] ←

Built as a private residence in 1914, The Cuneo is a "living museum" which preserves an era and way of life. Experience graceful rooms adorned with European furnishings, tapestries, porcelain and treasured works of art. Our docent will recount the story of the mansion and its' inhabitants. You can stroll the estate gardens resplendent in roses and colorful blooms. Lunch will be at a restaurant in Long Grove. After lunch we will tour the Valentino Vineyards and Winery in Long Grove. This 20-acre estate produces over 20 different types of wine. A wine tasting will be included. Travel will be by coach bus. *Registrations are due NOW.*

Age 50 & up
M-\$89 / **NM**-\$99 1 day
 131117-01 Th 10 am-6 pm 8/26

Exploring Lake Forest & Fort Sheridan

Sept. 10
 With Bill Hinchliff as our tour guide, we will visit the famous upscale shopping district called Market Square. Tour the mansions of Lake Forest by motor coach, with special focus on the great lakeside estates, with a stop at Lake Forest Presbyterian Church. The church offers one of the finest collections of Tiffany windows in the Midwest. After lunch at Bertochi we will drive through the town of Fort Sheridan, a beautiful adaptation of an historic army base to a new use as a residential community.

Age 50 & up
M-\$79 / **NM**-\$89 1 day
 131133-01 F 9 am-3:30 pm 9/10

take in a GREAT SHOW!



Participants in our Chicago Food Tasting and Cultural Walking Tour display particularly good taste!

White Pines Lunch & Theater

Mount Morris, IL, Sept. 29

It's a trip to the countryside, to the White Pines Inn and State Park in Mount Morris, IL. Among the trees and log cabins there is a lovely dinner theater, serving a home-cooked buffet lunch. After lunch we will be treated to a musical which includes not only classic show tunes but also the music of Neil Diamond and Nat "King" Cole. After the show, weather permitting, walk on nature paths or enjoy the rustic outdoors from a park bench.

Registration due Aug. 29. Travel is by coach bus.

Age 50 & up

M-\$60 / NM-\$69

1 day

131134-01 W 8:30 am-6 pm

9/29

Four Winds Casino

New Buffalo, MI, Oct. 26

With over 3,000 of the latest slots, a large selection of table games and a variety of dining options, Four Winds Casino has something for everyone. You will receive \$15 instant credit/ free slot play plus a \$10 food coupon valid at various casino restaurants. Travel time is about 1 1/2 hours to the casino. We will plan to stay at the casino from 10:30 a.m. to 2:30 p.m. Travel will be by coach bus. Registration is due Oct. 5.

Age 50 & up

M-\$38 / NM-\$48

1 day

231137-01 Tu 9 am-4:30 pm

10/26

EXTENDED TRIPS

Get Out of Town and Live it Up!

Extended Trip Schedule for 2010

You are invited to join Wilmette friends and neighbors along with other adventurous mature adults on overnight trips provided by American Classic Tours. American Classic is one of the favored trip providers for surrounding senior centers and has taken members on many highly rated trips in the past two years. Registration is required on trip specific forms along with a deposit. Contact the Mallinckrodt/Meskill Center for fees and other trip details.

Aug.: National Parks Grand Tour

Oct.: Door County Wisconsin in the Fall

Nov.: Branson Holiday: A Music Showplace

National Parks Tour

Yellowstone, Grand Teton and Glacier

National Parks

Aug. 23-30, 8 Days & 7 Nights

Marvel at the rugged beauty of America's majestic national parks. View snow-capped mountains, wildlife, dramatic waterfalls, and landscapes sculpted with canyons, cirques, craggy peaks, clear alpine lakes, winding rivers and virgin forests. Ride the Rendezvous Mountain Aerial Tramway, cruise the Snake River and Gates of the Mountains, and see the famous geyser, Old Faithful. Take one of the most magnificent drives in the world on the famous Red Jammer Buses. A \$300 deposit is due at registration.

Age 50 & up

131130-01 M-Su

8/23-8/30

Door County: Cape Cod of the Midwest

Oct. 12-14, 3 days & 2 nights

Door County is stunning in the fall and this trip is planned for prime time. You will take in the beauty of Sturgeon Bay, Egg Harbor, Gills Rock, Cave Point and many more communities. Visit orchards and farms, a winery, a maritime museum and take a lake cruise. A traditional fish boil and a stay at the Stone Harbor Resort will round out this wonderful trip. There is a \$150 deposit.

Age 50 & up

131139-01 Tu-Th

10/12-10/14

Branson Holiday: A Music Showplace

Nov. 15-19, 5 days & 4 nights

This Missouri destination spot is festively decorated for the upcoming holidays and our trip includes six special shows. We will travel through the scenic Ozark Mountains and stay at the new luxurious Hilton hotel. Shows include Andy Williams, Debby Boone & The Gatlin Brothers, 12 Irish Tenors and more. On the way home we will spend our last night at Harrah's Resort Casino. There is a \$250 deposit due at registration.

Age 50 & up

231140-01 M-F

11/15-11/19

JOIN US
for an exciting
TRIP!



TENNIS LESSON LOTTERY FORM

MAIL OR DROP OFF COMPLETED LOTTERY FORM TO EITHER:

- > Wilmette Park District, 1200 Wilmette Avenue, Wilmette, IL 60091 (847/256-6100)
- > Wilmette Tennis Club, 2300 Old Glenview Road, Wilmette, Illinois 60091 (847/256-9676)
- > Registration Fax: 847/256-0739

LAST NAME		CHILD'S LAST NAME <i>(if different)</i>	
ADDRESS		HOME PHONE	
CITY	ZIP CODE	DAY/ BUSINESS PHONE	
PARTICIPANT'S FIRST NAME:		CHILD'S SCHOOL:	BIRTHDATE: <input type="radio"/> MALE <input type="radio"/> FEMALE
PARTICIPANT'S FIRST NAME:		CHILD'S SCHOOL:	BIRTHDATE: <input type="radio"/> MALE <input type="radio"/> FEMALE
PARTICIPANT'S FIRST NAME:		CHILD'S SCHOOL:	BIRTHDATE: <input type="radio"/> MALE <input type="radio"/> FEMALE
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PARTICIPANT'S FIRST NAME:		CHILD'S SCHOOL:	BIRTHDATE: <input type="radio"/> MALE <input type="radio"/> FEMALE

NEW TRIER EXTENSION REGISTRATION FORM

STUDENT'S NAME		
ADDRESS		HOME PHONE
CITY	ZIP CODE	DAY/ BUSINESS PHONE
AGE: <input type="radio"/> JR. HIGH & UNDER <input type="radio"/> H.S. <input type="radio"/> ADULT <input type="radio"/> SENIOR (65 OR OVER) USE "SENIOR FEE"		
COURSE NUMBER	COURSE TITLE	TUITION
COURSE NUMBER	COURSE TITLE	TUITION
COURSE NUMBER	COURSE TITLE	TUITION

IF REGISTERING BY FAX 847/446-6614 PLEASE USE MASTERCARD OR VISA ONLY.

Be sure to include your phone number in case of discrepancies.

IF REGISTERING BY MAIL, PLEASE USE A SEPARATE CHECK FOR EACH COURSE, PAYABLE TO NEW TRIER EXTENSION.

MAIL TO: NTX, BOX 203, 7 HAPP ROAD, NORTHFIELD, IL 60093

CREDIT CARD NUMBER	EXPIRATION DATE
SIGNATURE	

COURSE WITHDRAWAL POLICY All student withdrawals must be requested AT LEAST 3 FULL WORKING DAYS PRIOR TO THE START OF THE CLASS. No refunds are given after a course begins. Where there is a registration deadline, no refunds are given after that date. Students withdrawing AT LEAST THREE (3) full working days prior to the first class session or the registration deadline may receive a refund minus a \$15 withdrawal fee or a full credit, which may be applied towards tuition for any NTX class for one year after the date of issue. In case of course cancellation, a full refund will be issued automatically (please allow 3-4 weeks for the issue of a refund)

Coloring PAGE

 just for kids

We would love to see your creations! Drop off your completed artwork at the Community Recreation Center, 3000 Glenview Rd. and we will display it in our lobby.



AUTUNNO

FALL

AUTUMNE
Herbst

otoño

Autumn

NAME _____

AGE _____

PARK DISTRICT POLICIES

Definition of Residency/The Fair-Share Concept

Anyone living within the geographic boundaries of the Wilmette Park District is considered a resident. Outside of the Wilmette geographic boundaries, this privilege is also extended to Kindergarten through Grade 8 students living in the geographic boundaries of Wilmette Public Schools District 39 or Avoca School District 37. Parents of these children are not eligible for resident fees. Wilmette residents, via property taxes, make financial contributions to the operation of the park system. A "Fair-Share" policy has been adopted to apportion an equalizing user fee to our non-resident participants so they contribute to the overall financing of the park system on an equitable basis.

Individuals with Disabilities

The Wilmette Park District is committed to providing recreation in the most integrated setting possible. If you, a family member or friend has a disability and are interested in participating in or attending Wilmette Park District programs or activities, we will make reasonable accommodations to facilitate that opportunity. We urge you to contact us in advance of program participation to arrange accommodations.

For information call, 847/256-6100. The Wilmette Park District also provides specialized services through Northern Suburban Special Recreation Association (NSSRA). For the hearing impaired needing assistance, call 847/256-9091 TTD.

Refunds, Cancellations

The Wilmette Park District reserves the right to cancel, postpone or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given and full tuition refunded. With the exception of our Commitment to Quality policy, no refund will be made for withdrawal after the start of a program. Cancellations by registrants are accepted up to 24 hours prior to the start of a program. A 10% service charge of the total fee (\$2 minimum) will be assessed for all program cancellations. Please allow 10 business days for processing.

Commitment to Quality

The Wilmette Park District is committed to providing quality recreation programs to the public. If you feel our programs did not meet your expectations due to the quality of instruction or program content we will refund your money 100 percent. Because we want to catch and correct problems as soon as possible, we ask your cooperation in this manner:

(1) Attend at least two classes in a session of four weeks or more; one week of camp; or three swimming classes before requesting your refund. You must inform us prior to the third class (fourth for swimming) or second week of camp that you would like a refund.

(2) Complete the Commitment to Quality form. Your input is vital to us as we determine what improvements are needed to maintain the quality of our recreation programs. The Commitment to Quality form is available at our Administrative Offices, Centennial Recreation Complex and the Community Recreation Center. Our Commitment to Quality applies to recreation programs, including camps, where park district personnel instruct or supervise an activity. The policy excludes trips, special events, rentals, leagues, memberships and season passes.

Financial Assistance

The Wilmette Park District recognizes there are community residents who may suffer from economic setbacks that might preclude their participation in Wilmette Park District programs. If such a need exists, please contact the director's office at the Park District Administrative Office in the Village Hall prior to registration by calling 847/256-9619. • • •



NORTHERN SUBURBAN SPECIAL RECREATION ASSOCIATION (NSSRA)

The Wilmette Park District is a partner in the Northern Suburban Special Recreation Association (NSSRA). Our residents with disabilities can take advantage of a wide variety of programs and services offered through NSSRA. In-Home Programming for residents unable to leave their home, Leisure Skill Development, Birthday Party assistance, Sign Language Interpreters and Assistants, 30 minute Private Leisure Consultations, provision of Professional Speakers and more are also provided by NSSRA. For programming information please visit the NSSRA website at www.nssra.org.

Inclusion Programs

Some people with disabilities choose to participate in park district or recreation department programs with people without disabilities. NSSRA provides training, support staff and assistance to partner park districts and local recreation departments so Inclusive Recreation can be enjoyed by all. NSSRA support can be in the form of extra staff, sign language interpreters, adapting rules and policies, behavior management support, disability awareness training, accessibility and accommodations or other services necessary to include people with disabilities in community recreation.

Cooperative Programs

NSSRA provides skill-based programs, vacation and holiday programming, day camps, school day off events and more. NSSRA will provide assistance in programs based upon participation numbers and individual needs. Day Camps are offered cooperatively with special education and other agencies for children with developmental and other disabilities, as well as camps for children who are deaf and hard of hearing. Cooperative Programs range from adaptive sports to ballet and martial arts.

Traditional NSSRA Programs

More than 150 traditional programs and events are offered locally each season. NSSRA utilizes Therapeutic Recreation professional staff members and other individuals with specialized training and certifications, along with part-time leaders and volunteers. Staff members work closely with participants, families, schools and others to ensure that quality programming and successful recreation experiences are utilized.

For preschool age children, NSSRA offers parent-tot swim, karate, ice skating and more. Youth and teens can register for sports, cooking, swimming and other activities. Adults can participate in Friday and Saturday night social clubs, back-to-back Saturday programs and a variety of other programs and special events. Aquacise, Total Exercise and other programs are ideal for individuals with physical disability or visual impairment. NSSRA Gator Athletic programs provide training for participation in Special Olympics competitions for individuals eight years old and up. They are offered throughout the year.

Accessible door-to-door and standard transportation from pick up points is offered for certain programs. For details about NSSRA programs and services, to volunteer, to make a donation, become a sponsor, or to receive other information, contact NSSRA by phone: 847-509-9400; by fax: 847-509-1177; or in person at 3105 MacArthur Boulevard in Northbrook. You can also email NSSRA at info@nssra.org. • • •

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1200 WILMETE AVE.
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AUG./OCT. 2010

AUG. 9 WILMETTE EAGLES TRAVEL TACKLE FOOTBALL (GRADES 6-8) REGISTRATION

AUG. 10 RESIDENT REGISTRATION BEGINS AT 9 A.M. FOR FALL CLASSES

AUG. 11 TENNIS LESSON LOTTERY DEADLINE FOR FALL BASIC LEVEL CLASSES

AUG. 17 NON-RESIDENT REGISTRATION BEGINS AT 9 A.M. FOR FALL CLASSES

AUG. 23-24 WILMETTE CHILDREN'S THEATRE AUDITIONS: BEAUTY & THE BEAST, JR.

AUG. 28 FALL SOCCER SEASON BEGINS

AUG. 30 WILMETTE DANCE FORCE AUDITIONS

AUG. 30 WILMETTE EAGLES HOUSE TACKLE FOOTBALL (GRADES 4-5) REGISTRATION DEADLINE

SEPT. 6 LABOR DAY: NO CLASSES

SEPT. 9 ROSH HASHANAH: NO CLASSES

SEPT. 13-14-15 NORTH SHORE THEATER OF WILMETTE AUDITIONS: OLIVER!

SEPT. 13-28 WILMETTE STORM GIRLS' TRAVEL BASKETBALL TRYOUTS

SEPT. 18 YOM KIPPUR: NO CLASSES

OCT. 5 RESIDENT REGISTRATION BEGINS AT 9 A.M. FOR WINTER CLASSES

OCT. 6 TENNIS LESSON LOTTERY DEADLINE FOR WINTER BASIC LEVEL CLASSES

OCT. 12 NON-RESIDENT REGISTRATION BEGINS AT 9 A.M. FOR WINTER CLASSES

NOV. 8 SATURDAY BASKETBALL (GRADES 4-8) REGISTRATION DEADLINE

THIS ONE WILL SNEAK UP ON YOU FAST!

